



EDMONDS LODGE 2-130 SONS OF NORWAY EST 1983

MEETING EVERY SECOND WEDNESDAY AT THE EDMONDS
MASONIC LODGE, 515 DAYTON ST. EDMONDS, WA. WHEN WE
MEET IN PERSON, THAT IS. FOR NOW WE ZOOM!

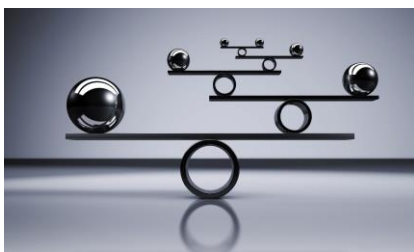
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Join us for our September 8th Lodge Meeting 7 pm! We will have a video presentation about Norwegian Bunads put together by Christine Anderson of Lief Erikson Lodge. And we will talk about Thor Work parties (see page 6). And about how to move forward while we are still in pandemic mode. Come contribute your ideas. See back page for link to join the ZOOM meeting.



Financial Balance?

For the many active Sons of Norway members, a market “correction” might be unacceptable. But where else can the money go to preserve the principal, earn “real interest” and maintain income? Instead of betting on the market and hoping your luck will last, look at options within Sons of Norway which provide Lifetime Income, Guaranteed Rates, No Losses and a lot of boring results.

Contact the Edmonds Lodge Financial Benefits Councilor, Mike Dyal.

“dyal”: 425-243-4521



Presidents Message

President's Message

September 2021

Fall is here and it is time to start up our monthly Lodge meetings again. And yes, we are still in the midst of the pandemic with cases increasing. Fortunately they are milder for most due to the vaccine. However meetings will remain by ZOOM for the time being. We did manage to have one in-person activity – Our annual **summer picnic at Lake Joy**. The weather was nice and we had lots of room to social distance. Glenda and Lidia hosted and did a fabulous job as always! We had an attendance of 20 people which included a neighbor and a family from the Everett Lodge. It was good to see members as I live in Seattle and don't see people in and around Edmonds.

I did make a couple of visits up to Edmonds, though, to visit the new **Edmonds Waterfront Center**. It is a fabulous building and right next to the beach for walking and relaxing. The second time I was there, they were allowing seniors inside to rest and get some water. Everyone was masked, of course, and everyone was welcoming and friendly. At a distance!

Delta is here to stay awhile, so be cautious and stay masked when inside or near others outside. Previously it was mostly seniors who got it, but now the young are contracting it at a higher rate. Think about our kids and keep them safe.

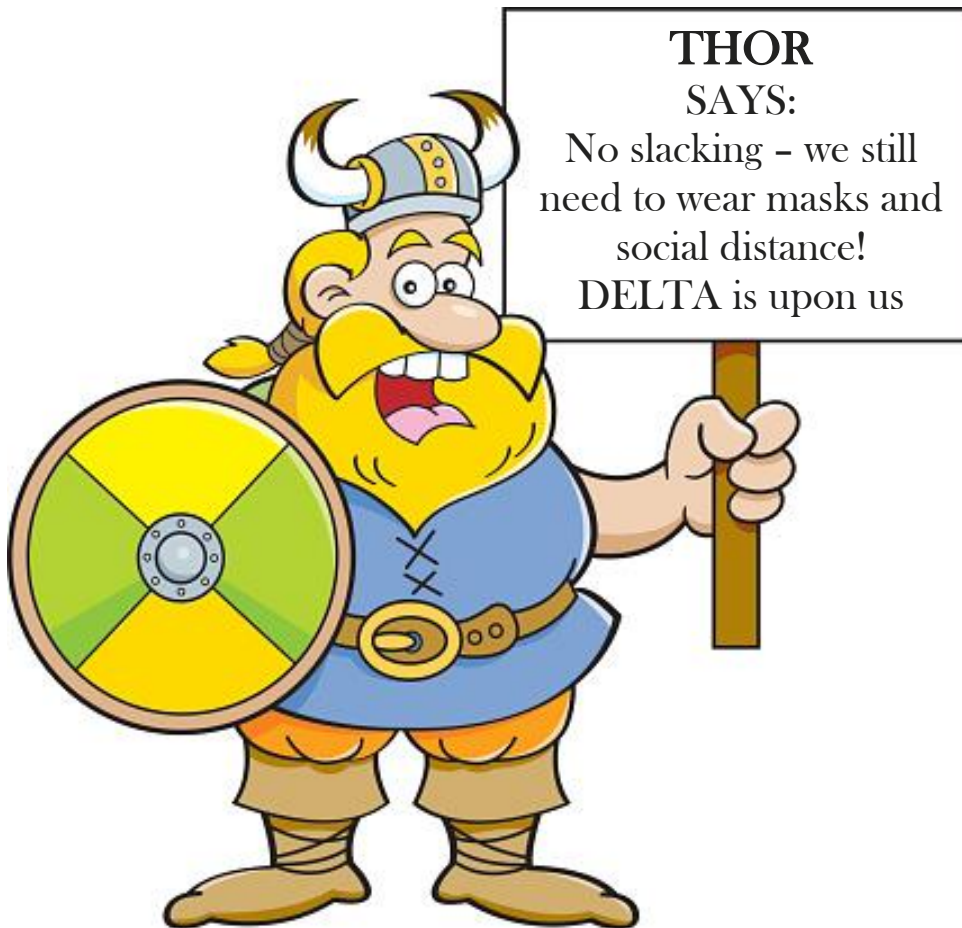
Thinking positively into the future, there will be another 17th of May Parade; there will be another Fourth of July parade. And we need to get **Thor** ready. Xander and Kirk did such a good job getting us started on the massive effort to repair Thor. But there is still work to do and we would like to have Thor presentable for Xander's Eagle Scout Court of Honor in October. So come join us for work parties most every weekend from now into October. See page x for how to get involved.

By now all of you must know that our member Bob Turcott passed away in June. He was instrumental in maintaining Thor and doing the driving (towing) of Thor at all the parades we were in. He was also the greeter at the door for all our Lodge meetings. We will sorely miss him.

Our first **Lodge Meeting of the fall is Wednesday September 8 at 7 pm**. ZOOM of course. See the last page of this newsletter for link to join the meeting. We will be showing a video put together by Christine Anderson of Leif Eriksom Lodge. She will not be able to join us, but we may show the video. We would also like to start a dialogue on how to revitalize the Lodge after all the pandemic restrictions, which we trust will end sometime! We need to recruit new volunteers to help plan and execute the pancake breakfast which are so popular in Edmonds – when we can start them again. Many of those instrumental in organizing them are either not with us anymore or have gotten to the stage of needing to retire from such activity. We would also like to recruit new members to the board for 2022. A list of our officers and a short description of duties is given on page. Call a board member to find out how you can be part of a fantastic team that makes up the Board!

Fraternally,

Norma Jean Sands, President



ATTENTION!!

Service opportunities are available; Thor work parties available; learn to be an officer or committee member of the Lodge!
Contact a board member now! Emails for board members are visible with this sending of the newsletter.

Members, record all service hours and provide them to our Secretary. Service hours are so important to maintaining our Fraternal Tax Designation. Even though opportunities are limited in our current situation, I know we had members volunteer to help at the Bothell pancake breakfasts.

Edmonds Lodge Officers

Executive Board

President: Norma Jean Sands	206-387-6292
Vice President : Jane Bueing	425-268-9627
Secretary: Shirley Lovelace	206-708-0344
Treasurer: Phil Kollen	425-412-0779
Fin. Secretary: Loren Krusenstjerna	425-775-1710
Counselor: Waldo Bueing	

Officers/Directors

Social Director: Eli Krusenstjerna	425-775-1710
Cultural Director: Roberta Morrow	425-921-0302
Asst.Cult. Dir: Shirley Lovelace	206-708-0344
Sports Director: Glenda Nelson	206-778-4886
Youth Director: vacant	
Found. Director: Erlene Stevenson	425-712-9788
Financial Benefits: Mike Dyal	425-243-4521

Trustees

Marshall: vacant
Trustee: Harold Setran
Trustee: Jane Bueing
Trustee: Eli Krusenstjerna

Support Officers

Musician: Kris Johannsen
Librarian: Fay Setran
Information: Erlene Stevenson
Historian: Donna Stewart
Newsletter Editor: Mike Dyal
Distribution: Norma Jean Sands & Shirley Lovelace
Publicity Director: Lisa Palmatier
Scholarship: Turid Bouchoukian
Sunshine: Shirley Lovelace
Building Liaison:
Greeters: (alternating) All board members

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Sunshine Report

When an Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer: Shirley Lovelace, 206.708.0344** Her email is: grannyslovelace@gmail.com

Cards sent in September: 20 Birthday cards
Our thoughts go to the family of Bob Turcott
Speedy recovery to Erlene Stevenson after her surgery!

HAPPY BIRTHDAY!

Congratulere med dagen

- | | |
|-------------------------|-----------------------|
| 1- Svein Langaker | 9- Karali Kendall |
| 4- Julianne Stevenson | 15- Gordon Mills |
| 4- Erin Wilson | 17- Rhonda Aspen |
| 5- Madeline Friend | 20- Alan Clausen |
| 5- Alan Vadset | 21- April Mills |
| 6- Barbara Canada | 22- Margaret Berghuis |
| 6- Gayle Debolt-Richens | 23- Erling Hesla |
| 6- Bjorg Homan | 27- H Thomas Saxon |
| 9- Andrew Keefe | 29- Elaine Nickolson |
| 9- Anali Kendal | 30- Bernice Barron |



"I cannot endure to waste anything so precious as autumnal sunshine by staying in the house." – **Nathaniel Hawthorne**

Norway and the 2021 Olympics

Norway won 8 medals at the Tokyo Olympic: 4 gold, 2 silver, and 2 bronze. They had a total 93 athletes participating in the games.

Jakob Ingebrigtsen earned a Gold in the Men's 1500 m run. Karsten Warholm not only got Gold in the Men's Hurdles, he beat his own work record for that event! And the look on his face was priceless and made the rounds. Kristian Blummenfelt got Gold in the Men's Triathlon. Anders Mol and Christian Sørum beat the Russian Olympic Committee team in Beach Volleyball for the Gold. They are the youngest beach volleyball players to win Olympic Gold; 24 and 25 yrs. And their heights 6'7" and 6'4"!

In the Men's Single Scull race, Kjetil Borch got Silver, close behind Greece who got the Gold. Eivind Hendriksen earned the Silver in the Men's hammer throw.

Norway's Women's Team got the Bronze in Handball, beating out Sweden 36-19! Hermann Tomasgaard got Bronze in the Laser event of sailing.

Late Summer

I guess you could call this late summer
It isn't fall for weeks yet
The flowers that have survived
Are of a darker hue.

The pinks, soft yellows, light blues,
Have gone now replaced by
Golden yellow, burnt orange,
Flaming red, and deep purple.

The sweet peas replaced by trumpet vines
Pale poppies by splendid sunflowers
Delicate delphiniums by flaming asters.

The days are shorter and the nights colder
Yet the days are hot when the sun
Burns through the early morning fog.

This is a between season
Often overlooked as we
Remember summer days or
Anticipate the more spectacular autumn.

Harold Lannom

Norwegian Mishap

There should have been another Norwegian medal – in the Men's Lightweight Single. Kristoffer Brun and Are Weierholt Strandli, bronze medalists from 2016, in choppy waters and high winds, capsized their boat close to the finish of the qualifying round. It was sad to watch. Is it their last chance to medal in that event? The Olympic Committee is talking of eliminating this event at the next summer Olympics.



Got Skills??? Or want to develop a new one?

Try working on a SON **cultural medal**? To get started go to

Please get together your paperwork you have to submit, & if you need some forms, let Roberta know what you need, and she will bring it to the meeting.

Roberta, 425-921-0302

The Doreen J. Parker Cultural Heritage Retreat at Trollhaugen is again postponed – indefinitely until we can turn this Covid away.



This newsletter and past newsletters may be found on our web site at:

<https://www.edmondssonsofnorway.org/newsletters.html>



IDRETTSMERKE
Sports & Fitness
Medal Program



Sons of Norway's Sports & Fitness Medal Program

brings a bit of Norwegian tradition to its members by encouraging everyone to participate in activities that will improve their health and well-being in ways that suit each individual. Walking outside is a great way to get out of the house, release frustrations, and rack up mile for your "Ganger" medal.



If you wish to receive a printed copy of the newsletter and are not getting it now, you may ask our editor at:

edmondslodgeditor@gmail.com

or our newsletter distributor Shirley at:

Grannyslovelace@gmail.com

To submit an article to this newsletter, please send your notifications no later than the 21st of each month to Mike @ The editor's e-mail: edmondslodgeditor@gmail.com

The Sterkt Lys is a publication of Sons of Norway Edmonds lodge 2-130. Published ~10x per year and available in email and print versions and also from our website. Go to: <https://www.edmondssonsofnorway.org>



We need volunteers to come out and continue the work work on Thor that Xander started for us. Kirk Siqueland is now spearheading the work.



THOR
...A BOAT, A FLOAT...
BREATHS FIRE

Kirk says:

“... regarding Thor:

I expect to be working on Thor most weekends between now and October (weather permitting), to get ready for Xander's Eagle Scout Court of Honor, and to finish what we started before the rains set in. I would welcome anyone who would like to come help! If folks want to contact me to talk about what they can do, I will make sure I have the tools and materials ready when they get here. Just be sure to check in before showing up as I often get called away on other projects and Scout events.”



Planning For THOR back in February 2020

People in the picture from left to right
Glenda Nelson, Jane Bueing, Waldo Bueing, Kirk Siqueland, Xander Siqueland, Norma Jean Sands, Harry Malnes, Loren Krusenstjerna

“I will plan on Saturdays from now to October as work-party days.

If anyone want to drop by starting between noon and 4pm I will have things to do, but if they give me a heads-up that they are coming I can be sure to have tools and materials for them.

I will have one scout Outing I believe on the 18th where I will not be available but if anyone else wants to manage that day, we could still be working...”

So give Kirk a call at (206) 856-9362. You can also e-mail him at kirk@humeris.net.

We hope to have several of the Board members out the first Saturday in Wepetember.

Remember to mask uup!

Member Profile: Loren Krusenstjerna

I was born and raised in northwest Iowa. My family lived on various farms in rural Iowa until December 1953, at which time we moved to Eugene, Oregon.

I finished high school in Eugene and then went to a military school in Booneville, Mo. for 1 year. Then I returned to Eugene and went to the University of Oregon. The following year I enlisted in the US Marine Corps. After finishing my 6 months active duty, I moved to Seattle.

In Sept. 1962 I moved to Los Angeles, CA. and then in July 1964 I decided to go aboard, visiting most of the countries in Europe and Britain. I returned to Seattle the following September.



In March 1965 I met Eli Skaugvold from Trondheim, Norway and we were married the following October. We have 2 sons, Leif and Sven. In April 1967 we joined the Leif Erikson lodge in Seattle. In January 1984 we transferred to Edmonds Sons of Norway. I have served the lodge as councilor and have been the financial secretary since July 2007.

During my working career I worked at various accounting jobs and then in Nov. 1993 I purchased a postal packaging business in Seattle which I had for 7 years.

Since I retired in 2000, Eli and I have traveled abroad many times to Europe, India, China and Russia. We have also gone to 5 Von krusenstjerna family reunions in Sweden and Germany.

I have been active in bowling for almost 50 years and still bowl in 2 leagues.

Loren and Eli at our summer picnic at Lake Joy last July.
Loren is currently our Fincial Secretary and Eli is our Social Director.


Robert Louis TURCOTT

AUGUST 8, 1936 – JUNE 21, 2021

GOLDEN MEMBER SON

Robert was a founding member of our Lodge back in October 1983. He was a very active member, always at the Lodge meetings making sure things ran smoothly. He was the greeter and cashier at the front door for both the Lodge Meetings and the Pancake Breakfasts. He, along with Al Vadset, was largely responsible for our Lodge having the viking ship float Thor and would be the driver of the float in the parades. He was proud of his garden and dahlias. He has held the positions of both Trustee and Marshall of our lodge for some time. He will be sorely missed.






Bothell Sons of Norway
Swedish Pancake Drive-thru

We're Back!

Every 2nd Saturday
8:00 am to 12:00 pm
Sept. 11, 2021 Oct. 9, 2021



Swedish Pancakes

4 Swedish Pancakes, Strawberries & Ham

Orange juice on request. No Coffee.

\$10.00 Adult \$5.00 Child (suggested donation)

All Orders To Go Only.

No Seating Available.

Stay in your car and we'll do all the work.

A hot breakfast will be delivered to you.

Cash and cards will be accepted.

Open to the public.

Bothell Sons of Norway
21905 Bothell Everett
Hwy.
Bothell, WA 98021
Phone: (253) 485-9085

Website:
www.bothellsonsofnorway.org

Facebook:
www.facebook.com/bothellsonsofnorway

Hungry for Norwegian Pancakes ? There are options, even in these days! I don't know why Bothell calls them Swedish pancakes. I onced asked a Norwegian the difference between Norwegian and Swedish pancakes. He answered: "*Hvem det er som lager dem!*" - Who it is who makes them!

Maybe Bothell has a Swedish chef?

Normanna Lodge #3 Everett

DRIVE UP PANCAKE BREAKFAST

Saturday September 18 8 am to 11 am

4 Pancakes, strawberries & ham

Price - \$10.00 per order

All Orders to go only

Normanna Lodge

2725 Oakes Ave

Everett WA 98201

SON EDMONDS OFFICERS' DUTIES

While both the Charter and Constitutions and the Guide for Leadership outline the duties of the various officers of a Sons of Norway lodge, the following provide us a short description.

PRESIDENT: Presides at Board & General meetings, appoints committees, countersigns official documents of the lodge, and oversees lodge functioning and operations.

VICE PRESIDENT: Takes over the lodge president duties if the President is unable to attend/perform his or her duties. Oversees membership growth and retention and heads the Membership committee.

SECRETARY: Handles correspondence, takes and distributes minutes of Board and Lodge meetings. Orders Lodge supplies. Signs official documents of the lodge. Keeps track of lodge volunteer hours. Fills out and submits the Lodge of the Year forms. Submits the new officer list to international when the officers are elected.

FINANCIAL SECRETARY: Handles membership applications and records. Keeps track of new and lost members. Receives all monies due the lodge and deposits them to bank account.

TREASURER: Receives all bank transactions and receipts from financial secretary. Receives/pays all bills against the lodge. Keeps books of account and provides a monthly statement of financial activity and assets.

COUNSELOR: Aids, assists, and counsels other officers.

SOCIAL DIRECTOR: Selects songs used in ceremonies. Plans, decorates for, and supervises social activities. Plans programs with Cultural Director.

CULTURAL DIRECTOR: Works with social director to plan programs that promote and preserve Norwegian heritage and culture. Arranges activities with a culture or heritage focus. Promotes & manages the Cultural Medal Program.

SPORTS DIRECTOR: Plans and supervises sports and recreation activities. Promotes and manages the Sport Medal Program.

FOUNDATION DIRECTOR: Increases members' awareness of the Foundation and its value as a significant benefit of membership.

YOUTH DIRECTOR: Develops social, recreational, and cultural activities for our youth members and supervises these activities.

PUBLICITY DIRECTOR: Maintains a good public image for lodge. Submits news releases to local media. Sends lodge news and photos to district publicity director for Viking magazine and to the editor of the district newsletter.

MARSHALS: Presents and retires the colors. Distributes and collects paraphernalia of the lodge. Signs in visitors and candidates to be welcomed into the lodge.

TRUSTEES: Have custody of property of the lodge.

GREETERS: Greets members and visitors attending lodge meetings.

EDITOR: Publishes lodge newsletter

HISTORIAN: Records the historical events of the lodge. Has custody of lodge historical records. Compiles an annual lodge history scrapbook.

LIBRARIAN: Supervises the lodge's book-lending library.

MUSICIAN: Assists president and social director, when called upon, to provide music for meetings and events.

Upcoming Events

**September 8th Wednesday 7pm Edmonds Lodge Meeting ZOOM
Program Video on Norwegian Bunads by Christine Anderson**

Join at <https://us02web.zoom.us/j/88149115735>

September 11th Saturday 8am-12 Bothell Pancake Breakfast – Drive Thru

September 18th Saturday 8-11am Normanna Pancake Breakfast – Drive Thru

October 9th Saturday Bothell Pancake Breakfast – Drive Thru

October 13th Wednesday 7pm Edmonds Lodge Meeting ZOOM

November 10th Wednesday 7pm Edmonds Lodge Meeting ZOOM

December 11th Saturday 4pm Edmonds Lodge Christmas Meeting ???

Go to the Edmonds Website for copies of current and past newsletter
and for the link to join our Zoom Lodge Meetings.

<https://www.edmondssonsofnorway.org/>

SMARTER PLANNING



Contact Mike for:

Retirement Contact Mike for:

- Retirement Planning
- Guaranteed Income and Income Boosting planning
- Life Insurance Retirement Plans
- Tax Mitigation Planning
- Estate Planning

Mike is here to help you.

Call Mike Dyal, Sons of Norway
Financial Councilor at:



Sons of Norway
Edmonds Lodge 2-130

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515 Dayton Street

Edmonds, WA 98020, USA

PO Box 1651

Edmonds, WA 98020-1651

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ADDRESS SERVICE
REQUESTED