

EDMONDS LODGE 2-130
SONS OF NORWAY
EST 1983

Edmonds *sterkt lys*

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Tuesday Social

Edmonds Lodge Meeting

**Tuesday October 25 at Masonic Center
Starts at 4pm with social and crafts and
6pm Dinner**

Pot Luck

DO NO BRING DESSERTS!

We will have Cake and Ice cream provided
to celebrate our **Anniversary Month** (See page 5)

Financial Planning through Sons of Norway



Mike Dyal is Edmonds Lodge's financial advisor and has been a member of Edmonds Lodge, SofN, for years and loves serving the community and helping people protect their money. Call or text him at 206-446-2222 or email him now to schedule a meeting: mike@pacificadvs.com

Presidents Message

October 2022

Hosten er her - mere hostfarger



Autumn may be here, but it is still warm, dry and smoky! Leaves are turning red in my neighborhood. I really must get the balcony railing painted before the rains come.

We at Edmonds Lodge, last month, had our first in person Lodge meeting since the Pandemic struck! Those that came expressed much appreciation for the in person social gathering. It was a small gathering, maybe a dozen, that came. Unfortunately, I was not there, but have heard from those that were. The main course for dinner, baked potato and salad, courtesy of Shirley Lovelace, was well appreciated. Hopefully we will see more this month! The dinner will be potluck, but don't bring dessert, as cake and ice cream will be provided to celebrate our 39th anniversary of our Lodge.

It is not too soon to start thinking of the expanded board we need to fill for 2023. We very much need a new Treasurer. Also Social, Youth, Publicity, and Foundation Directors. A new Marshall and Trustees. Building liaison. The list goes on. And those are just the currently empty positions! Any of the filled positions are also up for new nominations

Don't forget the free estate planning workshop sponsored by the SON and being held at Bothell Lodge October 18th. Check out page 7 for more information on it! I attended one several years ago and it was very informative.

Norma Jean Sands

Edmonds Lodge President





**SONS of
NORWAY**

Celebrating 125 Years

1895-2020

**In-person Lodge meetings have
started up again. They will
emphasize Social!!**

- **Edmonds Lodge Meeting
October 24**
- **REMEMBER OUT NEW
TIME– 4th Tuesday of the
month**

Edmonds Lodge Officers

Executive Board

| | |
|------------------|---------------------|
| President: | Norma Jean Sands |
| Vice President : | Jane Bueing |
| Secretary: | Shirley Lovelace |
| Treasurer: | now vacant |
| Fin. Secretary: | Loren Krusenstjerna |
| Counselor: | Waldo Bueing |

Directors

| | |
|----------------------|--|
| Cultural Director: | Roberta Morrow |
| Asst.Cultural Dir: 1 | Shirley Lovelace |
| Asst Cultural Dir. 2 | Mike Dahl |
| Sports Director: | Glenda Nelson |
| | Glennnie12345@gmail.com |
| Social Director: | |
| Youth Director: | |
| Publicity Director: | |
| Foundation Director: | |

Financial Benefits: Mike Dyal (425) 243-4521

Trustees

| | |
|-----------|-------------|
| Marshall: | |
| Trustee: | Jane Bueing |
| Trustee: | |
| Trustee: | |

Support Officers

| | |
|--------------------------|--|
| Musicians: | Kris Johannsen |
| Librarian: | Fay Setran |
| Information: | Erlene Stevenson |
| Historian: | Donna Stewart |
| Website Support: | Donna Stewart |
| Thor Coordinator: | Kirk Siqveland |
| Newsletter Editor: | Norma Jean Sands |
| Newsletter Distribution: | Shirley Lovelace & Norma Jean Sands |
| Scholarship: | Turid Bouchoukian |
| Sunshine: | Shirley Lovelace |
| Building Liaison: | |
| Greeters: | (alternating) All board members |

****This information is for official Sons of Norway business use ONLY. Use of this information for solicitation or commercial intent is a violation of the SofN privacy policy and is prohibited. ****



Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer:**
Shirley Lovelace, 206 708 0344 Her email is: grannyslovelace@gmail.com

Happy Birthday **** Gratulerer med Dagen!

October

- 2- Roberta K Morrow
- 4- Donald G Moe
- 6- Herman S Siqueland
- 7- Jody Lynn Siqueland
- 8- Karsten Wilson
- 8- Knut K Riksheim
- 17- Palmer Lie
- 25- Evan Snoey
- 25- Carol A Hansen
- 26- Veldron L Smith

October Thoughts

October is crisp days and cool nights, a time to curl up around the dancing flames and sink into a good book.

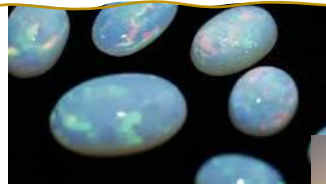
October comes from the Latin word octo which means eight. In ancient Rome, October was the eighth month of the year. When the Gregorian calendar was adopted, it became the tenth month of the year, but it has retained its original name. The birthstones for October are opal and tourmaline.

Blue skies and sunshine on **Oct. 14th**. But as sunshine ebbs into the winter remember:

What sunshine is to flowers

Smiles are to humanity.

Change, like sunshine, can be a friend or foe, a blessing or a curse, a dawn or a dusk.



A warm smile is the universal language of kindness.

Edmonds Lodge News

SON Edmonds Lodge 2-130 Masonic Center, Edmonds, WA

Visit our website at: <https://www.edmondssonsofnorway.org/>

Join us for the **Edmonds Lodge Meeting** at the Masonic Center
October 24, from 4 to 9pm, with dinner at 6pm.
515 Dayton Street, Edmonds

Doors open at 4 pm for crafts and socializing. Dinner starts at 6pm.



Dinner is **pot luck**, but **don't** bring desserts as we will have cake and ice cream in honor of our 39th Anniversary. Edmonds Lodge was Organized on October 8th, 1983.

We are going to try a new meeting format at Edmonds. Many other Lodges also use the format. The combined Board and Business meeting will be held on the second Wednesday of the month and for the time being will be held as ZOOM meetings. The Lodge Meeting will be a dinner/social/culture meeting and is held the fourth Tuesday of the month at the Masonic Center. ALL members are invited to both meetings! Guests are welcome at the Social meeting.

What some of our members have been up to:

About a dozen attended our in-person Lodge meeting last month!

Doors opened at 4 pm and folks came eagerly in to see who was coming and greet members in person rather than just on ZOOM. About a dozen people showed up and enjoyed conversation and food. The craft making had to be postponed (til next meeting) due to not having all the materials needed. But the dinner was good – baked potatoes with all the fixings and a salad. It was good to be in the Masonic meeting room again and find that everything worked fine in the kitchen. Maybe the tables for eating were not in the best configuration for being able to talk to everyone, BUT if some strong folks come early to the next meeting, we can change them to our desire.

If you can imagine it, you can achieve it.

If you dream it, you can become it.

Imagine yourself an active Sons of Norway member!



SONS of NORWAY

What is the Sons of Norway?

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.



Sons of Norway Financial

The back bone of the SON, the financial portion provides insurance and annuities to members. And they are very competitive with other financial institutes.

Mike Dayl is our Lodges' representative. Contact him for more information on products.

mike@pacificadvs.com 206-446-2222

Check out the SON webpage
https://www.sofn.com/financial_products/

Sons of Norway Fraternal

The sights, sounds and tastes of Norwegian culture are captivating to people from all walks of life. So it stands to reason that Sons of Norway be the first stop for anyone who's looking to explore and discover its treasures. Not a member? You can still browse some of our recipes, language lessons, and a sampling from *Viking* magazine – and don't forget: membership gives you access to additional benefits, like travel discounts and your own copy of *Viking* magazine delivered to your home. Find out more today.

Learn more about SON has to offer at https://www.sofn.com/about_us/

Sons of Norway Foundation

Provides scholarships grants and financial help to individual members and lodges based on needs. In 2021, the Sons of Norway Foundation distributed over \$147,000 in awards.

Check out their website to see what is available

<https://www.sofn.com/foundation/>

IDRETTSMERKE
Sports & Fitness
Medal Program



Sons of Norway Sports and Fitness Medals:

Idretts/General fitness, Ski/Skiing, Svømme/Swimming, Sykkel/Biking, and Gang/Walking

Sons of Norway Cultural Medal Programs:

Cooking, Literature, Stamp Collecting, Rosemaling, Genealogy, Knitting, Language and Culture, Hardanger Embroidery, Figure Carving, Weaving, Ornamental Woodcarving, Chip Carving, Folk Dancing, and Music and Musicians.

SAVE YOUR CANCELED STAMPS

Cut around the canceled stamps, leaving 1/2" around the stamps and get them to Bothell Lodge. This is an ongoing service project coordinated by District 2.



You are invited to the complimentary, nationally acclaimed,

PLANNING FOR LIFE

WORKSHOP SPONSORED BY SONS OF NORWAY

This free "Planning for Life" workshop will go over estate planning myths, misconceptions, and minefields, and explain how you can employ planning strategies by understanding the critically important nuts & bolts of estate planning.

WHERE: Sons of Norway Bothell Lodge, 23905 Bothell Everett Hwy, Bothell, WA 98021

WHEN: Tuesday, October 18th, 10:00am-3:00pm

RSVP: to Emily Stark at foundation@sofn.com or 612-821-4655. Lunch will be provided.



"I thought it might be boring. It was great!"

- Recent Attendee





Recipe of the Month – Verdens Beste - Kvaefjordkake

A recipe from the north of Norway

From Norwegian National Recipes by Arne Brimi and Ardis Kaspersen.

Ingredients

1/4th lb. butter
1/4th lb. sugar
4 egg yolks
3 tbsp. milk
1/4th lb. flour
2 tsp. baking powder
1 tsp. vanilla sugar*

Meringue:

4 egg whites
½ lb. sugar
1/3rd lb. chopped almonds

Filling:

1 portion rum cake filling (rum pudding)
1 1/4th cup cream

- One teaspoon of vanilla extract is the equivalent of 1 1/2 teaspoons of homemade vanilla sugar

INSTRUCTIONS

Mix butter and sugar until light and fluffy. Add egg yolks and milk. Add flour, baking powder, and vanilla sugar. Mix well. Spread evenly in 2 1—inch buttered springform cake pans. Beat egg whites and sugar until stiff. Spread meringue over cake batter. Sprinkle with almonds and bake 15-20 minutes until meringue is golden brown. Remove from pans carefully and cool on grill. Prepare rum filling. Combine filling and whipped cream. Place one cake on nice serving plate, spread with fill, and place other cake on top.

October in Norway

Let's visit Røros this month. The traditional mountain village of Røros in Trøndelag is one of the oldest towns of wooden buildings in Europe and a UNESCO World Heritage site. Røros isn't known for its trees. In fact, the area surrounding the town is notoriously barren. Yet there is enough foliage in the town to get that autumn feel. This is especially true given the dark wood used in many of the older buildings.



Behind Vertshuset Hotel in Røros.

Famous house on Kjerkgata in Røros.

<https://www.lifeinnorway.net/roros-in-the-autumn/>

And October in the USA?

October 9th is Leif Erikson Day.

Over 1,000 years ago, Leif Erikson, son of Iceland and grandson of Norway, embarked on a historic journey across the Atlantic, landing on the shores of North America. Widely believed to be the first Europeans to set foot on this continent, he and his crew embodied traits that would come to define a uniquely American spirit — restless and bold, brave and optimistic, and in search of a better future. This same spirit would guide generations of Danes, Finns, Icelanders, Norwegians, and Swedes to immigrate and build new lives in the United States. It would lead countless families to plant roots in the Great Lakes States, the northern Great Plains, and enclaves across the Nation. It remains ingrained in the hearts of roughly 11 million Americans who trace their ancestry to Nordic countries today.

On Leif Erikson Day, we celebrate Nordic-Americans and all the ways they strengthen the fabric of our Nation. They are leaders in business and philanthropy, educators and scholars, artists and inventors, doctors and nurses, first responders, service members, and so much more. In every field and throughout every community, their contributions help bring us closer to making the promise of America real for every American.

First two paragraphs of JOSEPH R. BIDEN JR.'s declaration on 10/7/2022 of Lief Erikson Day.

<https://www.whitehouse.gov/briefing-room/presidential-actions/2022/10/07/a-proclamation-on-leif-erikson-day-2022/>



LOCAL EVENTS AUTUMN 2022

Oct. 11: Edmonds Waterfront Center - Oktoberfest IN THE WATERFRONT BANQUET ROOM Tuesday, **October 11** Doors at 5:00pm
Music starts at 5:30pm Cost: \$25 Members \$35 Non-Members. And check out their wide range of classes {includes genealogy!} at:
www.schedulesplus.com/edmonds/kiosk/

"ANNUAL LUTEFISK LOVERS' AND BAZAAR LIST" FOR 2022-2023

See September Newsletter for full list. Here are upcoming and new entries for our area

Sunday, October 16 (9AM)- October 21 (9PM): Leif Erikson Lodge 2-001, Sons of Norway, online auction of experiences and unique items <https://www.biddingowl.com/LeifEriksonLodgeBazaar>

Saturday, October 22 from 10 - 4PM - October 23 from 11AM-4PM: Leif Erikson Lodge 2-001, Sons of Norway, hosts its 116th in-person bazaar at Leif Erikson Hall, 2245 NW 57th Street, Ballard/Seattle WA 98107. For more info: www.leiferiksonlodge.com or 206.783.1274 or leiferiksonlodge@qwestoffice.net

Saturday, October 29, 10AM-3PM: Tenth annual Nordic Fair sponsored by Ingeborg Lodge #43, Daughters of Norway. Stillaguamish Grange at the Stanwood Fair Grounds, 6521 Pioneer Highway, Stanwood WA 98292. For more info: T. Garrison, 206-920-4549.

Saturday, November 5, 2022, 9AM - 3 PM: Bothell Lodge 2-106 Sons of Norway, Holiday Bazaar and Bake Sale. Bothell Lodge 2-106, Sons of Norway, 23905 Bothell-Everett Hwy, Bothell WA 98021. Phone 425.485.9085. Website bothellsonsofnorway.org Open to the public. Please wear a mask. Free Admission. Free Parking

Saturday, November 5, 2022, 9AM - 1PM: St. Mark's Lutheran Church by the Narrows, 6730 N 17th St, Tacoma, WA 98406 hosts its annual bazaar with Norwegian baked treats. 253.752.4966
or office@smlutheran.org or <https://www.smlutheran.org/>

Saturday and Sunday, November 5 - 6, 2022, 9AM-3PM: Swedish Club's Annual Scandinavian Holiday Bazaar. Holiday shopping at its best. Free admission. Swedish Club, 1920 Dexter Ave N, Seattle WA. Info 206.283.1090 or www.swedishclubnw.org or info@swedishclubnw.org Submitted by Kristine Leander

Tuesday, November 8, 2022, 6:30PM-8:30PM: Nordic cookies! Start the holiday cheer early! General admission \$30, Nordic Northwest members \$25, Arts for all \$5: At Nordia House, 8800 SW Oleson Rd, Portland OR 97223. 503.977.0275 or www.nordicnorthwest.org

Saturday, November 12, 2022, 10AM-2PM: Bit of Norway presented by Solveig Lodge #31, Daughters of Norway. Norwegian heritage with bazaar items, bakery, and kaffestue (coffee shop) at Prince of Peace Lutheran Church 19030 8th Ave S, SeaTac, WA. For more info: Patty at 206.242.0596

Saturday, November 12: Finnish Holiday Bazaar at Swedish Club, 1920 Dexter Ave N, Seattle WA. Info 206.283.1090 www.swedishclubnw.org or info@swedishclubnw.org (Submitted by Kristine Leander)

Saturday, November 12, 2022, time TBD: The Mount Cross Boutique and Quilt Sale. Mt. Cross Lutheran Church, 8902 40th St W, University Place WA (south of Tacoma).. office@mountcrosslutheran.org also check Facebook for changes in menu!

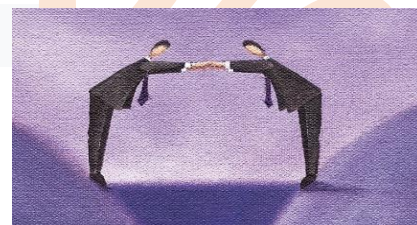
Call for more info: 253.564.2200

Sunday, November 13, time TBD: Grieg Lodge 2-015 S/N: Ignore the risk - Try Lutfisk. Fresh catch at their home at Norse Hall, 111 NE 11th Avenue, Portland OR 97232. Get tickets by going to: www.norsehall.org/lutfisk/

EDMONDS LODGE AUTUMN/WINTER KALENDAR

October 25th 4-9 pm Lodge Social Meeting at Masonic
November 9th 7pm ZOOM Board & Business Meeting
November 22nd 4-9 pm Lodge Social Meeting at Masonic
December 14th 7pm ZOOM Board & Business Meeting
December 9,10,or 27??? Lodge Holiday Meeting at Masonic
January 11th 7pm ZOOM Board & Business Meeting
January 24th 4-9 pm Lodge Social Meeting at Masonic
February 8th 7pm ZOOM Board & Business Meeting
February 28th 4-9 pm Lodge Meeting at Masonic

SMARTER PLANNING



Sons of Norway has some of the very BEST Life Insurance and fixed annuity rates in the country!

Life insurance Benefits:

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to charity



Sons of Norway
Edmonds Lodge 2-130

Street Address:

515 Dayton Street

Edmonds, WA 98020, USA

PO Box 1651

Edmonds, WA 98020-1651

Website: www.edmondssonsofnorway.org

ADDRESS SERVICE
REQUESTED