

EDMONDS LODGE 2-130  
SONS OF NORWAY  
EST 1983

# Edmonds

## *sterkt lys*

## Whats Inside

- PAGE 2** Lodge Presidents Message  
**PAGE 3** Thor & Lodge Officers  
**PAGE 4** For a little sunshine-turn here  
**PAGE 5** Lodge Member Birthdays  
**PAGE 6** Edmonds Lodge: Help THOR  
**PAGE 7** Committee Notices  
**PAGE 8**  
**PAGE 9** Special Updates  
**PAGE 10** Recipe  
**PAGE 11-14** Events and Activities  
**PAGE 15** Calendar & Money Smart Tips

### FOUNDATION MONTH!

Prayers for those in Norway as they struggle with the pandemic. Prayers for all.

**Lodge Zoom Meeting  
Wednesday October 13<sup>th</sup>**



### Tax Update

Taxes are going up. They must. If you are on a fixed income that is taxed, you should consider converting that money into a tax-free plan this year. Though the Federal tax proposal looks like a long shot-given the political environment-be aware that new estate death taxes, capital gains taxes, and income-tax increases are coming. How can you avoid them? Easy...well it can be if you call Mike now to help guide you through the upcoming changes.

Mike solves tax and estate concerns, contact Mike @:  
mike@pacificfa.com (206)446-2222

# Presidents Message



Presidents Message      October 2021

October is Foundation Month for SON! It is one of the three Fs: Financial, Fraternal, and Foundation. SON started as a Financial institute in 1895, providing insurance to Norwegian immigrants working in this country. It soon added the Fraternal side, emphasizing the cultural side of the organization. The Foundation was only established in 1966 but has become a vital part of supporting our appreciation of Norwegian culture and in adding Lodges and members in times of need. Grant, aid money and scholarships are available to SON members and Lodges. See elsewhere in newsletter for more information about scholarships.

At our October Lodge meeting (October 13<sup>th</sup>) we will have a program highlighting what the Foundation can do for you and how you can help support the Foundation. Our meeting will again be by Zoom. We are not ready to meet in person yet. While we had a short respite at the time of our summer picnic, we are now back in virtual lock down as Covid cases rise again.

We have had several outdoor work parties in September for the continuation of restoration of our parade float, the ship Thor. The first was well attended. The next two, not so much. We need to see more interest in this project. Two things Edmonds Lodge is known for in our community is the smoke breathing Thor in the parades and our pancake breakfasts three times a year. Both the parades and our pancake breakfasts have been on hold since the pandemic. Hopefully this pandemic will end soon but that needs our help. Get vaccinated and wear masks! Folks have been good at wearing masks at our outdoor Thor work parties. Thank you!

We are looking for a new driver for Thor. We need someone who has a truck that could pull the trailer with Thor. See elsewhere in newsletter for more about that and Thor work parties.

The coming of the end of 2021, we also need to recruit some new members to serve on Edmonds Lodge Board. Please consider running for the Board. Join our October Zoom meeting and volunteer time and energy. Let's hope that in 2022 we can get back to in person meetings and events.

*Fraternally,*

*Norma Jean Sands*

Edmonds Lodge President





**SONS of  
NORWAY**

**Celebrating 125 Years**

1895-2020

**Service opportunities are  
available!**

- Thor work parties available
- Learn to be an officer or committee member of the Lodge!

**Contact a board member now! Emails for board members are below.**

**Remember**

**Members, record all service hours and provide them to our Secretary. Service hours are so important to maintaining our Fraternal Tax Designation.**

## Edmonds Lodge Officers

### Executive Board

President: Norma Jean Sands  
Vice President : Jane Bueing  
Secretary: Shirley Lovelace  
Treasurer: Phil Kollen  
Fin. Secretary: Loren Krusenstjerna  
Counselor: Waldo Bueing

### Directors

Social Director: Eli Krusenstjerna  
Cultural Director: Roberta Morrow  
Asst.Cultural Dir: Shirley Lovelace  
Sports Director: Glenda Nelson  
Youth Director: Vacant  
Foundation Director: Erlene Stevenson  
Financial Benefits: Mike Dyal (425) 243-4521

### Trustees

Marshall: Bob Turcott – may he ever be with us  
Trustee: Harold Setran  
Trustee: Jane Beuing  
Trustee: Eli Krusenstjerna

### Support Officers

Musicians: Kris Johannsen  
Librarian: Fay Setran  
Information: Erlene Stevenson  
Historian: Donna Stewart  
Website Support: Donna Stewart  
Newsletter Editor: Mike Dyal  
Newsletter Distribution: Shirley Lovelace  
& Norma Jean Sands  
Publicity Director: Vacant  
Scholarship: Turid Bouchoukian  
Sunshine: Shirley Lovelace  
Building Liaison: Vacant  
Greeters: (alternating) All board members

**\*\*This information is for official Sons of Norway business use ONLY. Use of this information for solicitation or commercial intent is a violation of the SofN privacy policy and is prohibited. \*\***



# Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer: Shirley Lovelace, 206.708.0344** Her email is: [grannyslovelace@gmail.com](mailto:grannyslovelace@gmail.com)

## October

*31 Days of happiness and hope*

*744 hours of good health*

*44,640 minutes of bountiful blessings*

*And every second your heart filled*

*With joy, love & laughter.*

*In every way may everyday flow with grace.*



## Sad Day in History

The Pillsbury Doughboy has died in Minnesota of a yeast infection and the trauma of being poked continuously in the belly. He was in his 70's.

Doughboy was buried in a lighted greased muffin tin.

Dozens of celebrities turned out to give their respects including, Mrs. Butterworth, Hungry Jack, the California Raisins, Betty Crocker, the Hostess Twinkie and Captain Crunch.

The gravesite was covered in a large mound of flour. Aunt Jemima delivered the Eulogy prior to her demise.

Born and raised in Minnesota he quickly rose to fame with his life filled with turnovers. He was not regularly regarded as a smart cookie, wasting most of his life in half-baked schemes.

Despite being a little flaky at times, he was a crusty old soul. He is survived by his wife, Play Dough; three children, John Dough, Jane Dough and Dossey Dough. Dossey also has a bun in the oven. His elderly Dad, Pop Tart, also survives.

The funeral was held at 3:50 for 20 minutes.

# HAPPY BIRTHDAY!

EDMONDS LODGE MEMBERS  
(IF WE MISSED YOU, PLEASE LET US KNOW)

## October Birthday's

Oct 1	Carol Bergerson
Oct 2	Roberta Morrow
Oct 4	Donald Moe
Oct 5	Bjorn Field
Oct 6	Herman Siqveland
Oct 7	Jody Siqveland
Oct 8	Knut Riksheim
Oct 8	Karsten Wilson
Oct 17	Palmer Lie
Oct 18	Scott Johnston
Oct 25	Evan Snoey
Oct 26	Veldron Smith



**Why join Sons of Norway?  
Because there's a little bit of Norway  
in all of us!**

[Find out how](#) you can explore Nordic heritage and culture as a member of the Sons of Norway family. Daughters, sons and friends of Norway are welcome to join. Norwegian ancestry is not required.

Members have enjoyed celebrating the heritage, culture and caring values of Norway through Sons of Norway membership for 125 years. Here's what you get as a member of our Sons of Norway family...



## Thor Work Parties: Help us Get our Float a-float!



**National Nordic Museum, 2655  
NW Market St., Seattle: Exhibition  
- Sublime Sights: Ski Jumping and  
Nordic America**

**Available through the summer**

## **What are Sons of Norway? A vibrant community, rich in tradition.**

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.

### **Do you know??**

Bluetooth technology is named after Harold Blatand, a 10<sup>th</sup> century Viking king whose last name translates to "Blue Tooth". Whether or not he had a literal blue tooth is debatable., but he was renowned for peacefully bringing people from different lands together. The symbol on Bluetooth's logo is his initials written in ancient Runes.

## **Sons of Norway Foundation News**

Remember the SofN foundation in your estate planning, a small gift can make a world better.

You can also give online at: [www.SoN.com](http://www.SoN.com)

**Foundation programs include:**

- **Helping Hands to Members Grant**
- **Funds available for lodges**
- **Funds for members**

## **ATTENTION!!**

**Want to serve?**

Contact a board member now!

Members, please keep a record of all service hours and share them with a board member.

Service hours are so important to keep our non-profit Fraternal Tax Designation- everything else works from this!

**IDRETTSMERKE**  
Sports & Fitness  
Medal Program



## **Sons of Norway's Sports & Fitness Medals:**

**Be Active this  
Summer! Be a  
Viking! Track your  
activity-any activity  
counts towards a  
personal  
achievement  
medal.**

## **SAVE YOUR CANCELED STAMPS**

Cut around the canceled stamps, leaving 1/2" around the stamps, so as not to damage the perforations, and bring them to the lodge. This is an ongoing service project. Tubfrim appreciates your contribution.

## Leif Erikson Day

Leif Eriksson is believed to have been the first European to land in North America. He was born as Eiriksstaoir in Iceland. His Dad, Erik the Red, fled to Iceland from Norway after killing some of the King's men. Eirik was also outlawed in Iceland and was credited with discovering Greenland. In Iceland Eirik met Leifs mother, Thjodjilder. He had 2 brothers and a half sister.

Leif was sent to the new lands by the king after returning to Norway and becoming a Christian. He established a Norse settlement in the northern tip of Newfoundland, Canada, around the year 1000 AD. This settlement is called L'Anse aux Meadows today. In 1960, proof was found to the existence, and a reproduction of the site exists there today as a tourist attraction. Leif was young in his early 20's when he made the discovery and only stayed there less than a year. The settlement became a base camp to future exploration. Leif died in Greenland in 1020.

In 1964, the United States Congress declared October 9<sup>th</sup>, Leif Eriksson Day, in honor of this historical Viking. He shares this date with Father's Day in Sweden and Columbus Day which is being celebrated on October 11<sup>th</sup>.

## Foundation Update

Hallo! We are quickly approaching the best month of the year, October. Why October, you might ask? Well, October is Foundation Month at Sons of Norway. Foundation Month is a time to celebrate and support the services that the Foundation provides to all members. Annually, we provide over \$35,000 in grants to lodges and partners that advance the core values of Sons of Norway and over \$110,000 in scholarships to members, the children of members, and the grandchildren of members. We would not be able to provide this assistance without you!

Applications for scholarships open October 1. This year we are offering 16 different scholarships, including, for the first time, the Elaine Nelson Scholarship for student members studying Business, Agriculture, or Education. You can find descriptions of all the scholarships we offer and apply on [our website](#). We encourage everyone to visit the site to learn more and facilitate applications.

Donating to the Foundation is an opportunity to incorporate your passion for Sons of Norway into your charitable giving plans. This year with our "Together We are the Future" fundraising campaign, we are trying to raise \$150,000 to support our grants and scholarships. Visit [the foundation website](#) to learn more and donate!

# COVID and Liability Insurance

As some lodges have started meeting in person again, we have increasingly received questions about whether our liability insurance covers the lodges in regard to COVID. Carriers (including Sons of Norway's) have added a communicable disease exclusion to coverage, which means the policy will not cover any claim related to causing or aggravating a communicable disease. Please keep this in mind as your lodge makes plans for the fall. If you have any questions, please feel free to reach out to the Fraternal Department.

## **Oslo Lodge, Bremerton, WA**

### **Harvest Fest Dinner**

with

**Music by Charlie Brown**

Members and Guests,

enjoy a first-rate meal at the

**Kitsap Golf and Country Club Sunday,**

**October 17, 2021**

1:00 PM Social Hour

2:00 PM Two entrée Dinner

This is our celebration of being together again after a year and a half of isolation! \$10 per person

Please call Grant Wood at 360-930-0865 to reserve your seats by October 7th

Send your money to Grant Wood, 125 NE Sunset St., Poulsbo, WA 98370

## **Discover Your Scandinavian Family Roots!**

Sno-Isle Genealogy Society invites you to spend an evening discovering how YOU can uncover your Scandinavian roots via ZOOM.

Have some words that look like place names but you cannot find them on a map? Was it Larson, Larsen or Larsson? Then you have come to the right place. Scandinavian records, composed of Sweden, Denmark and Norway, are some of the easiest to use and many of the skills for one are transferable to the other two countries. We will explore how to differentiate your 'Lars Larson' from all the others and how to find your parish of birth if you don't know. Our research in these countries can take us back to the 1600s. Even if you have started your search in these records, you will learn some new techniques that may change how you search. Let's get started. Presented by Jill Morelli, Certified Genealogist and National Lecturer.

Please REGISTER in advance at <https://bit.ly/SIGSOct62021>

Wednesday, Oct. 6th from 7-8 pm. Society Members general meeting and social time starts at 6:30pm

**BIO of Presenter:** Jill Morelli, CG is a writer, lecturer and founder of the Certification Discussion Group, an online series outlining her journey to receive the credential Certified Genealogist. She is also one of the founders of the virtual Applied Genealogy Institute, providing practicum-based educational opportunities for high-intermediate and advanced genealogists. She lectures nationally and has written articles for *National Genealogical Society Quarterly*, *Swedish American Genealogist*, and many others. Jill is past president of the Seattle Genealogical Society, and a member of many local genealogical societies.



**Fårikål (mutton in cabbage)** is a favorite hearty soup in Norway and is a good Autumn dish. This dish is usually served with boiled potatoes and flatbread. This National Dish of Norway has an honor festival dedicated to it in late September.

**Fårikålens festdag 30. September:** Folket bestemte seg allerede i 1972. Mer enn førti år senere ble folket utfordret på nytt: Hva er Norges nasjonalrett? Også denne gang lød det rungende svar: Fårikål! Fårikålens Festdag feires den siste torsdagen i september hvert år.

**Fårikålens festdag 30. September:** The people decided as early as 1972. More than forty years later, the people were challenged again: What is Norway's national law? This time, too, the resounding answer was: Fårikål! Fårikål Feast Day is celebrated on the last Thursday in September every year.

### **Fårikål (mutton in cabbage)**

(Serves 4-6)

- 4 lbs mutton or lamb
- 4 lbs cabbage
- 1 tbsp salt
- 3 cups water
- 1/3 cup flour

Cut meat into serving pieces. Layer mutton and slices of cabbage in a Dutch oven; sprinkle with salt and pepper between layers. Add boiling water. Simmer for 1 ½ hours. Stir flour into the stock to thicken. Serve with boiled potatoes and flatbread.

**Do you have Scandinavian roots?**  
**Join us and find out how to trace YOUR family Tree!**

Sno-Isle Genealogy Society invites you to a fun exploration and presentation by Jill Morelli, a national lecturer and certified genealogist. Find out how to trace YOUR Scandinavian records from Sweden, Norway and Denmark

Wednesday, October 6<sup>th</sup> at 7pm via ZOOM

Register at <https://bit.ly/SIGSOct62021>



In Case You Missed it...

**Life Journeys: Travel  
Writer and T.V. Host  
Rick Steves**

<https://anchor.fm/david-ellingson/episodes/Life-Journeys-Travel-Writer-and-T-V--Host-Rick-Steves-eg7nf5>

**Check out this  
awesome interview on  
Rick Steves**

## **Edmonds Lodge October Meeting**

is Wednesday 10/13/21 at 7pm. It is again a Zoom meeting. We will have a program on Sons of Norway Foundation, what it does and what it has to offer our members. We will also select a nomination committee to find candidates for the Board for 2021. Please consider being on the committee and/or becoming a Board member!

**To join the meeting go to:**

<https://us02web.zoom.us/j/88149115735>

Remember, you can always find this link on our webpage at: <https://www.edmondssonsofnorway.org/>

# BAZAAR 2021

SONS OF NORWAY • LEIF ERIKSON LODGE 2-001 • THE 115TH ANNUAL BAZAAR

Saturday, October 23rd for Food Pick-up | October 10 - 23 for Online Auction



No Entrance Fee. Raffle tickets are \$20.00 each. Food to Go & Online Auction  
Website-Biddingowl.com | Please visit our Website-Leiferiksonlodge.org

SONS OF NORWAY | BALLARD 2245 NW 57TH AVE. NW, SEATTLE WA 98107  
PH 206.783.1274 | WWW.LEIFERIKSONLODGE.COM | LEIFERIKSONLODGE@QWESTOFFICE.NET

Event Media by: Erik Bjarne Witzøe

# Lutefisk

## ANNUAL LUTEFISK and MEATBALL DINNER

### Drive-thru Pick up only

Bothell Sons of Norway  
23905 Bothell-Everett Highway  
Bothell WA 98021  
425-485-9085

**Saturday, December 4, 2021**  
**11:00AM to 4:00 PM**

#### Menu

Lutefisk, Meatballs  
Boiled Potatoes, Coleslaw, Lefse  
Cookies for Dessert

**Adults \$25.00    12 yrs. & under \$10.00**

Reserve your time for pickup by **November 22nd**

Email: [Lutefisk@BothellSonsofNorway.org](mailto:Lutefisk@BothellSonsofNorway.org)

**\*Cash, Check, Cards are accepted\***



## FREE HERITAGE MEMBERSHIP

*Sponsor a new Heritage member today!*



## Building Heritage Membership

We are excited to introduce these colorful recognition patches for Heritage members who have been with Sons of Norway for 5, 10 or 15 years. These charming designs featuring Norwegian wildlife can be ordered for \$2 each.

We have also updated our Heritage member certificates! They are available at no cost for 5-, 10- and 15-year Heritage members. Ask your lodge leader how to organize and place an order for these items.



If you have been a Sons of Norway member for a few years, check with your parents or your lodge! You may be eligible for one of these fun patches that you can wear on your jacket or backpack!

**Note to parents:** We welcome children ages 15 and under to the Heritage member program.

Heritage members must be sponsored by a relative who is already a Sons of Norway member (most often a parent or grandparent) but they are not required to be part of the same household as the sponsoring member. At age 16, Heritage members have the option of joining Sons of Norway as an adult Individual member or as part of a Family membership, if one exists at their home address. New Heritage Membership Request forms will be available shortly; however, our current request postcards and online PDF enrollment form are still valid.

# **BOTHELL SONS OF NORWAY BAZAAR AND BAKE SALE**



**Saturday, November 6, 2021  
9 am - 3 pm  
Holiday Bazaar and Baked  
Goods**

**Food To Go Only  
Open Faced Sandwiches,  
Pea Soup, Rømmegrøt  
No seating will be available**

**BOTHELL SONS OF NORWAY  
23905 BOTHELL-EVERETT HWY,  
BOTHELL WA 98021  
425-485-9085**

**Open to the public  
Please wear a mask  
Free Admission Free Parking**

See our Web page for list  
of venders.

Website

[bothellsonsofnorway.org](http://bothellsonsofnorway.org)

**Lunch is To Go Only.**

**No Seating Available**

All bake sale items are  
donated by members of  
Bothell Sons of Norway

Please adhere to Social  
Distancing Guidelines.

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Future Events:

Check our website for  
updates.

**Lutefisk and Meatball  
Dinner Drive-thru only**

\$25.00 per dinner.

Saturday, December 4

11 am-4 pm

No inside seating.

To reserve a time to pick  
up dinner email or call  
us at: 425-485-9085

Lutefisk@

[BothellSonsofNorway.org](http://BothellSonsofNorway.org)  
*before November 22.*

# Fall Kalender

## October – Foundation Month

- Oct. 6<sup>th</sup> @ 7pm Geneology Presentation via zoom
- Oct. 7<sup>th</sup> Last day to reserve Harvest Fest Dinner
- Oct. 10-23<sup>rd</sup> Leif Erikson 115<sup>th</sup> Bazaar begins online auction!
- Oct. 13<sup>th</sup> Edmonds Lodge Meeting via zoom
- Oct. 17<sup>th</sup> Harvest Fest Dinner @ Kitsap Golf and Country Club
- Oct. 23<sup>rd</sup> Leif Erikson Bazaar, Food Pick-up

## November

- Nov 6<sup>th</sup> Bothell Lodge Bazaar & Bake Sale
- Nov. 22<sup>nd</sup> Last Day to register for Bothell Lutefisk

## December

- Dec. 4<sup>th</sup> Bothell Lutefisk (pre-registration reqd)

*Edmonds Lodge volunteers  
work hard to make our lodge  
the best it can be.*

*Thank you for all you do to  
support our community and  
lodge.*



**Sons of Norway has some  
of the very BEST Life  
Insurance and fixed  
annuity rates in the  
country!**

**Life insurance Benefits:**

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to charity



Sons of Norway  
Edmonds Lodge 2-130

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515 Dayton Street  
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PO Box 1651  
Edmonds, WA 98020-1651

Website:  
[www.edmondssonsofnorway.weebly.com](http://www.edmondssonsofnorway.weebly.com)

ADDRESS SERVICE  
REQUESTED