



EDMONDS LODGE 2-130
SONS OF NORWAY
EST 1983

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Tuesday Social

Edmonds Lodge Meeting

Tuesday November 22nd at Masonic Center - Starts at 4pm with social and crafts and 6pm Dinner

Pot Luck

DO NOT BRING DESSERTS!

We will have Pie and whipped Cream provided to celebrate **Thanksgiving** (See page 5)

Financial Planning through Sons of Norway



Mike Dyal is Edmonds Lodge's financial advisor and has been a member of Edmonds Lodge, SofN, for years and loves serving the community and helping people protect their money. Call or text him at 206-446-2222 or email him now to schedule a meeting: mike@pacificadv.com

Presidents Message

November 2022

The Month of Thanksgiving



Winter is nearly here, with Northwest rain and frosty nights. Days are shorter but think of Norway. In Edmonds days right now are 9 ½ hours long. In southern Norway (Bergen) days are 7 ½ hours long while north in Tromsø days are only 5 hours long. By the end of November, the sun will have disappeared entirely from Tromsø. So, November falls at the beginning of winter in Norway, you will see sun, snow, rain, hail, and darkness compete for attention. There are no holidays in Norway in November, but November 27 is the first day of Advent, and one begins to count the days til Christmas.



Here in the US, we look forward to Thanksgiving near the end of the month and gathering with family and friends. And at Edmonds Lodge, we also celebrate our friends and members with a Thanksgiving inspired potluck and gathering. Our Lodge meeting is Tuesday November 22 and I hope you will join us at the Masonic Center for crafts, dinner, and ELECTIONS! Yes, it is time to elect new Board members for 2023. This is your chance to join the Board and help decide the direction we should take for the new year. We will be electing the executive board members. The others are appointed by the new executive board, but do come volunteer yourself for any position. We are eagerly looking for volunteers. See page 5 for more information.

Then it is time to look towards Christmas with the Tree Lighting ceremony in Edmonds Saturday November 26, starting at 3pm at Centennial Plaza. The program ends at 5 pm but the Masonic Lodge will then host an after-party at their lodge and we will be staffing a table to advertise our SON Lodge and to provide crafts for children. Do stop by and find us. We hear that Santa will be there too!

Norma Jean Sands

Edmonds Lodge President



**SONS of
NORWAY**

Celebrating 125 Years

1895-2020

- **Edmonds Lodge Meeting
November 22nd 4-9pm**
- **In person at the Masonic
Center**
- **REMEMBER OUR NEW
TIME– 4th Tuesday of the
month**
- **Exception to the rule – December
Lodge Meeting and Christmas Party is
Friday Dec 9th!**

Edmonds Lodge Officers

Executive Board

| | |
|-----------------|---------------------|
| President: | Norma Jean Sands |
| Vice President: | Jane Bueing |
| Secretary: | Shirley Lovelace |
| Treasurer: | now vacant |
| Fin. Secretary: | Loren Krusenstjerna |
| Counselor: | Waldo Bueing |

Directors

| | |
|----------------------|--|
| Cultural Director: | Roberta Morrow |
| Asst.Cultural Dir: 1 | Shirley Lovelace |
| Asst Cultural Dir. 2 | Mike Dahl |
| Sports Director: | Glenda Nelson |
| | Glennnie12345@gmail.com |

| | |
|----------------------|--|
| Social Director: | |
| Youth Director: | |
| Publicity Director: | |
| Foundation Director: | |

Financial Benefits: Mike Dyal (425) 243-4521

Trustees

| | |
|-----------|-------------|
| Marshall: | |
| Trustee: | Jane Bueing |
| Trustee: | |
| Trustee: | |

Support Officers

| | |
|--------------------------|--|
| Musicians: | Kris Johannsen |
| Librarian: | Fay Setran |
| Information: | Erlene Stevenson |
| Historian: | Donna Stewart |
| Website Support: | Donna Stewart |
| Thor Coordinator: | Kirk Siqveland |
| Newsletter Editor: | Norma Jean Sands |
| Newsletter Distribution: | Shirley Lovelace & Norma Jean Sands |
| Scholarship: | Turid Bouchoukian |
| Sunshine: | Shirley Lovelace |
| Building Liaison: | |
| Greeters: | (alternating) All board members |

****This information is for official Sons of Norway business use ONLY. Use of this information for solicitation or commercial intent is a violation of the SofN privacy policy and is prohibited. ****



Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer:**
Shirley Lovelace, 206 708 0344 Her email is: grannyslovelace@gmail.com

Happy Birthday ***** Gratulerer med Dagen!

November

- 1 Fay A Setran
- 5 Maggie M Fimia
- 10 Ellen M Schwarting
- 11 Sidney P Loberg
- 12 Fern E Thompson
- 22 Marilyn K Jarvis
- 24 Steve Douglas Tangen
- 30 Seth G Baird

November Thoughts

"For my part, I am almost contented just now, and very thankful. Gratitude is a divine emotion: it fills the heart, but not to bursting; it warms it, but not to fever." - Charlotte Bronte

"Keep your eyes open to your mercies. The man who forgets to be thankful has fallen asleep in life." - Robert Louis Stevenson

"Cultivate the habit of being grateful for every good thing that comes to you, and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude." - Ralph Waldo Emerson



A warm smile is the universal language of kindness.

Edmonds Lodge News

SON Edmonds Lodge 2-130 Masonic Center, Edmonds, WA

Visit our website at: <https://www.edmondssonsofnorway.org/>

Join us for the **Edmonds Lodge Meeting** at the Masonic Center
November 22, from 4 to 9pm, with dinner at 6pm.
515 Dayton Street, Edmonds



Doors open at 4 pm for crafts and socializing. Dinner starts at 6pm.

We, Edmonds Lodge 2-130, would like your attendance on November 22, at our lodge meeting and potluck. The lodge will provide desert so please don't bring desert.

We will be preparing for Saturday November 26, supporting the Masonic Lodge by having a Christmas craft table for the kids at their after-tree-lighting party. We can advertise Edmonds Lodge and hopefully recruit while entertaining kids.

We do need to see more members in attendance at our Lodge meetings so we can decide our future events. Yes, the last 2 meetings had poor attendance and last month was our 39th Anniversary. Come show your support. Parking is free in Masonic lot for members. Activities start at 4, dinner at 6. Business and Social meeting.

Hope to see you November 22! -- Your vice president Jane Bueing

*Dinner is **pot luck**, bring Thanksgiving themed dishes but **don't** bring desserts as we will have pie and whipped cream in honor of Thanksgiving.*

This November meeting, we need to vote for Board officers for 2023. These positions are President, Vice President, Secretary, Treasurer, and Financial Secretary. Secretary Shirley Lovelace and Financial Secretary Loren Krusenstjerna are willing to continue in their role; President Norma Jean Sands and Vice President Jane Bueing would like to be replaced. It would be good to get someone local for these positions. Norma Jean Sands is willing to run for Treasurer. But all positions are open for challenge, so we can have more than one candidate run! Please come to the November 22 meeting and volunteer to run for an office and help revitalize the Lodge after our 2½ year in person hiatus. The other officer positions listed on page 3 (and you see many are empty) are appointed by the Board, but we are looking for volunteers to compete for those positions. Come help revitalize our Lodge.

A New Meeting Format for Edmonds Lodge

Starting in 2023 we are going to try a new meeting format at Edmonds. Many other Lodges also use the format. The combined Board and Business meeting will be held on the second Wednesday of the month and, for the time being, will be held as ZOOM meetings. All members are encouraged to attend. The Lodge Meeting will be a dinner/social/culture meeting and is held the fourth Tuesday of the month at the Masonic Center. ALL members are welcome, as are their guests.

December is Edmonds Lodge Christmas Party, and it will be held on Friday

December 9th from 4 – 9 pm. Bring the whole family! Especially the kids and grandkids. Santa is expected to appear with treats for good little girls and boys. But please RSVP for the kids so we can give Santa a heads up on how many to expect. There will also be crafts for the kids (adults may join in). And there will be time to just socialize too.

*Dinner is **pot luck**, bring a dish for the main meal, or both a dish for the main meal and a dessert. We want to ensure not only desserts appear on the table.*

Stories from our members:

My first Thanksgiving in Tromsø.

I went to Tromsø in 1969 on an exchange program and was living with a family there while attending the lærer skole (teachers training school). The family was very nice; they all spoke English well but spoke only Norwegian with me so I could learn the language. I fended for myself for meals during the week, but on Sundays joined the family for dinner. Towards the late fall I became sick and was bedridden for several days. When I felt well enough to eat, the mother brought me some of their dinner to my room in bed. It just happened to be Thanksgiving Thursday (a holiday not observed in Norway) and the dinner was blood pudding! I had never even heard of it before! No, I could not stomach it, and told my host that I wasn't ready to eat yet! Later, I actually acquired a bit of a taste for it, but it was never a favorite. But I never forget that Thanksgiving. And hence the Recipe of the Month this month!

A Later Thanksgiving in Tromsø.

I returned to Tromsø in 1978 (after working two years in Bergen and attaining a Master's degree in fisheries at the University of Washington in Seattle). In Tromsø I worked at the Biological Station in Oceanography and lived in an apartment with two other people also working at the same place, one American and one Norwegian. As Thanksgiving approached, we decided to have a dinner party for many of our friends. And since Thanksgiving was approaching, we had to have a turkey. But, alas, there was no turkey to be found in Tromsø; most stores weren't even sure what that was. But hey, there were turkeys in Bergen, only 1,129 miles south! We had friends at the Bergen Biological Station who were willing to secure us a turkey and put it on a plane north. In those days, one loaded one's own luggage onto the carts and then went through the gates showing tickets to board. So, the turkey went on the cart and arrived in Tromsø, with us at the gate ready to claim it! Flying free! The menu was Turkey, Reindeer, and Cod plus all the trimmings. It was a great success, but when I wrote my family about it, they were very distressed that I had Rudolf for Thanksgiving.

Norma Jean Sands

FOR THE GOOD OF THE ORDER



SONS of NORWAY

What is the Sons of Norway?

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.



Sons of Norway Financial

The back bone of the SON, the financial portion provides insurance and annuities to members. And they are very competitive with other financial institutes.

Mike Dayl is our Lodges' representative. Contact him for more information on products.

mike@pacificadvs.com 206-446-2222

Check out the SON webpage
https://www.sofn.com/financial_products/

Sons of Norway Fraternal

The sights, sounds and tastes of Norwegian culture are captivating to people from all walks of life. So it stands to reason that Sons of Norway would be the first stop for anyone who's looking to explore and discover Norway's treasures. Not a member? You can still browse some of our recipes, language lessons, and a sampling from *Viking* magazine – and don't forget: membership gives you access to additional benefits, like travel discounts and your own copy of *Viking* magazine delivered to your home. Find out more today.

Learn more about SON has to offer at https://www.sofn.com/about_us/

Sons of Norway Foundation

Provides scholarships grants and financial help to individual members and lodges based on needs. In 2021, the Sons of Norway Foundation distributed over \$147,000 in awards.

Check out their website to see what is available

<https://www.sofn.com/foundation/>

If you can imagine it, you can achieve it.

If you dream it, you can become it.

Imagine yourself an active Sons of Norway member!

IDRETTSMERKE
Sports & Fitness
Medal Program



Sons of Norway Sports and Fitness Medals:

Idretts/General fitness, Ski/Skiing, Svømme/Swimming, Sykkel/Biking, and Gang/Walking

Sons of Norway Cultural Medal Programs:

Cooking, Literature, Stamp Collecting, Rosemaling, Genealogy, Knitting, Language and Culture, Hardanger Embroidery, Figure Carving, Weaving, Ornamental Woodcarving, Chip Carving, Folk Dancing, and Music and Musicians.

SAVE YOUR CANCELED STAMPS

Cut around the canceled stamps, leaving 1/2" around the stamps and get them to Bothell Lodge. This is an ongoing service project coordinated by District 2.



Tubfrim in Norway appreciates your contribution. TUBFRIM is owned by the Norwegian Health Association. Today the profits are used to help children and youth with disabilities, and children and youth with handicaps in Norway, and to finance the efforts to eradicate tuberculosis.

Recipe of the Month – Blood Pudding



A recipe from the north of Norway

From <https://nordicdiner.net/black-pudding-nordic-way/>

Do go to the site above for stories about blood pudding from Norway. The blood would come from animals on the farm, sheep, goats, pig. In these times, city folk can buy blood at the supermarket.

Ingredients

1 litre blood
125 g / 4,4 oz stale bread (or oats)
150 g / 5,3 oz melted butter (or cubed suet)
300 ml water
200 g / 7 oz Lyle's Golden Syrup
½ tsp salt
½ tsp cloves
¾ tsp pepper
1 tsp allspice
75 g / 3 oz wholewheat flour
about 150 g / 6 oz flour
raisins (optional)

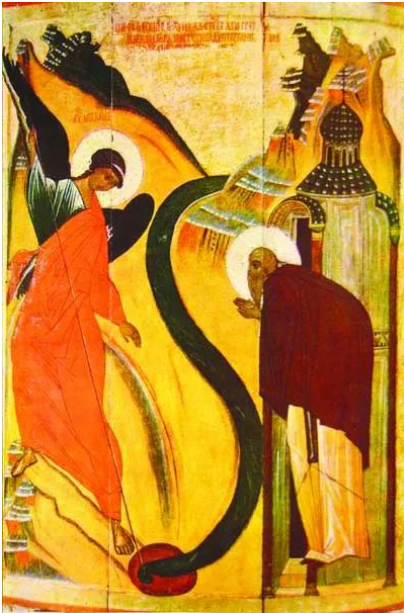
INSTRUCTIONS

1. Run the blood through a strainer to remove lumps. Just to be on the safe side.
2. Crumble the bread with your hands.
3. Melt the butter and mix it with the blood, water, syrup, spices, flour and breadcrumbs. Add as much raisins as you like. Leave to rest overnight.
4. The next day, put the oven on 200C/390F. Line a small baking tray or two loaf tins with parchment paper. Cover with tin foil and bake in a bain-marie (water bath) for about 1.5 hour.

November in Norway

Thanksgiving traditions in Norway

NOVEMBER 16, 2015



M. Michael Brady
Asker, Norway

Thanksgiving, originally the day of giving thanks for the harvest, is celebrated in various ways on differing days round the world, reflecting the diversity of cultural and religious tradition. In the U.S. and Canada, the history of Thanksgiving can be traced back to the Reformation. As in many other countries, it also hallmarks the harvest.

The celebration of Thanksgiving in Norway differs. In name, it's nearly the same: *Høsttakkefest* translates directly to "Harvest Thanksgiving Feast." But its roots are older and reflect both religious and secular tradition. The religious roots of *Høsttakkefest* predate the adoption of Christianity in Norway. In the ancient city of Chonae, on September 29, 380 AD, according to the western liturgical calendar, a church was consecrated to the Archangel Michael. With time, that date was celebrated in the Catholic Church as Michaelmas,

spelled *Mikkelsmess* in the Nordic countries. In medieval Europe, it became associated with the harvest at the end of the farming year. So, in Norway, the annual *Høsttakkefest* was held along with *Mikkelsmess* or on a Sunday before or after it. In 1770, *Mikkelsmess* was abolished as a public church holiday in Denmark and Norway. In 1918 *Mikkelsmess* was reinstated in the Norwegian liturgical calendar, and from 1999 on, its celebration is optional in the Church of Norway. Today Norwegian calendars annotate September 29 as *Mikkelsmess*. The secular roots of *Høsttakkefest* are agrarian and tied to the practice of transhumance, the seasonal movement of people with their livestock between lower valleys in winter and higher pastures in summer. In rural Norway, *Høsttakkefest* originally was called *Buferdsdagen*, also spelled *Bufardag*, traditionally the autumn day on which a farm's livestock and its tenders moved from a higher summer farm, called a *seter*, to the main farm in the valley below. Transhumance was not much practiced in English-speaking countries, so *Buferdsdagen* is one of the few words in Norwegian that has no equivalent in English.

The date of *Høsttakkefest* is not set for the country, so the dates of its celebration vary from early September to late October and occasionally early November. In 2015, the most lavish celebration of *Høsttakkefest* was held on Tuesday, September 8, in the National Cathedral in Trondheim. In addition to the church service, it included performances by a band for disabled persons, two choirs, dancers from the Trondheim Cathedral School, and a juggler.

This is condensed from an article originally appeared in the Nov. 20, 2015, issue of the Norwegian American Weekly.

LOCAL EVENTS AUTUMN 2022

"ANNUAL LUTEFISK LOVERS' AND BAZAAR LIST" FOR 2022-2023

See September Newsletter for full list. Here are upcoming and new entries for our area

Saturdays, November 12, December 10, January 14 and on into 2023; 8AM-11AM: Normanna Lodge 2-003, S/N, Drive up / To go Swedish Pancakes made by Norwegians Breakfast (Stay in your car) Four pancakes, strawberries and ham. \$10 per order. All orders to go only. We accept cards and cash. Normanna Lodge 2-003, S/N, 2725 Oakes Ave, Everett, WA 98201. Second Saturdays throughout the year, but check website: <https://www.normannaeverett.com/> or email: normannaeverett@gmail.com

Saturday, November 12, 2022, 10AM-2PM: Bit of Norway presented by Solveig Lodge #31, Daughters of Norway. Norwegian heritage with bazaar items, bakery, and kaffestue (coffee shop) at Prince of Peace Lutheran Church 19030 8th Ave S, SeaTac, WA. For more info: Patty at 206.242.0596

Saturday, November 12: Finnish Holiday Bazaar at Swedish Club, 1920 Dexter Ave N, Seattle WA. Info 206.283.1090 www.swedishclubnw.org or info@swedishclubnw.org (Submitted by Kristine Leander)

Saturday, November 12, 2022, time TBD: The Mount Cross Boutique and Quilt Sale. Mt. Cross Lutheran Church, 8902 40th St W, University Place WA (south of Tacoma). office@mountcrosslutheran.org also check Facebook for changes in menu! Call for more info: 253.564.2200

Sunday, November 13, time TBD: Grieg Lodge 2-015 S/N: Ignore the risk - Try Lutfisk. Fresh catch at their home at Norse Hall, 111 NE 11th Avenue, Portland OR 97232. Get tickets by going to: www.norsehall.org/lutfisk/

Friday-Saturday, November 18 - 19, 10AM-3PM: Normanna Lodge 2-003s Nordic Holiday Bazaar. Featuring cultural music and live demonstrations, over 30 vendors, Norwegian boutique with unique gifts. There will be pickled herring, potato lefse, and a bake sale. Lunch served daily from 11AM-2PM. Normanna Lodge 2-003, Sons of Norway, 2725 Oakes Ave. Everett, WA 98201. For more info call the lodge number at 425.252.0291 or email normannaeverett@gmail.com

Saturday-Sunday, November 19 - 20, time TBD: Julefest at the National Nordic Museum, 2655 NW Market Street, Seattle, WA 98107. Julefest is modeled on an European Christmas market with a Northwest twist. For more info: 206.789.5707 <https://www.nordicmuseum.org/julefest>

Monday, November 21, 6PM: Torsk/cod dinner hosted by Vesterdalen Lodge 2-131, S/N, Messiah Lutheran Church, 410 H St. NE Auburn, WA. Enjoy a gently used item sale, too! Price TBD. Submitted by Vernene Scheurer

Friday evening, December 2: Jul bord. Price TBD at the Swedish Club, 1920 Dexter Ave N, Seattle WA. Info 206.283.1090; Contact: info@swedishclubnw.org Submitted by Kristine Leander

Saturday, December 3, 10AM-Dusk: Julefest and Nordic Market in Poulsbo. Visit Poulsbo Lodge 2-044, Sons of Norway for a Julefest on Liberty Bay. From 10-4pm, shop the Nordic Market with Scandinavian vendors; then experience Taste of Norway street food with pølser with Norwegian mustard, lefse, pea soup, pickled herring, cookies and rømmegrøt; and at 5PM at the Waterfront Park, see the Lucia Bride ushered to shore in a Viking boat! The evening culminates with the annual bonfire where you'll witness Lucia lighting the bonfire and hear the Poulsbo Sons of Norway Viking King's Winter Solstice Proclamation. An annual tradition, and a must to kick off the holiday season! Poulsbo Sons of Norway 18891 Front Street, Poulsbo, WA poulsbosonsofnorway.com/julefest.html Submitted by Lizbeth Doving

Saturday, December 3, 2022, several seatings, 11:30AM, 1PM, 2:30PM, 4PM, 5:30PM: Bothell Lodge 2-106 Sons of Norway Annual Lutfisk and Meatball Dinner. Lutfisk, meatballs, boiled potatoes, coleslaw, lefse, ice cream, cookies for dessert. Choice of coffee, tea, or milk. Adults \$35.00, ages 6-12 of age \$12.00, 5 and under free.

Email to reserve your seating time: Lutefisk@BothellSonsofNorway.org or call 425.485.9085. Cash, Check, Cards are accepted ; Bothell Sons of Norway, 23905 Bothell-Everett Highway, Bothell WA 98021.

Wednesday, December 7, 2022, 7PM: Norwegian Christmas Service. An annual event on the PLU Campus since 1975, this candlelight service is a blend of spiritual songs and scripture readings telling the story of Jesus, conducted in Norwegian language. A reception follows with Norwegian cookies, punch and coffee. The event is free and open to the public. Anderson University Center, Room 100. Sponsored by the Scandinavian Cultural Center. 12180 Park Ave S, Tacoma WA 98447 <https://www.plu.edu/scancenter/calendar-of-events/>

Friday evening, December 9: Jul bord. Price TBD at the Swedish Club, 1920 Dexter Ave N, Seattle WA. Info 206.283.1090; Contact: info@swedishclubnw.org Submitted by Kristine Leander

Saturday, December 10 to Sunday, December 11, 2022: ScanFair presented by Nordic Northwest in Portland at the Oregon Convention Center, 777 NE MLKing Blvd, Portland OR 97232. More information later. <https://www.nordicnorthwest.org/scanfair>

Sunday, December 11, 2022, 4PM: Swedish Sankta Lucia Fest. The hour long program features Swedish music, song, and dance, and a very special children's performance. The celebration marks the beginning of the Christmas season at PLU. Anderson University Center,

Room 100. Scandinavian Cultural Center at PLU, 12180 Park Ave S, Tacoma WA 98447 <https://www.plu.edu/scancenter/calendar-of-events/>

Sunday, December 11, 3PM: Luciafest with the University of Washington. Price TBD. Swedish Club, 1920 Dexter Ave N, Seattle WA. Info 206.283.1090; Contact: info@swedishclubnw.org Submitted by Kristine Leander



EDMONDS LODGE AUTUMN/WINTER KALENDAR

| | |
|---------------------|---------------------------------|
| November 9, 7pm | ZOOM Board Meeting |
| November 22, 4-9 pm | Lodge Meeting at Masonic |
| December 14, 7pm | ZOOM Board Meeting |
| December 9, 4-9 pm | Lodge Holiday Party at Masonic |
| January 11, 7pm | ZOOM Board & Business Meeting |
| January 24, 4-9 pm | Lodge Social Meeting at Masonic |
| February 8, 7pm | ZOOM Board & Business Meeting |
| February 28, 4-9 pm | Lodge Social Meeting at Masonic |

SMARTER PLANNING



Sons of Norway has some of the very BEST Life Insurance and fixed annuity rates in the country!

Life insurance Benefits:

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to charity



Sons of Norway
Edmonds Lodge 2-130

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Edmonds, WA 98020, USA

PO Box 1651

Edmonds, WA 98020-1651

Website: www.edmondssonsofnorway.org

ADDRESS SERVICE
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