



EDMONDS LODGE 2-130
SONS OF NORWAY
EST 1983

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Tuesday Social

Edmonds Lodge Meeting

**Tuesday May 23rd at Masonic Center -
Starts at 4pm with social and game night
6pm Potluck Dinner**

**We will have a short remembrance of
Henry Magnus Torget, who passed away
last May.**

Financial Planning through Sons of Norway



Mike Dyal is Edmonds Lodge's financial advisor and has been a member of Edmonds Lodge, SofN, for years and loves serving the community and helping people protect their money. Call or text him at 206-446-2222 or email him now to schedule a meeting: mike@pacificadvs.com

Presidents Message

April 2023

Hip Hip Hurray! 17. mai



It is Mother's Day as I write this, and I hope all the mothers in our Lodge had a great day. It was a beautiful day to be outside and I was walking my dog early before it became too hot. The week will continue to be hot, which brings to mind, Wednesday is the **17. Mai parade** in Ballard! The parade starts at 6 pm, but we will be there at 3:30 so we can get the Float assembled. One cannot drive Thor fully masted on the streets from Edmond to Ballard. So, if you can come early, please do so and help rig Thor! We hope a lot of members will join us in the parade dressed either in bunad or Viking attire!



Our Lodge social meeting is Tuesday May 23rd. Dinner is potluck as usual. It is also our normal month for the memorial ceremony. We have only had one member pass away this past year, therefore we will have a short remembrance. However, it is not because he was insignificant. **Henry Magnus Torget** was one of our founding members, was our Lodge's first Vice President, and our Lodge's second President. Come help us remember him.



Then think forward to a summer of fun. Other activities that include Thor are the midsummer fest at St Edwards Park June 25 and the 4th of July parade in Edmonds. And our Lodge has our annual summer picnic at Lake Joy July 16th. Another SON event this summer, returning after a 3-year absence, is the Border Fest up at the Peace Arch Park between US and Canadian Lodges. It is a fun time to visit with our Canadian neighbor Lodges. There is more on each of these events further in the newsletter.



Norma Jean Sands
Edmonds Lodge



SONS of NORWAY

Edmonds Lodge Social Meeting
May 23, 4-8 pm - Masonic Center

Edmonds Business Meeting
May 10, 7 pm - virtual

17. mai Parade Ballard
6-8 pm (other activities start at 2pm)

Edmonds Lodge Social Meeting
May 23, 4-8 pm - Masonic Center

Edmonds Lodge Officers

Executive Board

President: Norma Jean Sands
Vice President: Jane Bueing
Secretary: Shirley Lovelace
Treasurer: **vacant**
Fin. Secretary: Loren Krusenstjerna
Counselor: Waldo Bueing

Directors

Cultural Director: Roberta Morrow
Asst. Cultural Dir: 1 Shirley Lovelace
Sports Director: Glenda Nelson
Glennnie12345@gmail.com
Social Director: **vacant**
Youth Director: **vacant**
Publicity Director: **vacant**
Foundation Director: **vacant**

Financial Benefits: Mike Dyal (425) 243-4521

Trustees

Marshall: **vacant**
Trustee: Jane Bueing
Trustee: **vacant**
Trustee: **vacant**

Support Officers

Musicians: Kris Johannsen
Librarian: Fay Setran
Information: Erlene Stevenson
Historian: **vacant**
Website Support: **vacant**
Thor Coordinator: Kirk Siqveland
Newsletter Editor: Norma Jean Sands
Newsletter Distribution: Shirley Lovelace
& Norma Jean Sands
Scholarship: Turid Bouchoukian
Sunshine: Shirley Lovelace
Building Liaison: Norma Jean Sands
Greeters: (alternating) All board members

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Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer:**
Shirley Lovelace, 206 708 0344 Her email is: grannyslovelace@gmail.com

Happy Birthday **** Gratulerer med Dagen!

May

- 1 Liam R Baird
- 3 Gerald E Graham
- 5 Astrid T Drivenes
- 7 Annika Wilson
- 7 Weslie Collins Murray
- 8 Brianne Casper
- 10 John Richins
- 13 Donna M Stewart
- 14 Lynee D Forsyth
- 16 Lisa Dede Chinlund
- 22 Sarah Casper

Happy
Birthday



May Thoughts

The birth flower of May: **Lily of the Valley.** A symbol of purity, joy, love, sincerity, happiness and luck and the national flower of Finland.

The birthstone: **Emerald.** Emeralds have been beloved for millennia, evoking rebirth and renewal. Widely regarded as the definition of **green**, emerald is the perfect color for spring.



May 14 – Mother's Day.

May 17th – do you need a reminder? See Thor

Some May Trivia –

The month May was named for Maia, the Greek goddess of fertility.

In any given year, no month ever begins or ends on the same day of the week as May does.

Edmonds Lodge News

SON Edmonds Lodge 2-130 Masonic Center, Edmonds, WA

Visit our website at: <https://www.edmondssonsofnorway.org/>

Join us for the **Edmonds Lodge Meeting** at the Masonic Center
May 23rd, from 4 to 8 pm at 515 Dayton Street, Edmonds

Doors open at 4 pm. This month it is game day. Roberta will provide us
with some Norwegian Games.
Dinner starts at 6pm and is potluck.

Edmonds Lodge Business Meeting

June 14th at 7 pm – Virtual. An agenda and link to join will be sent out
several days prior to the meeting.

The Borderfest is returning after a 3-year hiatus. The committee in charge of the Royalty consists of lodges Normanna, **Edmonds**, Bothell, Leif Erikson, and lodges south. This year we will have prince candidates as well as princesses. Did you see our name there? That means we help decide on the gifts to have ready for the princess and prince candidates. Do you want to help. Or have ideas. Call Norma Jean at 206 387 6292. And we are selling lottery tickets to help support the Borderfest. They are only \$1 apiece and the grand prize is \$100 and there are other cash prizes. Again, contact Norma Jean for tickets or buy them when you see her at a meeting or at a parade or other summer fun.



We had a work party last Saturday to clear the weeds from around Thor and tighten the rope around it, and inventory the parts needed to get it ship shape for the parade.

Where did the names of the days of the week come from? See one of our members' poems below. He recited it to us at the work party. See (or is it hear) what you missed.

~ A Scout's Days of the Week ~

by Kirk Siqueland

*Listen, all you who seek,
And hear me tell the Days of the Week:*

*There is much to learn, where the World-Tree Roots run deep,
And the Fateful Norns share the Wisdom that They keep.*

*Our Sun keeps the World Clean with Her Warmth and Light;
Mother of Life, born of Chaos and Mundil's Might:
She shares her Kind Gifts: Seasons, and Crops, and Rainbows bright.
So we honor our Sun: with Her Day—called just, Sunday [Sun-Day]*

*The Sun's Brother – our Loyal Moon, Brings the Tides and rules the Night.
Ever Obedient to the Rhythm of Stars and Time and heavenly Sight;
And on Mysteries of Heart and Mind, He sheds His Light.
So we honor the Moon: with His Day called, Monday [Moon-Day]*

*Now find humble Tyr, the God who stepped up when our World He could save.
Sacrificing his Hand so The Gods could bind the Wolf in his Cave.
Once called Tiew, He teaches us: be responsible, be Helpful, be Brave.
So we honor Tiew: with His Day we call, Tuesday [Tiew's Day]*

*Now find All-Father Oðin, Creator of the Nine Worlds and of each of us.
Oldest of our Gods, giver of Life, and Law, and the Quest to find Purpose.
Once called Wodan, He teaches: seek Wisdom, be Reverent, be Courteous.
So we honor Wodan: with His Day we call, Wednesday [Wodan's Day]*

*Now find Trustworthy Thor, Oðin's Son, mighty defender of Justice.
With His Hammer, black-robed Judges rule on Laws made to entrust us.
His Example teaches: be the most Friendly to Friends, but to the Unjust be the fiercest.
So we honor Thor: with His Day we call, Thursday [Thor's Day]*

*Find now -- Frigja as She gathers those who die well, to Her gleaming Hall;
Our Goddess teaches us: be Thrifty and Wise, and follow the Fates' quiet Call:
"Live well, Love well, make our World a better Place for All."
So we honor Frigja: with Her Day we call, Friday [Frigja-Day]*

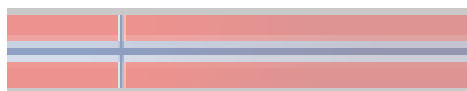
*At last we find steady Saturn, born of Sky and of Earth:
Once called Chronus, He marks Weeks, and Months, and Seasons with Mirth.
Teaching us: be Cheerful, as we reap our hard-work's Worth.
So we end our week honoring Saturn: with His Day called, Saturday [Saturn-Day]*



SONS of NORWAY

What is the Sons of Norway?

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.



Sons of Norway Financial

The back bone of the SON, the financial portion provides insurance and annuities to members, and they are very competitive with other financial institutes.

Mike Dayl is our Lodges' representative. Contact him for more information on products.

mike@pacificadvs.com

206-446-2222

Check out the SON webpage

[https://www.sofn.com/fiancial_](https://www.sofn.com/fiancial_products/)

products/



Sons of Norway Fraternal

The sights, sounds and tastes of Norwegian culture are captivating to people from all walks of life. So it stands to reason that Sons of Norway would be the first stop for anyone who's looking to explore and discover Norway's treasures. Not a member? You can still browse some of our recipes, language lessons, and a sampling from *Viking* magazine – and don't forget: membership gives you access to additional benefits, like travel discounts and your own copy of *Viking* magazine delivered to your home. Find out more today.

Learn more about SON has to offer at https://www.sofn.com/about_us/

Sons of Norway Foundation

Provides scholarships grants and financial help to individual members and lodges based on needs.

In 2022, the Sons of Norway Foundation distributed over \$220,000 in awards.

\$150,000 In Scholarships for students to study in the United States, Canada, and Norway;

\$60,000 In Grants for Norwegian culture and heritage programs;

\$10,000 In Camperships for kids across the United States to attend Norwegian cultural camps.

Check out their website to see what is available
<https://www.sofn.com/foundation/>

IDRETTSMERKE
Sports & Fitness
Medal Program



Sons of Norway Sports and Fitness Medals:

Idretts/General fitness, Ski/Skiing, Svømme/Swimming, Sykkel/Biking, and Gang/Walking

Sons of Norway Cultural Medal Programs:

Cooking, Literature, Stamp Collecting, Rosemaling, Genealogy, Knitting, Language and Culture, Hardanger Embroidery, Figure Carving, Weaving, Ornamental Woodcarving, Chip Carving, Folk Dancing, and Music and Musicians.

SAVE YOUR CANCELED



STAMPS

Cut around the canceled stamps, leaving 1/2" around the stamps and get them to Bothell Lodge. Do not forget to add your name and lodge to each pound of stamps so you can be entered in the drawing at the 2024 District 2 Convention.

Tubfrim in Norway appreciates your contribution. Today the profits are used to help children and youth with disabilities, and children and youth with handicaps in Norway, and to finance the efforts to eradicate tuberculosis.

Recipe of the Month — Strawberry Ice Cream Cake

Everyone eats ice cream on the 17th of May

Ingredients

- 1 quart strawberries, stemmed, hulled and cut into quarters, plus more for decorating the top
- 3 tbsp. sugar
- Pinch of salt
- 1 tsp. cornstarch
- 1 tbsp. cold water
- 24 Golden Oreos
- ½ cup unsalted butter, melted
- 1 quart vanilla ice cream, softened
- 1 quart strawberry ice cream, softened
- Krumkake or ice cream cone, optional

This recipe appeared in the May 2023 issue of The Norwegian American. To subscribe, visit [SUBSCRIBE](#) or call us at (206) 784-4617.



INSTRUCTIONS

1. Combine the strawberries, sugar, and a pinch of salt in a medium saucepan over medium-low heat. Cook, stirring occasionally, until the strawberries are soft and syrupy, about 15 minutes. Combine the cornstarch with the cold water. Stir until the cornstarch has dissolved. Pour the cornstarch and water mixture into the strawberries. Continue cooking until the strawberries have thickened slightly. Remove from the heat and cool completely before using the strawberry filling in the ice cream cake.
2. Meanwhile, place the Oreos in the work bowl of a food processor. Process until ground into crumbs. Drizzle the butter over the cookie crumbs and pulse to combine. Transfer the cookie mixture to a 9-inch springform pan and press evenly over the bottom. Cover with plastic wrap and freeze until firm.
3. Spread the softened vanilla ice cream in an even layer over the cookie crust. Cover with plastic wrap and freeze until firm. Evenly spread the cooled strawberry filling over the top of the vanilla ice cream layer. Cover with plastic wrap and freeze until firm. Repeat with the strawberry ice cream layer and cover the finished ice cream cake tightly. Freeze until ready to serve.
4. Just before serving, decorate the top with fresh strawberries. You can use a krumkake cookie, which is an attractive—and very Norwegian—option! You can also use an ice cream cone in place of the krumkake, crushed Oreos, or even whipped cream. Slice and serve immediately!

May in Norway

What food is served on 17th May in Norway?

On Norway's national day, it's traditional for people to enjoy a breakfast of freshly baked bread, scrambled eggs, smoked salmon, and a glass or three of champagne with family. It's worth joining in. Another traditional drink for the 17th May festivities is 'aquavit', Scandinavia's spice-infused, signature spirit made from grain or potatoes. And that's what I remember drinking morning til evening, but not enough to impair walking in the parade! (ed's note) Children are served hot dogs and ice cream; Norway Constitution Day is the one day of the year when children can eat as much ice cream as they like, so what's more appropriate for dessert on the big day than a gorgeous and delicious ice cream cake? Grown-ups are likely to enjoy sausages, and their sour cream porridge, "rømmegrøt" and ice cream. Many people dress up with traditional Norwegian bunad. High school students use the occasion to also celebrate the end of the last year of their public school, usually rowdy and starting early, "russefeiring"!

What is the weather in May?

The weather can be pretty unpredictable, but it is likely Norwegians are hiking in the south of Norway and skiing in the north! We were never sure when I lived in Tromsø in the 1980s whether there would still be snow on the ground or not. However, now with climate change, it is not likely. Today, May 14th, It has a high of 57 degrees and flood warning are out with rain predicted for the coming week. It looks like a wet 17th of May in Tromsø. Hmm, Oslo is also 57 degrees with flood warnings! Bergen is 47 degrees with rain but no flood warnings. Tromsø is 1,080 miles north of Oslo (on the highway). Yes, weather is unpredictable in May.



Bergen – 17 May 2018. Note the sun.

~~~~~ Summer Fun ~~~~~

May 17th 6 pm

17. Mai Parade in Ballard

Meet up with us at the staging area and help get Thor fitted up and mast and sail risen. Wear your Bunad or Viking outfit and walk with us in the Parade.

June 25th 11 am to 6 pm

Midsommarfest St Edwards Park Kenmore

Skandia is celebrating Midsommarfest in person this year AND virtually at a special website. For details about the Skandia Midsommarfest celebrations, go to: <https://sites.google.com/view/skandiamidsommar>

We were there last year with Thor and had a kubb set laid out for folks to play. It was a success, and we plan to do this again this year. Bring a picnic and stay for the day. There is a lot of music and dance performances. And Vendors.

July 4th 12 to 2 pm

The 4th of July Parade in Edmonds

We will be signing up with Thor; more information later.



Peace Arch Park, Blaine Washington

Saturday, July 8th, 2023

Celebrating 75 Years

Lunch at 12:00 noon, Coffee provided.

Bring a lunch for yourself with utensils and beverages (other than coffee) and a dessert with serving utensils to share with all lodges.

Program begins at 1:00 and includes:

Flag salute and national anthems, raffle drawings, royalty contest and entertainment.

Optional: Lawn chair, sun glasses, hat and umbrella

Parking: Washington State Parks Dept charges

\$10.00 for one day or requires a

Discover Pass (\$30.00) to use the parking lot.

Handicapped parking is free.

For Information Contact

Elaine Grasdock, viking1kg@gmail.com (360) 982-2965

Susan Strang strangb@telus.net (604) 291-1664

July 8th – Saturday starts at Noon

Arch Park at Blaine



July 15th

Steak Fry at Trollhaugen

Steak Fry July 15th. Bill Hicks of Bothell Lodge is selling the tickets. Please email Trollhaugen for reservations for overnight stay. There will also be horseshoe and kubb tournaments.

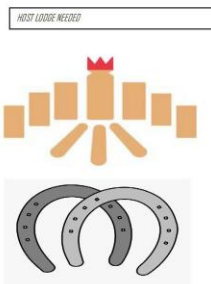


July 16th 12 to 4

Edmonds Lodge Summer Picnic at Lake Joy

Borderfest Peace

DISTRICT 2 HORSESHOE/KUBB TOURNAMENT



Game on!

Yes, you read that right! Join us for a low stakes tournament that will take place the morning of the Annual Trollhaugen Steak Fry.

Registration Starts at 9:30 AM

Tournament Starts at 10:00 AM

Donation of \$5 is requested for snacks.

If you have any questions about this event, please contact Laurie Berg: laurieberg.tb@gmail.com

To get your tickets to the Steak Fry, please contact:

Bill Hicks: (425) 672-0194

hicks1015@msn.com

If you would like to stay for a night or the whole weekend, please contact the Trollhaugen Managers (509) 656-9997

Trollhaugen@outlook.com

DISTRICT TWO GOLF TOURNAMENT

August 19, 2023



Leavenworth Golf Course

Hosted Lodge Needed: Bothell Golfers

DEADLINE TO REGISTER BY August 1, 2023.
No exceptions.

ALL AGES EVENT

ADVANCE TICKETS

\$125 per player, including golf, cart, lunch and banquet. \$30 per additional banquet plate for Guest.

LODGING

On your own. Many Hotels in the area and VRBO.

CONTACT

Laurie Berg
Laurieberg.tb@gmail.com

August 19th SON D2 Golf Tournament

July 15, 2023 Trollhaugen Lodge

Heading East on I-90 take Exit # 62 onto Stampede Pass Road.
Turn right at stop and continue for approx. 1 mile. Driveway is on the left.
Address: 314 Stampede Pass Road
Easton, WA 98025



Ski For Light

Golden Year - Ski for Light Puget Sound is turning 50 next year! The program was started by Knut and Svea Karlsen in December 1974 with just two blind skiers. One of the skiers is still around. Back then, she was a high schooler and today she is a grandma!

2024 Ski Dates

January 6, January 20, February 10, February 24, March 9, March 23



District 2 Convention 2024 – “Better Together” At the District 2 Board meeting in September, the District 2 - 2024 Convention was awarded to Tordenskjold & Harald Haarfarger Lodges to be held in beautiful Coeur d’Alene, Idaho. Planning is well underway, led by Chair Pamla Silk and Co-Chairs Cynthia McManus and Darrin Lee. The slogan is “Better Together” and the logo is our traditional woven red and white heart, which will also serve as the paddle design! The woven heart showcases that working together, as members in a lodge, lodges with other lodges, Zones, our District 2 and throughout the rest of Sons of Norway; we will be better equipped to navigate challenges, celebrate our successes, and grow to sail smoothly into the future. Zone 5 Lodges Tordenskjold and Harald Haarfarger coming together to bid for and host the 2024 Convention is an example of “Better Together”.

The Scandinavian Hour

with your host
Seth Tufteland



Saturday & Sunday 6:00-7:00am, Saturday 9:00-10am

Stream us online at <https://1150kknw.com/listen-online>

Visit our website at www.thescandinavianhour.org

Advertising opportunities available

Music, News, & Interviews for the Scandinavian Community

EDMONDS LODGE CALENDAR

May 17th 6 pm

May 23, 4-8 pm

June 14, 7pm

June 25th 11 am to 6 pm

July 4th 12 to 2 pm

July 8th starts at Noon

July 16th 12 to 4

17. Mai Parade in Ballard

Lodge Social Meeting at Masonic

ZOOM Board & Business Meeting

Midsommarfest St Edwards Park

July 4th Parade in Edmonds

Borderfest Peace Arch Park at Blaine

Edmonds Lodge Summer Picnic at Lake Joy

SMARTER PLANNING



Sons of Norway has some of the very BEST Life Insurance and fixed annuity rates in the country!

Life insurance Benefits:

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to Charity



Sons of Norway
Edmonds Lodge 2-130

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PO Box 1651

Edmonds, WA 98020-1651

Website: www.edmondssonsofnorway.org

**ADDRESS SERVICE
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