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May 12th is the next online zoom meeting for the Edmonds Lodge!

For **Edmonds Lodge**, May is the month we do our annual **memorial meeting**. It is this Wednesday, May 12th at 7pm via Zoom. Unfortunately, we did not have a meeting last year, so we will be celebrating the life of members lost over the past two years. They include Erik Breivik, Rick Bueing, Christina Bumala, Amos Chapman, and Astrid Thompson. Following the ceremony, our District 2 President Jerry Erickson will give a short talk on the 17th of May in Norway. Please join us for this Lodge zoom meeting.

Join using this address:

https://us02web.zoom.us/j/88149115735

or

by phone: (253)215-8782 code: 88149115735#

Smooth Sailing



Are you taking advantage of the biggest benefit to membership? Sons of Norway was established to offer its members a brighter future. Everyday that is exactly what Sons of Norway provides.

Call for a review with Mike, our very own Sons of Norway Financial Benefits Counselor. For "Friends and Family of SofN members, this review is free. mike@pacificfa.com (206)446-2222

Presidents Message



May is here and May is an important month in Norway. Of course, **syttende mai** (17th May) is first and foremost; it is Constitution Day and public holiday. But as with last year, parades will probably not take place. Other events are still under consideration. It is a public holiday and an official Flag Day. There are three other official Flag Days this year in May: May 1st is **Arbeidernes Dag** (Labor Day); May 8th is **Frigjørings Dagen** (V_E Day); and **Pinsedag** (Pentecost), a floating day occurring May 23rd this year. So, raise your Norwegian flags and do something festive at home!

Our Lodge meeting last month featured Daniel Johnson, Executive Director of the new Edmonds Waterfront Center, which houses the Edmonds Senior Center. He showed a short video of the building stage over the last year. It is now complete and green! Solar panels cover the roof. The building is owned by the Edmonds Senior Center. The City of Edmonds owns the property (land). We have a 55-year ground lease with the City of Edmonds. In the partnership, the Edmonds Senior Center will offer programs focused on seniors Monday-Friday from 8:00am—4:00 pm. The City of Edmonds Department of Parks, Recreation, and Cultural Services Department will offer programs Monday-Thursday from 4:00pm- 10:00pm. On Friday evenings and weekends, the Edmonds Waterfront Center will be used as a rental venue. All rental revenue will be used to support senior programs at the Edmonds Waterfront Center. It has two stories, and the second floor has community meeting rooms that can be used by community groups no charge. Perhaps our lodge could have some activities/meetings there? If you live in the area, consider becoming a member; it is only \$25/yr. for an individual. And yes, your President has become a member. Visit https://www.edmondswaterfrontcenter.org/ for more information. Drive by; it is beautiful.

District 2 held a **Virtual all Zones Workshop** last month. We had folks from all 6 zones, and it was great to see their faces on Zoom! A lot of good ideas were shared including a virtual Gingerbread House contest by Normanna. Hear more about it at our May Lodge Meeting.

Our Lodge Meeting this month (5/12 at 7pm) is our Memorial Remembrance. It is usually an annual event for us, but we missed it last year due to the pandemic. Although the pandemic is still with us, we have become adept at Zoom meetings and will conduct our memorial service on Zoom. We will cover two years, from May 2019 to May 2021. Kris Johansson will play music.

We have three applications for our **student scholarships** this year. Students who graduate both in 2020 and 2021 were eligible. The Scholarship Committee will be convening soon to make final decisions.

Keep Active. And for the kids in your family, check out the "JUST FOR KIDS" at <u>sofn.com/justforkids</u>. For everyone, do read the Viking Magazine this month; there are 17 suggested ways to celebrate syttende mai close to home!

What will this summer bring? As always it depends on the trends in covid-19 infections, so get your vaccinations as soon as you are eligible, but also continue to wear a mask and social distance. We are hoping we can have our Edmonds Lodge outdoor picnic in July but stay tuned for updates on that.

Fraternally, Norma Jean Sands





We are meeting on ZOOM Join us!

See page 6 for details on how you will be able to participate!

Your support is appreciated and needed. Donations of time to your Edmonds lodge and the local charities count towards our non-profit status...remember to track it



Edmonds Lodge Officers

Executive Board

President: Norma Jean Sands
Vice President: Jane Bueing
Secretary: Shirley Lovelace
Treasurer: Phil Kollen

Fin. Secretary: Loren Krusenstjerna Counselor: Waldo Bueing

Directors

Social Director: Eli Krusenstjerna Cultural Director: Roberta Morrow Asst.Cultural Dir: Shirley Lovelace Sports Director: Glenda Nelson

Youth Director: Vacant

Foundation Director: Erlene Stevenson

Financial Benefits: Mike Dyal (425) 243-4521

Trustees

Marshall: Bob Turcott
Trustee: Harold Setran
Trustee: Jane Beuing
Trustee: Eli Krusestjerna

Support Officers

Musicians: Kris Johannsen
Librarian: Fay Setran
Information: Erlene Stevenson
Historian: Donna Stewart
Website Support: Donna Stewart
Newsletter Editor: Mike Dyal

Newsletter Distribution: Shirley Lovelace

& Norma Jean Sands

Vacant

Scholarship: Turid Bouchoukian

Sunshine: Shirley Lovelace

Publicity Director:

Building Liaison: Vacant Greeters: (alternating) All board members

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Sunshine Report

When an Edmonds Lodge Member needs some cheer, please contact our Cheer Volunteer:

Shirley Lovelace, 206.708.0344 Her email is: grannyslovelace@gmail.com

May you day be as bright as the flowers in May.





Leif Erikson Lodge welcomes everyone to celebrate Syttende Mai. We will have a drive/walk-through dessert and coffee from 4:00PM - 6:00 PM. Blødtkake and krumkake.

Enjoy your treats as you listen to your favorite Scandinavian folk tunes by the Sølje Sisters.

Join in the Parade Walk starting at Scandinavian Specialties where you can enjoy pølse and Solo (A classic Norwegian orange pop). Between 5:00 PM - 5:30 PM walk on down to the Lodge for dessert. Bunads and flag waving highly encouraged!

HAPPY BIRTHDAY

EDMONDS LODGE MEMEBERS
(IF WE MISSED YOU, PLEASE LET US KNOW)

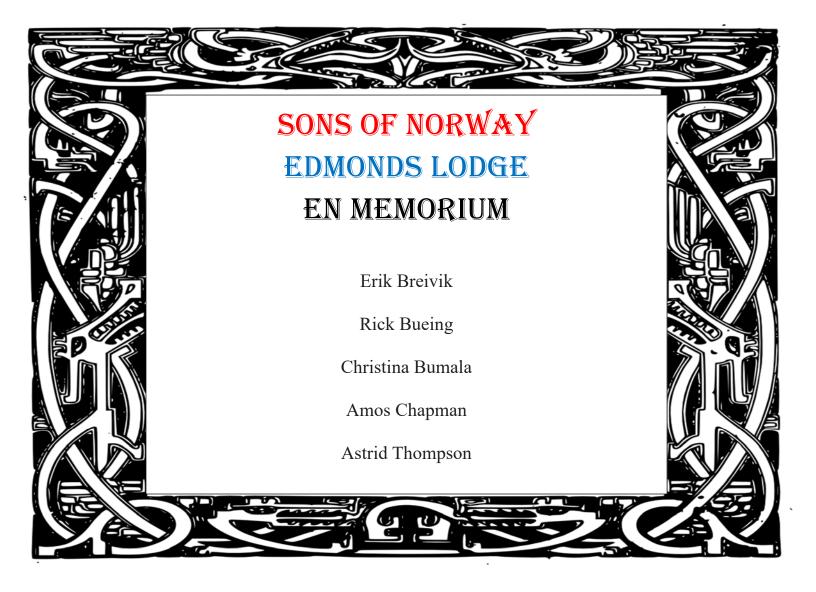




Why join Sons of Norway? Because there's a little bit of Norway in all of us!

<u>Find out how</u> you can explore Nordic heritage and culture as a member of the Sons of Norway family. Daughters, sons and friends of Norway are welcome to join. Norwegian ancestry is not required.

Members have enjoyed celebrating the heritage, culture and caring values of Norway though Sons of Norway membership for 125 years. Here's what you get as a member of our Sons of Norway family...



Join us in for our special Memorial on May 12th at 7:00 pm

Join using this address:

https://us02web.zoom.us/j/88149115735

or

by phone: (253)215-8782 use code: 88149115735#

If you want a tutorial in ZOOM prior to the meeting, please email: edmondslodgewebmaster@gmail.com or call Donna at: 206-251-5446

Note from the Editor:

Is something missing in the newsletter? Please send your notifications no later than the 21st of each month to Mike @ The editor's e-mail: edmondslodgeeditor@gmail.com

Lodge Website:

https://edmondssonsofnorway.weebly.com/

What is Sons of Norway? A vibrant community, rich in tradition.

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.

News from Northern Norway

Hvaldimir, the beluga whale, is still hanging about in the area. As of March he was seen hanging out under the nets of nearby fish farms in the Bodø region. If you remember, Hvaldimir is the male beluga whale first spotted off the north coast of Norway, near Hammerfest, in April 2019, wearing a camera harness. The harness was removed but the whale continued to stay in the area. There was speculation that he was a Russian spy! Therefore, the name Hvaldimir, a play on the Norwegian word for whale, hval, and the name Vladimir Putin.

Sons of Norway Foundation News

Remember the SofN foundation in your estate planning, a small gift can make a world better.

You can also give online at: www.son.com

Foundation programs include:

- Helping Hands to Members Grant
- Funds available for lodges
- Funds for members

ATTENTION:

Want to serve? Contact a board member now!

Members, please keep a record of all service hours and share them with a board member.

Service hours are so important to keep our non-profit Fraternal Tax Designation-everything else works from this!

IDRETTSMERKE Sports & Fitness Medal Program



Sons of Norway's Sports & Fitness Medals:

Be Active, Be a Viking! Track your activity-any activity counts towards a personal achievement medal.

SAVE YOUR CANCELED STAMPS

Cut around the canceled stamps, leaving 1/2" around the stamps, so as not to damage the perforations, and bring them to the lodge. This is an ongoing service project. Tubfrim appreciates your contribution.

20 Fun Facts About Norway

- 1. National Symbol- The exotic Lion
- 2. **Skiing-** Norwegians invented skiing some 4000 years ago. The island of **Rødøy**, in northern Norway, is home to rock carvings that date aback 4000 years.
- 3. **Winter Olympics-** Norway has more medals in the Winter Olympics than any other country with over 368 since the first Olympic games were held in 1924.
- 4. **Viking Fashion-** The Vikings **DID NOT** wear helmets with horns. However, they did drink from polished horns. Their favorite drink- Mead, a type of fermented beer-like drink.
- 5. **Viking Superfoods-** The Viking diet was more varied and healthier than expected. Their traveling gave them access to spices. They also enjoyed skyr, a fermented creamy yogurt-like cheese.
- 6. **Vinmonopolet** The state controlled alcohol consumption board. (Conundrum They want to limit consumption of alcohol, but also want the revenue that tax on wine brings!)
- 7. **Coffee Consumption** Norwegians are fond of their alcohol but also fine black coffee consumers. Only second to Finland.
- **8. Dublin-** The Norwegians founded the city of Dublin, Ireland in AD836.
- **9. Literature-** Norwegians read more than any other population in the world.
- **10.** The Scream- Most famous artwork to come out of Norway.
- 11. Minnesota- The unofficial Norwegian capital of the United States. \
- 12. North Cape- Northernmost point in Europe
- **13. Svalbard-** An island close to the North Pole that requires you to carry a gun due to the threat of polar bears. (A foreigner cannot fly from Longyearbyen to Tromsø, but a Norwegian can! Had to fly to Oslo then back up to Tromsø!!)
- **14. Sognefjorden-** Largest fjord in Norway and 2nd largest in the world.
- **15. Loerdal Tunnel-** Worlds longest road tunnel at 24.5 km or 15.2 miles
- **16.** Hardangervidden- Biggest mountain plateau in Europe. It is home to the largest population of reindeer in the world.
- 17. The Sami's- Half of the worlds Sami population live in Norway.
- **18. Stave Church-** Norway's most famous architectural invention. Today there are only 28 left out of 1000 built. A new construction: The winter storms had carried in lots of rubbish and the beaches near Fredrikstad, Norway, were covered in litter. Are these the footprints we want to set in nature? one asks. This European autumn 35 volunteers led by traditional boat-builders from Fredrikstad began creatingHope Cathedral. It will combine wooden construction with the ocean plastics, says Anne Skauen, the project manager.
- **19. Troll Car-** Only in Norway would you find the car brand of "Troll". (only 5 cars were made) They also produced the "Think" car.
- **20.** The paperclip- Patented by Norwegian, Johan Vaaler, in 1890. He called it the "konaclip" but it did not have the last turn of the wire and was less practical than current versions. His looked more like the rune Othala.

TROLLHAUGEN



2021 ANNUAL STEAK FRY

We are planning for a great day in the Cascade Mountains at your Trollhaugen Lodge

Come and participate in the Family and group activities we are planning for the day. All activities will start at 10:00 AM. District 2 invites you to a Horseshoe and Kubb tournament, starting at 10 AM more to come. We will also notify everyone if there are any other changes. Safety concerns will be in place at the lodge.

Come and be part of a great experience and enjoy an excellent dinner.

There will also be salmon available instead of steak.

When ordering please specify whether you would like steak or salmon.

Kids meal for \$5.00 ages 12 and under.

Come for the day and enjoy your lodge

When: Taly 17th 2021 Happy Hoar (B40B): 2:30 pm Dinner

Tickets are \$25.00 Reservation deadline: **7 July 2021**For dinner reservations: **Contact Bill Hicks (425) 672-0194** or e-mail at: Hicks1015@msn.com

For overnight reservation contact the Trollhaugen Managers. Trollhaugen phone is (509) 656-9997 or e-mail Trollhau@outlook.com

Cardamom ice cream

Cardamom ice cream has all the sweetness of an ice cream and yet the fresh, strong bite of <u>cardamom</u> hits the taste buds with a punch, in the best of ways, of course.

Ingredients

- 2 cups whole milk
- 6 cardamom pods (crushed)
- 4 egg yolks, discard egg whites
- 3/4 cup sugar
- 2/3 cup heavy whipping cream

Directions

- In a medium-sized saucepan combined the whole milk and crushed cardamom pods. Slowly bring to a boil.
- Once the milk and cardamom mixture is boiling, remove saucepan from the heat source. Now cover the saucepan and allow the pods and milk to sit for approximately 30 minutes. This allows for the flavors of the cardamom to become infused in the milk.
- After 30 minutes, strain the milk through a small mesh sieve, discarding the crushed cardamom pods. Place the infused milk back into the saucepan and set aside.
- In another mixing bowl begin to beat the egg yolks and sugar until it reaches a thick texture and is off cream in color.
- Carefully reheat the milk so it is warm and pour a small amount into the egg mixture and beat in. Now pour the entire egg mixture into the saucepan with the milk and return to low heat.
- Stir until the mixture is custard-like and sticks to the back of a spoon. DO NOT ALLOW THE CUSTARD TO BOIL.
- When this perfect consistency is reached, remove the saucepan from the heat and continue to stir until it cools almost completely. Then, pour in the heavy whipping cream and fold it into the custard.
- Lastly, freeze this blend in and ice cream maker according to the manufacturer's instructions. Very lastly, enjoy!

If you've already got a food processor, the food processor method is the closest to an ice cream machine you can get. You can use any ice cream recipe you've been eyeing and have hand-churned ice cream in a single day, even with freezing time. No food processor, but plenty of freezer space? Try the ice bath-and-hand mixer method. This method will take a little more time, but will give you scoop shop-quality ice cream at home. Finally, the freeze-and-stir method can work for any home cook with minimal equipment, even if it keeps you tied to the kitchen most of the day. There is literally no excuse for not making ice cream at home this summer; there's a machine-free method for every kind of kitchen and home cook.



Syttende Mai Taste of Norway May 14 & 15

Celebrate in Little Norway!







Friday Norwegian Meatball Dinner
Bazaar ~ Scavenger Hunt
Taste of Norway Ethnic Food
Beer & Mimosa Garden
Viking Bonfire

Poulsbo Sons of Norway • 18891 Front Street • Poulsbo Sons of Norway.com





Happy
Mothers
Day to all
Lodge
Women of
Edmonds.

Life Journeys: Travel Writer and T.V. Host Rick Steves

https://anchor.fm/davidellingson/episodes/Life-Journeys-Travel-Writerand-T-V--Host-Rick-Steves-eg7nf5

Check out this awesome interview on Rick Steves

DISTRICT TWO GOLF TOURNAMENT

August 14, 2021



Sun Country Golf Course

841 ST ANDREWS DRIVE CLE ELUM WA 98922

Hosted by: Bothell Lodge

ALL AGES EVENT

ADVANCE TICKETS

\$120 per player, including lunch and banquet. \$25 per additional banquet plate.

LODGING

Three options: Hotel of your choice. RV park @Golf Course. Trollhaugen Lodge.

CONTACT

Laurie Berg (District 2 Sports Director) (206) 235-5558 Laurieberg.lb@gmail.com

Please fill out and return registration form on second page to:
Attn: Golf Tournament Laurie Berg
Bothell Lodge
PO Box 492. Bothell WA 98041
with an attached check made payable to:
Bothell Sons of Norway

May Kalender

May- The Month of Merriment

May 1st May Day

May 5th Cinco de Mayo

May 8th Pancakes at Bothell Lodge

May 9th Mothers Day

May 12th Edmonds Lodge Meeting

May 14th-15th Syttende Mai at Poulsbo

May 17th Norway Constitution Day (Sytten de Mai)

May 31st Memorial Day

Edmonds Lodge volunteers work hard to make our lodge the best it can be.

Thank you for all you do to support our community and lodge.



Retirement is based on planning, preparations, protection and years of contributions. Be safe and smart in your

future investing



Sons of Norway Edmonds Lodge 2-130

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PO Box 1651 Edmonds, WA 98020-1651

Website:

www.edmondssonsofnorway.weebly.com

ADDRESS SERVICE REQUESTED