

## EDMONDS LODGE 2-130 SONS OF NORWAY



May 2<sup>nd</sup> 2020 \* Nyhetseksplasjon

CANCELLED: May Lodge Activities including the May Pancake Breakfast

### Fra President

This is the second of a series of **nyhetseksplasjoner** (news blasts) that I have initiated to keep communication up between our members during these trying times.

Governor Inslee just extended the stay-at-home order to May 31st. Continue to take this pandemic seriously, stay home, and practice good hygiene. When you need to go out, wear a mask. While we may think them uncomfortable, in those countries where they more routinely use them (e.g., in Asia) the virus spread is reduced! It is not going down in the US as of yet. Being in a high-risk category of being seriously sick if I contract the virus, I take precautions. I do get out daily to walk my dog. I even occasionally risk getting a coffee at the coffee kiosk up the street, but wearing mask. It does make it hard to drink said coffee, so I wait til I get home.

Edmond Lodge is supporting the local food banks in this time of need. We have sent \$100 each to the Edmonds Food Bank and the Lynnwood Food Bank.

1. We received a very nice thank you letter from the Edmonds Food Bank for our donation of \$100. During the third week of April they served close to 475 families.
2. We received a similar thank you letter from the Lynnwood Food Bank for our \$100 donation to their organization. They typically serve 150-300 families per week. In the week beginning April 13, they served 682 families. Obviously, our Food Bank donations have meant a great deal to these organizations, and to our communities.



How did it get to be May already? Another Edmonds Pancake Breakfast lost to the pandemic. And worse still, no **17. Mai Parade**. But let's have a virtual parade. Send in a picture of you waving the Norwegian flag and send it to Nikki (e-mail and phone are below). She has volunteered to make a collage of the pictures to share on the 17<sup>th</sup> of May. I have put together my outfit for the Parade as seen in photo below.

Vær så snill, kle seg ut, og send inn foto av deg selv!

How is your Norwegian practice coming? There are several places online where you can learn. Duolingo that I mentioned last time and also the SON website. So you are not learning Norwegian? What are you doing to utilize your home time. Even if you have reached the stage (retired and elderly) that you spent a lot of time at home before the pandemic, being told you should stay in is different and makes you realize how much you did go out, or had friends over to visit. Such is it with me. I have my niece do the shopping for me. And I am working on Norwegian handcrafts that I started from many years to months in the 1970's when living in Norway! I finished a rug I started at the Adult card woven belt I started at the Heritage Retreat at Trollhagen several years back.



## Please dress up and send in a photo of yourself.

More activities are being postponed or cancelled as our “stay-at-home “ time is extended. The summer District 2 Summer Youth Camps have been cancelled for this year. See the letter from Doug Quammen below.

We are still hoping that things get better in July. Two District 2 sport events are still on the schedule.

Annual Steak Fry at Trollhaugen, on Saturday, July 18th, starting at 10:00 a.m. with a Horseshoe Tournament. Cost \$22.00. After July 10th, the cost is \$25.00. (Steak or Salmon is available.) Kids meal is \$5.00 - for ages 12 and under.

District 2 Golf Tournament. August 1st, Leavenworth Golf Club - \$95.00 per player, including lunch and banquet.

However, the Border Fest in July has been cancelled. The US/Canada border is closed to all non-essential travel through at least May 16<sup>th</sup> and it is not certain if it will reopen then.

Greetings to all,

We are all seeking some order among the chaos. With the ongoing pandemic situation, and after reviewing our options, the Language Camp Committee has chosen to err on the side of caution. With heavy hearts, we will be postponing this year's camps. This is new territory for everyone.

Behind the scenes, there is a lot of organization, prep work, planning and staffing for camps. As so often happens in this life, obstructions and impediments can open us to fresh approaches to problem solving. We have a lot of staffers who have a lot to share with their campers. They have a lot of pent up energy to share with campers and are not going to let a little thing like no camp be an impediment to their sharing. Our goal is to present camp applicants with activities and projects over the summer that will give them some continuity with the camps. We have a bunch of previous camp tee shirts we'll be sharing with our campers. Volunteers have provided us with custom pillowcases. This is all part of the camp experience. We are also going to be generating some YouTube videos for instructions, music, language and lectures. New territory, new adventures.

Please be patient with us as we explore this new territory. You haven't been here before and neither have we. In the end, I hope we are all a little bit older and a little bit wiser.

Our Scholarship Committee had quite a task this year, making a recommendation for the Carl M. Saltveit Scholarship, to attend International Summer School at the University of Oslo. All applicants were highly qualified. I am proud to announce that Karissa Stevens was selected for the scholarship. With ISS cancelled this year, Kari will be able to apply her scholarship next year. Gratulare Kari!

Meanwhile, we must, individually and collectively, hunker down and take care of ourselves so that we can take care of each other.

Fraternally, Doug Quammen  
D-2 Youth Director.

Keep safe, but keep active. Help your neighbors in need, and don't be afraid to ask for help if you need it. While we keep apart physically, hopefully we stay closer through social media, the phone, or waving to our neighbor on the other side of the street.

Fraternally, Norma Jean Sands, President

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Here is a poem that has gone viral on the internet. It was written by a contemporary poet for this pandemic. It was mistakenly attributed to Kathleen O'Meara in 1869 for a previous pandemic. It is beautiful and poignant so I include it here.

### **By Kitty O'Meara**

And the people stayed home.  
 And read books, and listened, and rested,  
 and exercised, and made art, and played games,  
 and learned new ways of being, and were still.  
 And listened more deeply.  
 Some meditated, some prayed, some danced.  
 Some met their shadows.  
 And the people began to think differently.  
 And the people healed.  
 And, in the absence of people living in ignorant,  
 dangerous, mindless, and heartless ways,  
 the earth began to heal.  
 And when the danger passed, and the people joined together again,  
 they grieved their losses, and made new choices, and dreamed new images,  
 and created new ways to live and heal the earth fully,  
 as they had been healed.

*These nyhetsekspløsjoner (news updates) are going out by email only. A quarter of our members do not supply an email address to SON when renewing their membership. If you know of a member who only received postal mail, let them know, and if they have an e-mail we could use, let Melissa Johnson, Newsletter distributor know ([missyinedmonds@outlook.com](mailto:missyinedmonds@outlook.com)). Remember that you can also view our newsletters, updates on Lodge events, and current news on our website at [www.edmondssonsofnorway.org/](http://www.edmondssonsofnorway.org/) Thank you.*