

EDMONDS LODGE 2-130
SONS OF NORWAY
EST 1983

Edmonds *sterkt lys*

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Edmonds Lodge Summer Picnic Sunday July 18 at Lake Joy.

Starts at 11am

Bring one and all!

Enjoy the lake, the friends and the summer together at Lake Joy Sunday, July 18th.

Potluk Fun for all.
BBQ is available for use

The event of the year!

Tax Update

Taxes are going up. They must. If you are on a fixed income that is taxed, you should consider converting that money into a tax-free plan this year. Though the Federal tax proposal looks like a long shot-given the political environment-be aware that new estate death taxes, capital gains taxes, and income-tax increases are coming.

In WA we have a slew of taxes coming out over the next few years. The most urgent is for WA workers-a payroll tax for Long Term Care insurance is now in its final months of preparation. To opt out, you must have a plan in place by October 2021. Mike solves tax and estate concerns, contact Mike @: mike@pacificfa.com (206)446-2222



Presidents Message



Presidents Message for Summer Newsletter

Summer is here and it is definitely time to get out and enjoy the outside. But caution is still advised. Protection from covid by the vaccine varies among recipients. And we still need more folks in our communities to get vaccinated. While more activities are opening up, folks must decide for themselves what is best for them. However, there are several SON and Scandinavian outdoor or virtual activities planned.

Norwegians start their summer festivities with Midsummer Night's Eve, 'St. Hans Aften', or 'Jonsok-kveld', celebrated on **23rd June**. The celebration includes partying, good food, music, dancing, and huge bonfires. The burning of bonfires was thought to have special cleansing powers and used to expel evil spirits. To celebrate here in our area, virtually follow what Skandia is doing at <https://sites.google.com/view/skandiamidsommar>.

There are rumors that there may be a modified **July 4th Parade** in Edmonds, and we at Edmonds Lodge want to be ready. Last summer a crew, led by Xander Siqveland, came together to breath new life into Thor the Viking Ship. But work needs to get it finished for a parade. Kirk Siqveland will be hosting two outdoor work-parties, **June 12th and 26th**. We need volunteer workers, so please consider helping! See the notice elsewhere in this newsletter for place and hours. Then plan to join us in the Parade! We will send more information later as more is known about the event.

Edmonds Lodge is planning to hold our summer picnic again (we missed last year) at **Lake Joy Sunday July 18th**. We will have a barbecue grill going, but folks should bring their own food for grilling and consumption. There is plenty of space to social distance, with different family groups at different tables. Lake Joy is near Carnation. When I asked Glenda Nelson, our host, for directions, she said there is so much construction going on this summer that it is best to use GPS. We will provide more information as we get closer to the time.

District 2 is planning on holding the annual Steak Fry (Salmon also served) at **Trollhaugen July 17th**. Reservations are required. Also, the annual Golf Tournament is planned for **Cle Elum August 14th**. There were posters in last month's newsletter giving more details. And the long-awaited return of the Doreen Parker Adult Heritage Retreat is on the books at Tollhaugen for September 17-19. Let us hope that this can take place. Planning is ongoing to see how this will work and what restrictions will be in place.

We had three applications for our Edmonds Lodge **student scholarships** this year. Students who graduated both in 2020 and 2021 were eligible. The Scholarship Committee has approved that all three will be awarded \$1,000.

Our Lodge Meeting last month (5/12) was our Memorial Remembrance. It was a beautiful event, still by Zoom. Kris Johansson played **Kirke Marsj (Church March) and Nidelven**. The ceremony was followed by a program about May 17th celebrations in Norway given by Jerry Erickson, our District 2 President. Our next Lodge meeting will be in **September** and hopefully we will be back to in-person meetings at the Masonic Center. Those familiar with the new pay parking regime next to the Masonic Center will be relieved to know that parking to attend our Lodge meetings will be free. We will need to identify our vehicles as belong to SON members and we will be providing decals that folks can use.

Will we be able to have our famous and anticipated **Pancake Breakfast in October?** (First Saturday of the month.) This will not only depend on the status of the pandemic but on getting new volunteers to coordinate, plan, serve, and flip pancakes!!! A lot of the people who made this event happen in the past, have either passed on or are no longer physically able to perform many of the duties required. Yes, it seems that our active members are an aging bunch, enthusiastic, but . . . We need some younger folks to step forward and help continue this traditional event. Please contact me if you would like to help.

Fraternally, *Norma Jean Sands, President*





Edmonds Lodge Officers

Executive Board

President: Norma Jean Sands
 Vice President : Jane Bueing
 Secretary: Shirley Lovelace
 Treasurer: Phil Kollen
 Fin. Secretary: Loren Krusenstjerna
 Counselor: Waldo Bueing

Directors

Social Director: Eli Krusenstjerna
 Cultural Director: Roberta Morrow
 Asst.Cultural Dir: Shirley Lovelace
 Sports Director: Glenda Nelson
 Youth Director: Vacant
 Foundation Director: Erlene Stevenson
 Financial Benefits: Mike Dyal (425) 243-4521

Trustees

Marshall: Bob Turcott
 Trustee: Harold Setran
 Trustee: Jane Beuing
 Trustee: Eli Krusestjerna

Support Officers

Musicians: Kris Johannsen
 Librarian: Fay Setran
 Information: Erlene Stevenson
 Historian: Donna Stewart
 Website Support: Donna Stewart
 Newsletter Editor: Mike Dyal
 Newsletter Distribution: Shirley Lovelace
 & Norma Jean Sands
 Publicity Director: Vacant
 Scholarship: Turid Bouchoukian
 Sunshine: Shirley Lovelace
 Building Liaison: Vacant
 Greeters: (alternating) All board members

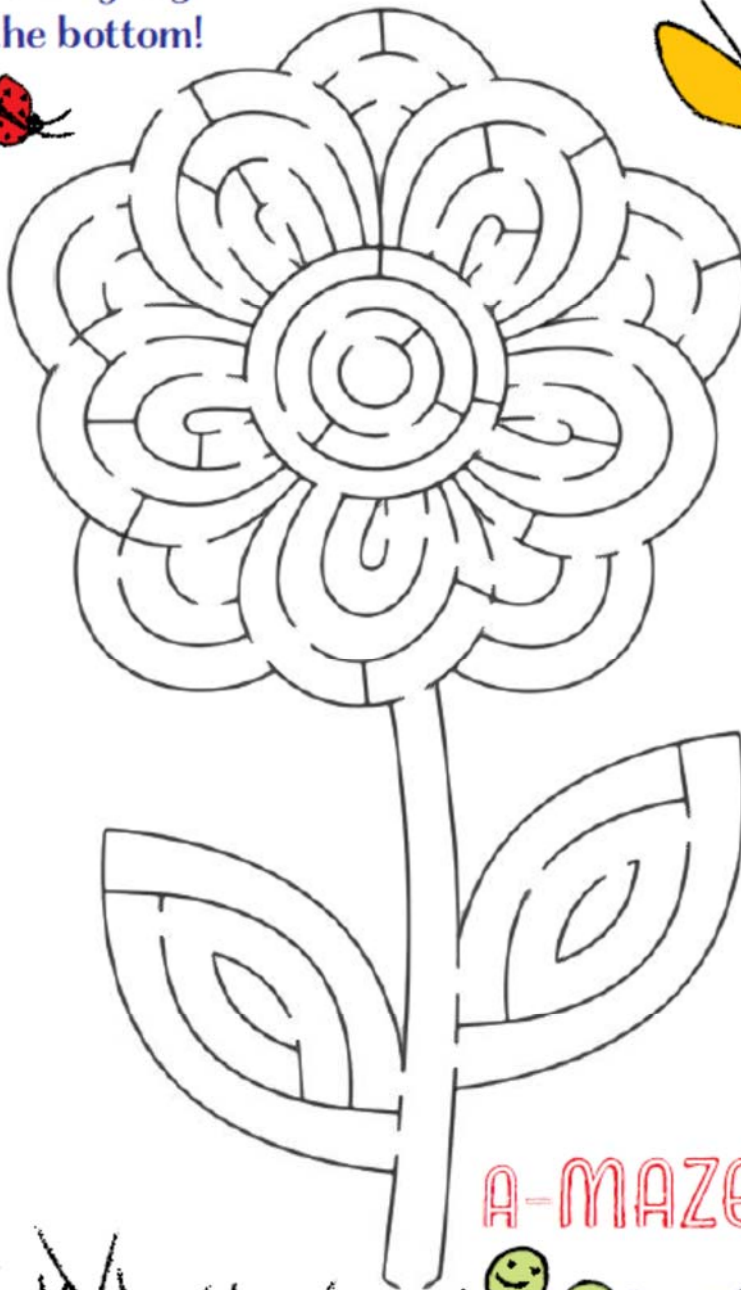
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Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer: Shirley Lovelace, 206.708.0344** Her email is: grannyslovelace@gmail.com

Help the ladybug
get to the bottom!



A-MAZE-ING!



HAPPY BIRTHDAY!

EDMONDS LODGE MEMBERS
(IF WE MISSED YOU, PLEASE LET US KNOW)

June Birthdays

- 
- 1 Susan Lovelace
 - 5 Eli Krusenstjerna
 - 6 Kristjan Pedersen
 - 7 Kai Rogers
 - 8 Rose Scott
 - 9 Adrianna Alvarez
 - 9 Karen Schaefer
 - 10 Joann Blevins
 - 11 Laurence Burris
 - 11 Harold Malnes
 - 11 Elise Shoey
 - 12 Jaden Stevenson
 - 13 Mary Lambert
 - 17 Robert Steed
 - 18 Magne Nes
 - 20 Anne-Lise Deering
 - 21 Theresa Baird
 - 24 Luke Rogers
 - 27 Roberta Steed
 - 28 Lorna Turcott
 - 30 Maya Rogers

July

- 1 Shirley Lovelace
- 1 Helen Graham
- 4 Marlene Curry
- 4 Chris Richins
- 6 Kimberly Fay
- 8 Teresa Pape
- 8 Erlene Stevenson
- 12 Kris Johansson
- 14 Margaret Fagerland Tangen
- 19 Douglas Hansen
- 21 Elizabeth Aplin
- 21 Charles Gunderson
- 25 Waldo Bueing
- 25 Carl Field
- 26 Judith Roller
- 27 Ann Patterson
- 28 Norma Fuhrman
- 28 Sheri Richardson
- 29 Sam Molvik
- 30 Edna-Mae Olufson Smith

August

- 
- 2 Carl Field
 - 4 Roger Olson
 - 6 Jack Bjorge
 - 6 Brian Harris
 - 6 Marsha Reiersen
 - 7 Glenda Nelson
 - 7 Sylvia Hustad
 - 8 Robert Turcott
 - 9 Jenny Bueing
 - 11 Henry Torget
 - 12 Kirk Siqveland
 - 13 Joan Miller
 - 16 Oliver Weakland
 - 21 Jane Bueing
 - 23 Jeff Lovelace
 - 24 Linda Gonzalez
 - 26 Lee Hewitt
 - 27 Ron Richens
 - 28 John Hustad



Why join Sons of Norway?
Because there's a little bit of Norway in all of us!

[Find out how](#) you can explore Nordic heritage and culture as a member of the Sons of Norway family. Daughters, sons and friends of Norway are welcome to join. Norwegian ancestry is not required.

Members have enjoyed celebrating the heritage, culture and caring values of Norway through Sons of Norway membership for 125 years. Here's what you get as a member of our Sons of Norway family...



Thor Work Parties: Help us Get our Float a-float!

In preparation for the 4th of July parade, we would like to get "Thor"

the Viking-Ship float properly deck-out. There is still some work to do to look our best for the 4th of July. Kirk Sigveland, will be hosting two outdoor work-parties to fit Thor with a skin, spruce up the Bright-Work and make sure all the fittings are back in place.

Folks are welcome to come help, or to bring lawn chairs and cheer us on (or both).

19105 92nd Ave W, Edmonds WA 98020 - 206-856-9362

June 12th, 2pm - 6pm &

June 26th, 2pm - 6pm

**National Nordic Museum, 2655
NW Market St., Seattle: Exhibition
- Sublime Sights: Ski Jumping and
Nordic America**

Available through the summer

What are Sons of Norway? A vibrant community, rich in tradition.

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.

MIDSOMMER FEST

JUNE 19, 2021 @ 11:30AM - 10:00PM

St. Hans (Mid-Sommerfest)

Come to Waterfront Park in Poulsbo to join in the Scandinavian tradition of the Summer Solstice. Enjoy folk dancing, meet Norwegian and Icelandic dogs, partake of traditional Norwegian cuisine in the lodge (3:30 – 6:30) and other activities. Enjoy the Viking Parade, lighting of the Bon Fire and Midsummer proclamation by Sons of Norway Vikings. Further information can be found at:

www.poulsbosonsofnorway.com

Sons of Norway Foundation News

Remember the SofN foundation in your estate planning, a small gift can make a world better.

You can also give online at: www.SoN.com

Foundation programs include:

- **Helping Hands to Members Grant**
- **Funds available for lodges**
- **Funds for members**

ATTENTION!!

Want to serve?

Contact a board member now!

Members, please keep a record of all service hours and share them with a board member.

Service hours are so important to keep our non-profit Fraternal Tax Designation- everything else works from this!

IDRETTSMERKE
Sports & Fitness
Medal Program



Sons of Norway's Sports & Fitness Medals:

**Be Active this
Summer! Be a
Viking! Track your
activity-any activity
counts towards a
personal
achievement
medal.**

SAVE YOUR CANCELED STAMPS

Cut around the canceled stamps, leaving 1/2" around the stamps, so as not to damage the perforations, and bring them to the lodge. This is an ongoing service project. Tubfrim appreciates your contribution.

Lodge Member Highlight: Roberta Morrow

My daughter Terry introduces me thus: "This is my mom. She is obsessed with Norway." That's pretty accurate! I was born in Minneapolis. My folks divorced when I was two, so Mom and I moved to Fort Dodge, Iowa and lived with her Norwegian-born mother and Swedish-born father. Thus began my obsession! She remarried when I was 8 and we moved to Algona, Iowa where we had a photography studio. After two years at St. Olaf College in Northfield, MN, I completed my BA at the University of Colorado in Boulder. I began downhill skiing. I still love to ski and enjoy our cabin at Lake Tahoe in California whenever it is not rented to vacationers. I love renting and sharing it with others who appreciate the mountains, lake, skiing and hiking.

I spent from September 1966 to October 1968 in Europe, studying art and languages in Paris and Florence, museum-hopping through 23 countries, and meeting family in Norway, Sweden and Switzerland, where my dad's folks were born. The daughter of a photographer and artist who lectured and taught on the convention circuit, I modeled for numerous famous photographers and lectured at state and national photographic conventions from Arkansas to Hawaii.

I moved to San Francisco in 1969, married Bill Morrow, and pursued a career as an IP technical writer and editor with Levi Strauss & Co. Terry came along in 1981. Bill died in 1999, within a year of moving to Edmonds.

I became enamored with rosemaling in Europe, and taught myself upon returning to the USA. Since then, I have studied with many Norwegian and American rosemalers, taught rosemaling in San Francisco and at Sons of Norway's D6 Camp Norge at Alta, CA to both children and adults, and through Community Education and at our Sons of Norway day camp in Idaho, and D2's camp. I continued painting and teaching to Daughters and Sons of Norway lodges as well as participating in craft shows. Although I don't paint now, I still belong to some rosemaling associations, and have served as newsletter editor and president of Western Rosemalers.

I joined Henrik Ibsen Lodge in San Francisco in 1974, transferred to Guldalen in Grass Valley while at Lake Tahoe, to Valhalla Lodge in Idaho, and finally to Edmonds Lodge. In Idaho, I founded a Sons of Norway day camp, and by the second year we had kids coming from three states!

My other interests include Hardanger embroidery, genealogy, Norwegian language, folk dancing and folk lore. I made Terry's confirmation bunad with a Hardanger blouse and apron, and also a blouse and apron for my mother's bunad. I also made Terry's wedding gown with her requested Hardanger embroidery trim. I taught Hardanger classes at home and through Community Education in Idaho, and also here.

In 2004 I completed a Genealogy and Family History certificate course at the University of Washington, and wrote a book about my Swedish grandfather. I have volunteered at the National Nordic Museum in Seattle as a docent lecturer and genealogy assistant. I performed with Leikarringen of Leif Erikson Lodge in Seattle and folk danced with the Skandia Folkdance Society. I went to Scandinavia studying folk dancing three times, toured Norway with the Scandinavian Language Institute; took a Bach, Handel and Luther tour of Germany followed by downhill skiing in the Italian Dolomites; cruised with Daughters of Norway to Alaska and also to the Baltic from England, stopping in Norway, Sweden, Denmark, Finland, Estonia and Russia. Such fun trips!

At Edmonds Lodge, I have served in many positions, earned many cultural medals, and managed the arts and crafts portion of our ScanFest for several years. In 2008, I took over as Social/Publicity Director for District 2, and later was elected Cultural/Foundation Director for a term.

I first joined Daughters of Norway as a charter member of Anna Kolbjørnsdatter in San Francisco in 1988, transferred to Valkyrien Lodge in Seattle, and then to Thelma Lodge in Everett. For 5 years I was editor of Døtre av Norge, the national publication of Daughters of Norway.

I am a life member of Vesterheim, the Norwegian-American Museum in Decorah, IA. I love giving programs on subjects like Vikings, immigration, rosemaling, Norway or trolls, and participating in the x-c events at Trollhaugen along with Terry and my two grandsons, Seth and Liam.

TROLLHAUGEN



2021

ANNUAL STEAK FRY

We are planning for a great day in the Cascade Mountains at your Trollhaugen Lodge

Come and participate in the Family and group activities we are planning for the day. All activities will start at 10:00 AM. District 2 invites you to a Horseshoe and Kubb tournament, starting at 10 AM more to come. We will also notify everyone if there are any other changes. Safety concerns will be in place at the lodge.

Come and be part of a great experience and enjoy an excellent dinner.

There will also be salmon available instead of steak.

When ordering please specify whether you would like steak or salmon.

Kids meal for \$5.00 ages 12 and under.

Come for the day and enjoy your lodge

When: July 17th 2021

Happy Hour (B4OB): 2:30 pm Dinner

Tickets are \$25.00 Reservation deadline: **7 July 2021**

For dinner reservations: **Contact Bill Hicks (425) 672-0194** or e-mail at:

Hicks1015@msn.com

For overnight reservation contact the Trollhaugen Managers.

Trollhaugen phone is (509) 656-9997 or e-mail Trollhau@outlook.com



One of the traditional uses for nettles in Norwegian cuisine is to make soup with them called “**brenneslesuppe**”. The soup is simple enough and sometimes features hardboiled eggs on top. Not only is this soup delicious, it was also promoted during war time as an abundant, free, and incredibly nutritious meal.

For an extra touch, I like to toss in a handful or two of peas. They add a lovely sweetness and brighten the soup even more.

This is such a simple soup to make and it’s so fresh. Nettles are available throughout the spring and summer season, so you can make this soup when you like, using younger leaves. You can use any stock you wish, but I did find that a good beef stock really enhanced the overall flavor.

Wild Nettle and Pea Soup (brenneslesuppe med ertre)

(Serves 4-6)

- 2 tablespoons butter
- 1 large onion, diced
- 2 handfuls of wild nettles leaves (about 4 cups), washed
- 4 ¼ cups (1 liter) good quality stock
- 2 cups (250 g) peas (frozen or fresh)
- Salt and pepper to taste

In a large, heavy-bottomed saucepan, melt the butter over medium-high heat. Add the onion and sauté until softened, 6-8 minutes. Toss in the nettles and cook 2-3 minutes. Add in the stock and peas. Bring to a simmer and cook, 5 minutes if using frozen peas or 10 minutes if using fresh, shelled peas. Carefully pour the soup into a blender and process until smooth or use a hand blender. Season to taste with salt and pepper. Ladle into bowls and serve while warm.

Source: North Wild Kitchen



Congratulations to the three recipients of our Sons of Norway Edmonds Lodge Scholarships for 2021!!!

- Ashley Carlson - Granddaughter of Al Vadset
- Lily Anderson and Kaleb Anderson (grandchildren of Harold Anderson)



**Happy
Father's
Day to the
Lodge
Viking
Men of
Edmonds.**

**Life Journeys: Travel
Writer and T.V. Host
Rick Steves**

<https://anchor.fm/david-ellingson/episodes/Life-Journeys-Travel-Writer-and-T-V--Host-Rick-Steves-eg7nf5>

**Check out this
awesome interview on
Rick Steves**



**Happy Father's Day to
the Lodge Viking Men
of Edmonds.**

DISTRICT TWO GOLF TOURNAMENT

August 14, 2021



**Sun Country Golf
Course**

841 ST ANDREWS DRIVE CLE ELUM WA 98922

Hosted by: Bothell Lodge

ALL AGES EVENT

ADVANCE TICKETS

\$120 per player,
including lunch and
banquet.
\$25 per additional
banquet plate.

LODGING

Three options:
Hotel of your choice.
RV park @Golf Course.
Trollhaugen Lodge.

CONTACT

Laurie Berg (District 2
Sports Director)
(206) 235-5558
laurieberg.lb@gmail.com

Please fill out and return
registration form on
second page to:
Attn: Golf Tournament
Laurie Berg
Bothell Lodge
PO Box 492, Bothell WA
98041
with an attached check
made payable to:
Bothell Sons of Norway

DISTRICT 2 HORSESHOE TOURNAMENT



Host Lodge: TBD

Game on!

Join us for a low stakes horseshoe tournament that will take place the morning of the Annual Trollhaugen Steak Fry.

Registration Starts at 9:30 AM

Tournament Starts at 10:00 AM

Donation of \$5 is requested for snacks.

If you have any questions about this event, please contact Laurie Berg: laurieberg.lb@gmail.com

To get your tickets to the Steak Fry, please contact:

Bill Hicks: (425) 672-0194

Hicks1015@msn.com

If you would like to stay for a night or the whole weekend, please contact the Trollhaugen Managers (509) 656-9997

Trollhau@outlook.com

July 17, 2021 Trollhaugen Lodge

Heading East on I-90 take Exit # 62 onto Stampede Pass Road.

Turn right at stop and continue for approx. 1 mile.

Driveway is on the left.

Address: 314 Stampede Pass Road

Easton, WA 98925



Edmonds Lodge Summer Picnic

Sunday July 18 at Lake Joy.

Location: 10773 East Lake Joy Drive NE, Carnation WA.
Party starts at 11. It is a potluck so bring your favorite summer dish or if you prefer to bring your own lunch ok. BBQ Grills are available if you choose to grill.
Let's see how many we can get there!!

FREE HERITAGE MEMBERSHIP

Sponsor a new Heritage member today!



Building Heritage Membership

We are excited to introduce these colorful recognition patches for Heritage members who have been with Sons of Norway for 5, 10 or 15 years. These charming designs featuring Norwegian wildlife can be ordered for \$2 each.

We have also updated our Heritage member certificates! They are available at no cost for 5-, 10- and 15-year Heritage members. Ask your lodge leader how to organize and place an order for these items.



If you have been a Sons of Norway member for a few years, check with your parents or your lodge! You may be eligible for one of these fun patches that you can wear on your jacket or backpack!

Note to parents: We welcome children ages 15 and under to the Heritage member program.

Heritage members must be sponsored by a relative who is already a Sons of Norway member (most often a parent or grandparent) but they are not required to be part of the same household as the sponsoring member. At age 16, Heritage members have the option of joining Sons of Norway as an adult Individual member or as part of a Family membership, if one exists at their home address. New Heritage Membership Request forms will be available shortly; however, our current request postcards and online PDF enrollment form are still valid.

WHAT DOES THE FOX SAY? HVA SIER REVEN?

Learn animal sounds...
på norsk!



Can you color the animals?

Summer Kalender

June

June 19th BBQ at Whidby Island SoN Lodge

June 19th Bellevue Midsummer Fest

June 19th St. Hans (Mid-Sommerfest) Poulsbo, WA

Come to Waterfront Park in Poulsbo to join in the Scandinavian tradition of the Summer Solstice!

June 20th Father's Day

*Edmonds Lodge volunteers
work hard to make our lodge
the best it can be.*

*Thank you for all you do to
support our community and
lodge.*

July

July 4th Bothell Picnic

July 7th Last day to register for the District Steak Fry

July 17th District Steak Fry at Trollhaugen

July 18th Edmonds Lodge Picnic @ Lake Joy (see page 12)

August

August 6-7; 14-15; 21-22 Washington Midsummer Renaissance Faire

Bonney Lake, WA Tickets sold on their website

August 14th District Golf Tournament – pre-register required

SMARTER PLANNING



**Sons of Norway has some
of the very BEST insurance
and fixed annuity rates in
the country!**

Life insurance Benefits:

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to charity

Happy Father's Day



Sons of Norway
Edmonds Lodge 2-130

Street Address:

515 Dayton Street

Edmonds, WA 98020, USA

PO Box 1651

Edmonds, WA 98020-1651

Website:

www.edmondssonsofnorway.weebly.com

**ADDRESS SERVICE
REQUESTED**