

# Edmonds *sterkt lys*

EDMONDS LODGE 2-130 SONS OF NORWAY EST 1983

MEETING EVERY SECOND WEDNESDAY AT THE EDMONDS

MASONIC LODGE, 515 DAYTON ST. EDMONDS, WA

Next Meeting: September, 2019

Board Meeting June 5<sup>th</sup> with coffee at 6:30; meeting at 7pm.

All members are welcome

July 21<sup>st</sup>, Lodge Picnic at Lake Joy; 11am on; address on back.

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These beautiful Ornaments are a work of art and a Hallmark Sons of Norway tradition.

Invite your friends, family and neighbors, to the lodge for a chance to win one for yourself.

**This Saturday, June 8<sup>th</sup> at 10:00am**

Come to Pancake Haus in Edmonds, 10 a.m for a FREE breakfast open to the community. Come learn about Sons of Norway & Edmonds Lodge.

It is FREE for anyone not yet a member & Edmonds Lodge members who bring someone. Everyone who attends gets a chance to win a 2018 Sons of Norway ornament. See you there!



## Crisis at the Door

It feels like the 2008 financial crisis wasn't 10 years old. History says that the market experiences a major adjustment every 8-10 years and It appears **the next crash has already begun.**

Only, where I thought it might be consumer debt... or derivatives... or the dollar crashing... or another real estate bubble, this time...(which are all still likely to happen) ... it's actually public pensions that won't fulfill their obligations. Both public and private pension plans are going bankrupt leaving the Baby Boomer generation in their wake headed towards a very unfulfilling retirement. So what are they supposed to do? More importantly, **what can you do about it?**

**Contact the Edmonds Lodge Financial Benefits Councilor, Mike Dyal. "dyal":425-243-4521**



# Presidents Message

## Presidents Message Summer 2019

Happy summer all! Many Norwegians head for the mountains to hike or to the beaches to relax during the summer. If they aren't in the Canary Islands or Spain! Norwegians take summer vacation seriously; everyone gets a month's vacation and it is usually taken in July, the warmest month in Norway.

Summer celebrations start in June, often with the solstice, or Sankthansaften, as it is called in Norway. It is not a public holiday, but it is widely observed, often with a bonfire on the beach. In both Norway and Denmark, it is always celebrated June 23<sup>rd</sup>, although the actual longest day of the year may vary by a few days year to year. My first Sankthansaften in Norway was celebrated with a Norwegian family in Tromsø in 1971, on the beach and with a bonfire. There was also a smaller fire where the mother made rømmegrøt, slowly cooking the sour cream until the butter separated, then adding flour. It was served with the butter, cinnamon, and sugar. It was a magical evening.

Here in the Seattle area we celebrate with a Midsummerfest at St. Edward Park in Kenmore. This event is sponsored by the Skandia Folkdance Society and will be held June 30<sup>th</sup> this year. This family-friendly celebration is recreated in as authentic a manner as possible and features a traditional pole-raising ceremony, music and dance performances, kids' activities, craft and food booths, a Nordic costume presentation, and participatory dancing.

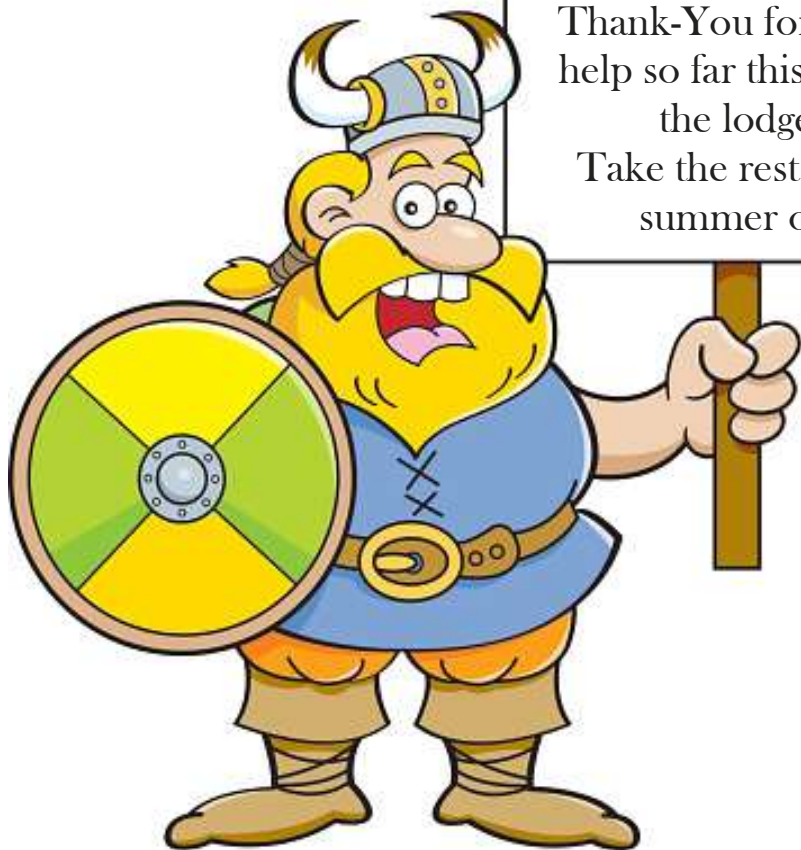
There are also a number of SON activities this summer including our annual Border Fest July 14<sup>th</sup> with participation by lodges in Washington and British Columbia, The District 2 Steak (and salmon) Fry at Trollhaugen July 20<sup>th</sup>, our own Edmonds Lodge Picnic at Lake Joy July 28<sup>th</sup> and the District 2 Golf Tournament in Leavenworth August 17<sup>th</sup>. There is more about each of these activities elsewhere in this newsletter.

Hope to see you at one or more of these events.

Faternally,

Norma Jean Sands





A big **THOR**  
Thank-You for all the  
help so far this year at  
the lodge!  
Take the rest of the  
summer off!

## Summer-time Activities

THANK YOU TO ALL THAT HELPED AT THE MAY 1, PANCAKE BREAKFAST!!! I appreciate you all coming and forward to help, *I apologize I had to leave so early* and hope to see you all October 5<sup>th</sup> for our 3<sup>rd</sup> breakfast of the year. I can always use some of our younger members too. If you have not helped, please call me at 425-882-2212 and I will let you know the details on helping. This is a great way to work with other members and get to know members. Please join us. -Jane Bueing

**July 21<sup>st</sup>** is our Lodge Picnic at Lake Joy. Members Glenda Nelson and Lydia Gonzales have invited us to enjoy the Lake. There is swimming, Kayaking, fishing, and just enjoying the company of members and their family. Let's make this the best gathering yet. Potluck!!

10773 East Lake Joy Dr NE, Carnation, WA  
**Border festival- JULY 14 – At the Blaine border**, potluck, come and join us between 11-2, visit, enjoy park, beautiful flowers and meet new friends. The Canadians and Americans from District 2 and District 7 come together for a potluck. Bring a desert and we will all share.

**July 4<sup>th</sup>**- Parade in Edmonds, come and join us with our ship Thor being updated.

More inside...keep reading!

## Edmonds Lodge Officers

### Executive Board

President: Norma Jean Sands	206-524-6020
Vice President : Sandra Ferchen	425-275-7114
Secretary: Jane Bueing	425-268-9627
Treasurer: Vicki Nelson	425-218-4447
Fin. Secretary: Loren Krusenstjerna	425-775-1710
Counselor: Waldo Bueing	425- 882-2212

### Officers/Directors

Social Director: Eli Krusenstjerna	425-775-1710
Cultural Director: Roberta Morrow	425-921-0302
Asst.Cult. Dir: Shirley Lovelace	206-708-0344
Sports Director: Glenda Nelson	206-778-4886
Youth Director: Nathan Salmon	425-359-3178
Asst. Youth Dir: Sandra Ferchen	425-275-7114
Found. Director: Erlene Stevenson	425-712-9788
Financial Benefits: Mike Dyal	425-243-4521

### Trustees

Marshall: Bob Turcott	425-308-5265
Asst. Marshal: Tristan Haije	425-778-1665
Trustee: Harold Setran	425-778-2009
Trustee: Jane Bueing	425-882-2212
Trustee: Bob Turcott	425-308- 5265

### Support Officers

Musicians: Philip and Birgit Ages	206-947-8393
Librarian: Fay Setran	425-778-2009
Information: Erlene Stevenson	425-712-9788
Historian: Donna Stewart	206-251-5446
Newsletter Editor:	
Asst Editor: Mike Dyal	425-243-4521
Distribution: Melissa Johnson	425-672-1272
& Karen Pedersen	425-412-3555
Publicity Director: Lisa Palmatier	206- 546-1588
Scholarship: Turid Bouchoukian	206-954-6675
Sunshine: Shirley Lovelace	206-708-0344
Building Liaison: Sandra Ferchen	425-275-7114
Greeters: (alternating) All board members	

**\*\*This information is for official Sons of Norway business use ONLY. Use of this information for solicitation or commercial intent is a violation of the SofN privacy policy and is prohibited. \*\***



# Fabulous May Pancake Breakfast

Check out the video at: <https://vimeo.com/337620213>  
See you in October!!!



## Sunshine Report

When a member needs some cheer from our lodge, please contact our **Cheer Volunteer**:

**Shirley Lovelace: 206.708.0344**

Her email is: [grannyslovelace@gmail.com](mailto:grannyslovelace@gmail.com)

Life it seems goes way to fast.  
Simple pleasures will make it last. So, take some time out  
to find your way... Seek out a friend and make their day.

May birthday cards- 18

June birthday cards- 18

Sympathy cards to Gerald Blevins family and Fern Thompson

Get Well cards- to Vicki Nelson and Marlene Curley

Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything.

(Mohammad Ali)

*A single rose can be my garden.... a single friend, my world.*

# For the Good of the Order:



## HAPPY BIRTHDAY TO OUR JUNE, JULY & AUGUST BORN MEMBERS

(IF WE MISSED YOU, PLEASE LET US KNOW)

### June

1- Susan Lovelace  
5-Eli Krusenstjerna  
8-Rose Ann Scott  
9-Adrianna Alvarez  
Sandra Ferchen  
Karen Schaffer  
10- JoAnn Blevins  
11-Laurence Burris  
Harold Malnes  
12-Jaden Stevenson  
13-Mary Lambert  
18-Brandon Gonterman  
Magnetic Nes  
19-Arthur Nelson  
20-Anne-Lise Deering  
21-Theresa Baird  
27-Roberta Steed  
28-Lorna Turcott

### July

1-Shirley Lovelace  
Astrid Thompson  
2-Helen Graham  
4-Marlene Curley  
Chris Richens  
8-Erlene Stevensen  
12-Kris Johansson  
14-Margaret Fagerland Tangen  
16-Ray Ruston  
18-Amos Chapman  
21-Chaes Gunderson  
25-Waldo Bueing  
26-Judith Roller  
27-Ann Patterson  
28-Norma Furman  
Sheriff Richardson  
29-Sam Molvik  
30-EdnaMae Olufson-Smith

### August

4-Roger Olson  
6-Jack Bjorge  
Brian Harris  
Marcia Reiersen  
7-Sylvia Hustad  
Glenda Nelson  
8-Robert Turcott  
9-Jenny Bueing  
11-Henry Torget  
12-Kirk Siqveland  
13-Joan Milled  
15-Kevin Severud  
21-Margaret Bueing  
24- Lidia Gonzalas  
26-Lee Hewitt  
27-Ron Richens  
28-John Hustad

## Edmonds Sons of Norway is More than Meetings

Edmonds Lodge members support many programs like the following:

The Edmonds Food Bank

Pancake Breakfasts

Box Tops and Labels for Education

Parades in Edmonds and Ballard

Scholarship and Camp programs

Saving Stamps to Support Children

**JOIN NOW! Come to our next meeting or contact Sandra Ferchen at: 425-275-7114**

# Final Call!

**June 8<sup>th</sup>** is our lodge informational brunch at Pancake Haus in Edmonds.

All non-members eat for FREE.

All members who bring a non-member also eat for FREE.

This is a short, informative brunch where the lodge leadership share about the lodge, and what they love. There is no obligation, just good food and good fun.

Invite your friends, neighbors, aunts and cousins and plan on being there.

Cheers!

## NOTICES FOR EDMONDS MEMBERS:

- Members, monthly financial reports are available from Edmonds Lodge Treasurer, Vicki Nelson upon written request.
- Lodge name badges are available for a cost of \$15.00 each. Contact Lodge Treasurer, Vicki Nelson if you want to place an order for one.

Due to set-up costs all orders will be held until we have at least a minimum of 6.

## Note from the Editor

It is an honor to represent the Sons of Norway Edmonds Lodge (2-130) with this regular newsletter. For such a young lodge, Edmonds has everything a lodge is looking for. The monthly meals are a highlight, the relationships are sincere and the activities are joyful. May this coming year be filled with better from Edmonds Lodge.

Is something missing in the newsletter? Please send your notifications no later than the 21<sup>st</sup> of each month to Mike @ The editor's e-mail: [edmondslodgeeditor@gmail.com](mailto:edmondslodgeeditor@gmail.com)

The Sterkt Lys is a publication of Sons of Norway Edmonds lodge 2-130. Published 10x per year and available in email and print versions for your convenience. Newsletters from the year are available. Go to: <https://edmondssonsofnorway.weebly.com/>

## IDRETTSMERKE Sports & Fitness Medal Program



### Sons of Norway's Sports & Fitness Medal Program

brings a bit of Norwegian tradition to its members by encouraging everyone to participate in activities that will improve their health and well-being in ways that suit each individual.

The Sons of Norway Sports Medal Brochure outlines options for earning medals in Walking, Skiing, Biking and as a Generalist. Email our Sports Director, she will provide you with the following forms via email. Recordkeeping is simplified by using the following Sons of Norway forms:

- Gangmerke (Walking) Record
- Skimerke (Skiing) Record
- Sykkelderke (Biking) Record
- Idrettsmerke (Sports and (Fitness) Record

It's the perfect time to start tracking your activities for 2019! **Make 2019 Active!**



### News from our D2 Youth Director:

Camp schedule is as follows;

Trollhagen	
June 30 <sup>th</sup> to	July 13 <sup>th</sup>
Nidaros	
July 14 <sup>th</sup> to	July 27 <sup>th</sup>
Normanna	
July 28 <sup>th</sup> to	August 10 <sup>th</sup>

## ATTENTION!!

Service opportunities available: contact a board member now!

## Upcoming District sports and activities:

Borderfest in Blaine  
July 14. Potluck lunch. Klubb competition. Selection of Border Queen or King from among Lodge Kings and Queens.

July 20th Steak fry at Trollhagen and Horseshoe Tournament.  
Call Bill Hicks to reserve either a steak or salmon lunch: 425-672-0194

August 17 District 2 Golf Tournament in Leavenworth. All are welcome, all levels of golf expertise.



Check out the surrounding Lodges for their great events too!

Visiting lodges is fun!





**Lena:** Where do sharks go on summer vacation?

**Ole:** O' c'mon Lena, everyvon know that: "Finland!"

~

**Lena:** Where did your mom go for her summer vacation?

**Ole:** Alaska.

**Lena:** Never mind, I'll ask her myself.

~

**Lena:** My son came to visit for summer vacation.

**Olga:** How nice! Did you meet him at the airport?

**Lena:** Oh, no! I've known him for years, don't ya know!

**Ole:** Where did the sheep go on vacation?

**Sfven:** Where?

**Ole:** The Baa-hamas!

~

**Ole:** What summer vacation destination makes your pet bird sing for joy?

**Sfven:** I haven't a clue.

**Ole:** The Canary Islands!

(And that's why Norwegians go to the islands for summer ☺)

Be Safe, have fun and enjoy your summer!



*Our Newest Edmonds Lodge Member*

**Greta Roy**

**Velkommen to all new lodge members!**

Benefits to being a Sons of Norway Member are:

- Award winning monthly publication: "Viking" Magazine & the Famous Edmonds Lodge newsletter
- Cultural, Heritage and Social Opportunities Galore!
- Summer Camp for the kids & grandkids
- Community Service and Lodge leadership Opportunities
- Scholarships for all ages
- PerkSpot membership! (Big Discounts on everything! Vacations, TV, Hotels, Food, Shoes & more)
- Best in Class Life Insurance
- Philanthropic opportunities
- Monthly Meetings and much, much more!

# Oppskrift Edmonds

Recipe of the month



## Viking Recipe - Norwegian Rhubarb Cake (Rabarbrakake)

1/4 cup unsalted butter + 1/3 cup whole milk

2 eggs + 1 cup sugar

1 1/4 cup flour + 1 1/2 teaspoons baking powder + 1 large stalk rhubarb

Powdered sugar (optional) + Whipped cream, for serving (optional)

Melt butter in a small saucepan over low heat. Stir in milk and set aside to cool slightly. Preheat oven to 350 degrees and grease a nine-inch springform pan. Beat eggs and sugar till light and fluffy. Slowly pour in milk and butter. Mix in flour and baking powder until just incorporated, then pour the batter into the prepared pan. Trim the rhubarb and cut into quarter-inch slices on the diagonal. Scatter slices evenly over the top of the cake. Bake for 40 minutes or until done. Let cool then remove from pan and continue cooling on a rack.

Optional: dust top with powdered sugar and serve with whipped cream.

**daily histoire @rocklovejewelry**

Likely accessible to the wealthy kings and jarls, rhubarb was imported along the Silk Road but not formally recorded in Europe until the 14th century. It was known as "Turkish rhubarb" and later "Russian rhubarb" when trade routes were established further north.

Source: Norwegian National Recipes



**2018-2020**

 Charter, Constitutions  
Policies and Procedures

## Governance

A message from Sons of Norway International President Ron Stubbings: I'm happy to report that our **2018-2020 Charter and Constitutions, Policies and Procedures** book is now posted online. You can view the book by logging in at [sonsofnorway.com](http://sonsofnorway.com) and clicking the link on the homepage, or by following this pathway:

**Member resources > Lodge Leadership Resources > Governance > Download Charter & Constitutions.**

Special thanks to Jane & Waldo Bueing for all you did in service and support of the Edmonds Lodge Memorial lodge meeting in May.

Thank you to our local legend and vocal talent Laura Loge singing during the special memorial event with accompanist Steven Luksan!

Your music honored those who have passed and touched those who attended.

-Edmonds Lodge Members

## Edmonds Lodge & Sons of Norway is for everyone!

You don't need to be of Scandinavian decent to eat like one, have fun like one and enjoy life like one. Check out what **Sons of Norway & Edmonds Lodge** provides members on page 5 & 7 in this newsletter.

July 21<sup>st</sup>-Come experience the Edmonds Lodge community at our upcoming Lodge picnic at Lake Joy. July 21<sup>st</sup> at 11am through the day. 10773 East Lake Joy Dr NE, Carnation, WA.

Party starts at 11 Potluck so bring your favorite summer dish. We will eat about 2pm. Chairs and Tables are already there. Directions from Edmonds are easy: Take Ballinger way to Bothell Hwy and turn left. Follow all the way until it turns into 522. Stay on 522 until Duvall exit.

Stay to the right when taking exit, this will put you on Woodinville-Duvall Rd. Follow until you come to Duvall.

Take right and drive through Duvall, stay on road until you come to the small town of Stillwater.

There is a Chevron station on the right, take the left up the hill right across from the Chevron station, follow the road, there are two forks in the road, stay to the right.

When you come to Lake Joy go to the left looking for a sign saying "Sons of Norway."



## DISTRICT TWO GOLF TOURNAMENT

August 17th, 2019

Leavenworth Golf Club

All ages event.

\$95 per player.

Contact D2 Sports Dir. Laurie Berg 206-235-5558

## TROLLHAUGEN



### ANNUAL STEAK FRY

Select Salmon or Steak

July 20th, 2019

Happy Hour (BYOB): 2:30 pm

Dinner: 3:30 pm

Tickets: \$22 now; after July 12th \$25

Call Bill Hicks for reservations:

425-672-0194

## DISTRICT TWO

### HORSESHOE TOURNAMENT

July 20th, 2019

Trollhaugen Lodge

Same day as the Steak Fry!!

Registration at site: 9:30 AM

Tournament starts: 10:00 AM

Donation: \$5 for snacks

Come and enjoy the entire day with friends from District Two lodges.



## SONS OF NORWAY BORDER FESTIVAL PICNIC



District Two  
United States



District Seven  
British Columbia

Peace Arch Park, Blaine Washington

Sunday, July 14th, 2019

Horseshoes at 10:00am

Lunch at 12:00 noon, Coffee provided.

Bring a lunch for yourself, utensils and beverages other than coffee and a dessert to share with all lodges.

Program begins at 1:00 and includes:  
Flag salute and national anthems,  
raffle drawings, royalty contest and entertainment.

Optional: Lawn chair, sun glasses, hat and umbrella

Parking: Washington State Parks Dept charges  
\$10.00 for one day or requires a  
Discover Pass (\$30.00) to use the parking lot.  
Handicapped parking is free.

For Information Contact

Elaine Grasdock, [vikings1kg@gmail.com](mailto:vikings1kg@gmail.com) (360) 631-5250  
Susan Strang [strangb@telus.net](mailto:strangb@telus.net) (604) 291-1664

Camp Normanna is on the lookout for donations of wool sweaters for a craft project this summer. The campers will be felting chair cushions with them! We would love your help collecting wool sweaters (65% wool or more) from garage sales, thrift stores, etc. Your help making this craft a success is greatly appreciated!

Tusen takk!

Your favorite camp directors,  
Melissa "Vanja" Rude and Seth "Olaf" Tufteland  
[Camp.Normanna@gmail.com](mailto:Camp.Normanna@gmail.com)



Service is important to our Sons of Norway & Edmonds Lodge community. Keep track of your service hours both in the lodge and in the neighborhood. Both counts to keep our Sons of Norway organization Fraternal. Please track them and let a board member know your totals!

## Cultural Corner

So you want to learn some Norwegian? Taking a trip to visit relatives or site see in Norway? Or perhaps refresh your memory of what you learned earlier? There are several avenues available to learn.

First of all, there is the Sons of Norway website. Here you will find 37 Language Lessons that you see and hear, Norwegian Reading for Comprehension that teaches you about Norwegian grammar, and the Cultural Skills Program, including the one on Language and Culture.

The S/N Cultural Skills unit for Language and Culture is different from all the others. There are still three parts; however, you may earn two in language and one in culture, or earn two in culture and one in language. And you receive two bars as long as you do at least one level in language and one level in culture. Part 1 is Language, Part 2 is Culture and Part 3 is Language or Culture.

### How to get to the Cultural items on the Sons of Norway website:

Go to <https://www.sofn.com>. If it is your first time logging in, you will need your membership number to log in. Then you may change your login to your email address or whatever you choose. (Write it down!)

Now, click on the white box outlined in red in the upper right corner that says "Member Resources."

Scroll down to the third item, Cultural Programming, and click on the "Learn more" box. From this page, you have several choices: For now, you can go to Language Lessons or Norwegian Reading for Comprehension or Cultural Skills Program.

If you choose Cultural Skills Program, you can now scroll down to Norwegian Language and Culture. From there you can print the PDF of the entire unit or go to the YouTube playlist to work on the 10 lessons on language and culture.

There is also a free course on the Internet called **Norwegian on the Web** at this website:

<https://www.ntnu.edu/norwegiancourse/norwegian-on-the-web>. It was created for foreign students who go to Norway to study at the Norwegian University of Science and Technology, or NTNU.

Third, there is another free course on the Internet for learning many languages, including Norwegian, called **Duolingo**. What I like about this course is that you hear the language and have to speak it as well. Find it this website:

<https://www.duolingo.com/course/no-BO/en/Learn-Norwegian%20Bokm%C3%A5l>

Fourth, there are several text books of Norwegian in our own Edmonds Lodge library. They provide a way to review vocabulary, learn about grammar, and practice reading and writing, etc.

Our own **Viking** magazine always has the president's message in both English and Norwegian. Try reading it in Norwegian first, and then read it again in English to see if you got the gist of it.

There are several other websites on the Internet that can help you learn Norwegian, such as one named **Norwegian Blog**. You can sign up to get it in your inbox.

The **Norwegian-American** newspaper is the only one left that is published in American. It has a page of news stories in Norwegian, plus amazing articles about Norway and Norwegians. Subscriptions are \$70 a year for a weekly issue. Share a subscription with a friend! We could ask members who subscribe to bring back issues to our meetings to share, and keep a few months of issues available. These would be useful to find a subject for writing an article for your optional activity for the cultural part of the Language and Culture unit.

One of the most difficult things about learning a language is not having an opportunity to practice. Some years ago, we had a table set up at our dinners for those who wanted to practice speaking Norwegian. Should we reinstitute that practice? See how it goes for a few months? **Hva venter du på?** (What are you waiting for?)

### What is next?

In May, we began the Reading Cultural Skill. Now that you know how to find the Cultural Skills on the Sons of Norway website, I will let you look up the unit yourself, and print it off as you desire. For those who do not have computers or printers, and who want to participate (or continue if you have already started), I'll hand out units, so let me know if you want me to print one for you. Before the evening concludes, I hope you will check out some books from our library to read over the summer, so when we come back in September you will have some paperwork ready to submit! I will also bring some of my own books for you to borrow.

Roberta K. Morrow, [birdeckay@gmail.com](mailto:birdeckay@gmail.com)

Cultural Director, Edmonds Lodge

**TUBFRIM:** Don't forget to collect & bring in your used stamps! These stamps go to help support an international orphanage. Cut out around the stamp and leave a ~1" border around the stamp. Tell your friends and coworkers to save their stamps too, we can't send them until we have 10 pounds.

### October is the next Pancake Breakfast

Remember that baking something for the bakery table or knitting, doing Hardanger or card weaving, etc. for the craft table can be used as your optional activity for those Cultural Skills awards.



# Upcoming Events

## June

5<sup>th</sup> - **Board Meeting - 6:30**

8<sup>th</sup> - **New Member Banquet**

@ Pancake Haus, Edmonds, 10am

## *Advisory:*

*Board meetings are held first Wednesday of the month at Trinity Lutheran Church; any lodge member is welcome to attend.*

**No Lodge Meeting until September**

## Calendar

**June:** Ballard Jazz Festival (May 29-June 1 @ Nordic Museum)

**June:** Midsummer Festivals (8<sup>th</sup> Portland, OR & 21<sup>st</sup>-23<sup>rd</sup> Astoria, OR)

**6/15** Viking Reenactment & Heritage festival:

4402-47 Ave., Red Deer, Alberta, Canada

**6/29** "FjordinCrossin" Hoodsport, WA. Starts at noon.

**6/30** Edward Park in Kenmore

**July:** Youth Camps Begin (See pg. 6)

**7/14** Border Festival Picnic, Peace Arch Park, Blaine, WA. 10am horseshoes & Kubb; 1pm Program begins. Bring your own food, coffee provided

**7/20** Trollhagen Steak & Salmon Fry

Horseshoe Tournament at 10am, Happy Hour 2:30; food served at 3:30

**7/21** Edmonds Lodge Picnic at Lake Joy, 10773 East Lake Joy Dr NE

Carnation, WA 98014; 11am through the day with activities and potluck.

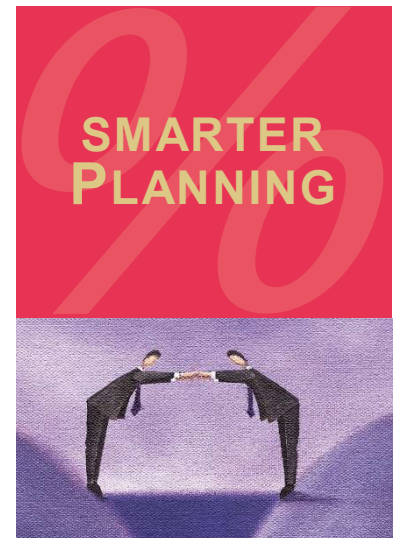
**8/24** District 2 Golf Tournament

**September:** Adult Heritage Retreat,

District New Member Event

Edmonds Lodge meetings resume

**October:** Edmonds Lodge Famous Pancake Breakfast



**SMARTER PLANNING**

**Ask yourself this one simple question:** If I lost 20%, 30% or more of my money in the market, would that change how I live?

Learn how you can avoid market loss, Medicaid spenddown and running out of money.

**Schedule now! Call Mike Dyal, Sons of Norway Financial Councilor at: (425)243-4521**



**SONS of  
NORWAY**

Sons of Norway  
Edmonds Lodge 2-130

### Street Address:

515 Dayton Street

Edmonds, WA 98020, USA

### PO Box 1651

Edmonds, WA 98020-1651

### Website:

[www.edmondssonsofnorway.weebly.com](http://www.edmondssonsofnorway.weebly.com)

**ADDRESS SERVICE  
REQUESTED**