

EDMONDS LODGE 2-130
SONS OF NORWAY
EST 1983

Edmonds *sterkt lys*

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Edmonds Lodge Picnic

Summertime! Outdoors! In Person!

**Sunday July 17th Lodge Annual Picnic at
Lake Joy Starts at Noon**

Grilling Hotdogs 1 pm. Potluck Picnic

Kubb, Socialize, Kyak

Come help plan how to get the Lodge active again after
all our zooming.

Financial Planning through Sons of Norway



Mike Dyal is Edmonds Lodge's financial advisor and has been a member of Edmonds Lodge, SofN, for years and loves serving the community and helping people protect their money. Call or text him at 206-446-2222 or email him now to schedule a meeting: mike@pacificadvs.com

More news from Mike Dyal on page 6.

Presidents Message

July 2022

En God Sommer Fortsetter



The weather held, and we had a fantastic 4th of July Parade in Edmonds

Our Parade float “**Thor**” has had an active summer. We started with the 17th of May Parade in Ballard, followed by Midsommer Fest at St Edwards Park, June 26th and ended with the 4th of July Parade in Edmonds. Kirk made a Kubb set for us and set that up at St. Edwards Park. And it proved to be quite popular.

We had a good turnout at the 4th of July Parade! And Edmonds had a great turnout to watch the parade. Our float won first prize for the “Most Original” float! See page 9 for pictures from the event. **Thor** now has a new home – it has moved from the Sigveland home to the Morrow home! Roberta has clear some land next to her house. We will need to build some kind of shelter/tarp for it to protect it from the weather. Does anyone have any ideas?

Our next summer event is our annual picnic at Lake Joy Sunday July 17th starting at noon. Socializing, food, and kubb! Come and join us. See page 5 for more information of where it is.



This will also be a good opportunity to talk about how to resume our pre-pandemic normal activities such as in person meetings at the Mesonic Center and Pancake breakfasts. We need volunteers to help with these activities. What are you interested in getting out of SON and our Lodge in particular? There are opportunities to socialize, learn, and volunteer. We need to fill out several positions in our slate of officers (see next page).

Here is hoping the weather holds for our picnic and I hope to see you there!



Norma Jean Sands
Edmonds Lodge President



Meet and greet!

- **Edmonds Annual Summer picnic July 17 Lake Joy starting at noon**

There will be a grill and hotdogs will be available. Also, of course, coffee and cookies. Bring food to share!

Edmonds Lodge Officers

Executive Board

President: Norma Jean Sands
 Vice President : Jane Bueing
 Secretary: Shirley Lovelace
 Treasurer: now vacant
 Fin. Secretary: Loren Krusenstjerna
 Counselor: Waldo Bueing

Directors

Cultural Director: Roberta Morrow
 Asst.Cultural Dir: 1 Shirley Lovelace
 Asst Cultural Dir. 2 Mike Dahl
 Sports Director: Glenda Nelson
Glennnie12345@gmail.com
 Social Director:
 Youth Director:
 Foundation Director:

Financial Benefits: Mike Dyal (425) 243-4521

Trustees

Marshall:
 Trustee: Jane Bueing
 Trustee:
 Trustee:

Support Officers

Musicians: Kris Johannsen
 Librarian: Fay Setran
 Information: Erlene Stevenson
 Historian: Donna Stewart
 Website Support: Donna Stewart
 Thor Coordinator: Kirk Siqveland
 Newsletter Editor: Norma Jean Sands
 Newsletter Distribution: Shirley Lovelace
 & Norma Jean Sands
 Scholarship: Turid Bouchoukian
 Sunshine: Shirley Lovelace
 Publicity Director:
 Building Liaison:
 Greeters: (alternating) All board members

*****This information is for official Sons of Norway business use ONLY. Use of this information for solicitation or commercial intent is a violation of the SofN privacy policy and is prohibited. *****



Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer:**
Shirley Lovelace, 206 708 0344 Her email is: grannyslovelace@gmail.com

Happy Birthday **** Gratulerer med Dagen!

July

§

August

1 Laszlo Rosman
 1 Shirley L Lovelace
 2 Helen Graham
 4 Chris Richins
 8 Teresa Pape
 8 Erlene K Stevenson
 12 Kris E Johansson
 14 Margaret Fagerland Tangen
 19 Douglas E Hansen
 21 Charles C Gundersen
 25 Waldo J Bueing
 27 Ann L Patterson
 28 Sheri Richardson
 29 Sam H Molvik
 30 EdnaMae K Olufson-Smith

4 Roger E Olson
 6 Marcia L Reiersen
 6 Brian Sinclair Harris
 7 Sylvia M Hustad
 7 Glenda F Nelson
 9 Jenny Bueing
 11 Henry M Torget
 12 Kirk B Siqveland
 13 Joan E Miller
 16 Oliver Weakland
 21 Margaret (Jane) Bueing
 23 Jeff Michael Lovelace
 24 Lidia M Gonzalez
 26 Lee Hewitt
 27 Ron Richins
 28 John P Hustad



"No one else brings what you bring to the world. So on your special day, you're wished everything that's happy,,,,everything that's wonderful and good" And a special Gratulerer Med Dagen!

Edmonds Lodge News

SON Edmonds Lodge 2-130 Masonic Center, Edmonds, WA

Visit our website at: <https://www.edmondssonsofnorway.org/>

Join us for the Edmonds Annual Summer Picnic at Lake Joy 10773 East Lake Joy Drive NE Carnation, WA Sunday July 17th From noon to 4pm

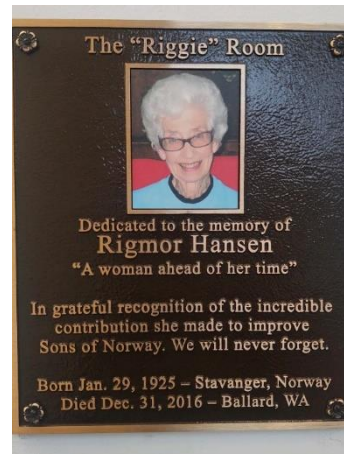
Once again Glenda Nelson and Lidia Gonzalez are hosting this wonderful event for us. We will plan on eating at 1pm. A grill is available and hot dogs will be provided. Coffee and cookies will also be provided. The rest is potluck, so



From last year's picnic

bring your favorite summer fare. We will play Kubb, the Viking game. Kubb is a lawn game where the objective is to knock over wooden blocks (kubbar) by throwing wooden batons (kastpinnar) at them.

The Lake side site was owned by our past member Rigmor Hansen and she use to host our Lodge picnics there years ago. Now the property is in the hands of her niece, Glenda Nelson, who is maintaining the tradition.



***In Memory* Henry Magnus Torget.** August 11th 1923 to May 25th 2022 ❤️.

Henry was one of our founding members. He was our Lodges 1st Vice President & 2nd Lodge President

Henry passed away with family by his side peacefully went to be with Jesus and many whom he loved so dearly ❤️. There will be a celebration of life luncheon for him Saturday August 27th at 1:30 in the afternoon at our church in Everett.

Praise Chapel: 710 Pecks Dr . Everett, Washington 98203 🙏

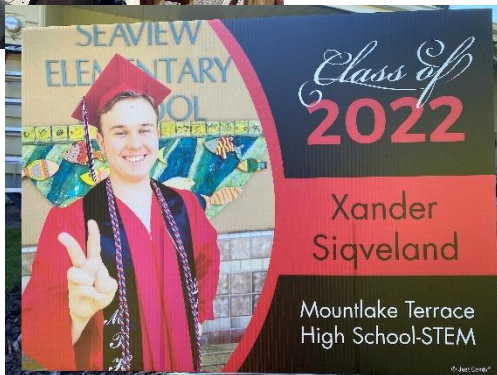
Call 425-409-317 for directions

Our next Edmonds Lodge meeting is scheduled to be September 14th, the second Wednesday of the Month, at the Masonic Center. However, we are conducting a poll as to whether we want to change our meeting day from the 2nd Wednesday of the month to another day of the week. Come to the picnic to express your thoughts or contact one of the board members.



**Our two scholarship winners
have graduated and looking
forward to college!**

**Xander Siqveland and Maxine
Lovelace**



Xander will be attending Embry Riddle Aeronautical University in Florida and Maxine will be attending the University of Washington Mathematics Program. Both have graduated with honors and have received several scholarships to get them off on good footing.

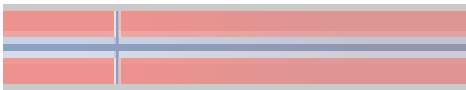


SONS of NORWAY

What is the Sons of Norway?

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.

There are three areas of the Sons of Norway: Financial, Fraternal, and Foundation.



Sons of Norway Financial

Money Times Update: With the market down the most since 2000, it gets me thinking of our history and if we can learn anything from the past. Typically we have "market corrections" or "crashes" every 8-10 years. There are two of risk in the stock market: Unsystematic and Systematic risk.

Unsystematic risk is when there is a problem with an individual company, but it doesn't really effect the rest of the companies. For example, when Steve Jobs died, founder of Apple. This caused Apple stock to go down more than once over the next few years. Another example of Unsystematic risk is if there is a lawsuit against a company.

Maybe a drug manufacturer has a lawsuit and the stock plummets. Enron is an example of this type of risk.

What we are experiencing now is Systematic risk. Across the board decreases in stock value because of general concerns. If you are listening to the news, they have mentioned 3 or 4 different items that are causing this big drop.

In the past, you could just wait it out...and depending on where you are in life, that is probably OK. When we retire, however, this can cause our money to not last as long because we are no longer contributing to these accounts, and we are using them. That is why Sons of Norway and other companies have the Principal Protection Program to give you gains without losses.

Bottom line, if you have lost more money then you are comfortable with in the last couple months, then your stock is not managed correctly. Your risk portfolio is wrong and you will keep experiencing the heartache of loss until the money is gone. Add that to increasing taxes due to our nations debt, required minimum distributions, and other pitfalls like: taking your money out in the wrong order, taking the wrong amount, and/or getting a market loss just before or after retirement can shorten the longevity of your retirement by as much as HALF.

Next newsletter we will talk about a movie star and taxes and how that past may hurt our future when Federal taxes go up in 2026.

See you at District!

Mike Dyal, your friendly Viking fighting high taxes and estate woes.

mike@pacificadvs.com 206-446-2222

IDRETTSMERKE
Sports & Fitness
Medal Program



Sons of Norway Sports and Fitness Medals:

Idretts/General fitness,
Ski/Skiing,
Svømme/Swimming,
Sykkel/Biking, and
Gang/Walking

Sons of Norway Cultural Medal Programs:

Cooking, Literature, Stamp Collecting, Rosemaling, Genealogy, Knitting, Language and Culture, Hardanger Embroidery, Figure Carving, Weaving, Ornamental Woodcarving, Chip Carving, Folk Dancing, and Music and Musicians.

SAVE YOUR CANCELED STAMPS

Cut around the canceled stamps, leaving 1/2" around the stamps and get them to Bothell Lodge. This is an ongoing service project coordinated by District 2. Tubfrim in Norway appreciates your



contribution.

Recipe of the Month - Hot Smoked Spiced Norwegian Salmon with Pasta Salad

<https://fromnorway.com/recipes/smoked-salmon/hot-smoked-spiced-norwegian-salmon-with-pasta-salad/>

Ingredients

- 300g Norwegian salmon, warm smoked
- 150g pasta, whole grain
- 12pcs cherry tomato
- 0.5pcs bell peppers, red
- 0.25pcs cucumber, fresh
- 0.5pcs head of lettuce

Sour cream dressing

- 0.5pcs lemons
- salt and pepper
- 1 clove garlic
- 1dl sour cream, light
- 0.25tsp sugar
- 8 leaves basil, fresh

Serve with

- bread, wholemeal



INSTRUCTIONS

- Cut the salmon into small pieces.
- Cook pasta as instructed on the package.
- Cut the cherry tomatoes in half, and dice bell pepper and cucumber.
- Slice the lettuce.
- Combine the salad ingredients in a bowl and place the salmon over.

SOUR CREAM DRESSING

- Juice lemon and finely chop garlic.
- Combine sour cream and lemon juice and mix with garlic and sugar.
- Taste with pepper and maybe a little salt.
- Finely chop the basil leaves and mix into the dressing.
- Fold the dressing into the salad, and garnish with a couple of basil leaves.

Serve the salad with bread on the side.

Summer in Norway

In summer, all of Norway awakens. This is the "Land of the Midnight Sun," where days of hiking fjords, sipping Norwegian coffee, and setting foot on ancient Viking lands don't have to end.

July and August have the longest days, including the midnight sun, and the most stable weather. During this time Norway showcases its striking landscapes and the weather generally cooperates. Summer temperatures range from 12–18°C (52–65°F) and frequently exceed 25°C (77°F) or more. The hottest month of the year in Norway is **July**, with an average high of 79°F and low of 58°F.

4th of July in Edmonds



Gearing up at the start.

Olav was there!

We had a good crowd!



And we won first prize for the Most Original!



COMING EVENTS 2022

Midsommer Festivals

**DISTRICT TWO
GOLF
TOURNAMENT**

August 13, 2022



Wandermere Golf Course
13700 N Wandermere RD, Spokane, Washington, 99208

Hosted by: Spokane's Tordenskjold Lodge

DEADLINE TO REGISTER BY JULY 15th, 2022

ALL AGES EVENT

ADVANCE TICKETS

\$120 per player, including
golf, cart, tshirt, lunch and
banquet.
\$30 per additional
banquet plate for Guest.

LODGING

\$189 (SOFN special rate)
Quality Inn Oakwood
7919 N. Division St.
Spokane Washington
99208
(509) 530-2569

CONTACT

Judy Moxley
(509) 326-9211
SonsOfNorwaySpokane@gmail.com

Please fill out and return
registration form by July 15th
to:

Attn: Golf Tournament
Sons Of Norway Tordenskjold
Lodge
PO BOX 18694
Spokane, WA 99228

with an attached check made
payable to:
Sons of Norway Tordenskjold
Lodge 2-005

District 2 Sports

July 16, 2022: 50th Anniversary at
Trollhaugen with Horseshoes and Kubb
Tournaments


August 13, 2022: Golf Tournament in
Spokane. WA

International 2022 Convention – August 31
– September 1 by ZOOM

Trollhaugen Lodge



Come celebrate with us
July 16, 2022



It's time to make the journey to the Jewel of our district.
Come celebrate the volunteers who accomplish the unimaginable and
build a recreational haven for generations of Norwegian minded people.
Where: Trollhaugen
When: July 16, 2022
\$20.00 (\$25.00 After July 6, 2022 and
closed for purchase July 9, 2022)
Serving lunch from 12pm - 4pm
of meatballs, fiskeboller, cucumber salad,
Broccoli salad, pickled beets & flat bread

Pam Silk
10721 N. Oak St.
Hayden, ID 83835
Payable to Trollhaugen
Saturdays breakfast is additional
\$10.00/ Sundays muffin & coffee
breakfast \$5

Make reservation for
overnight stay at
trollhau@outlook.com
Any questions call Erick at
253/531-2823

This year the usual steak fry
at Trollhaugen is being
replaced by this gala
celebration of 50 years!
The menu is different, but
there will still be horseshoes
and kubb. So come join the
fun. See their website to
see what it looked like fifty
years ago and today.
<https://www.trollhaugensofn.com/trollhaugensofn>

2022 Virtual International Convention



We are looking forward to the virtual International Convention on August 31 and September 1, 2022. With the switch to a virtual format, the registration process is modified from years past. Here are some updates to keep you and your membership informed:

Registration: District secretaries should enroll international delegates via the “Lodge Officer Updates” gateway on their Member Profile by signing on to sofn.com. The Sons of Norway accounting department will work directly with district treasurers to account for the total fees for their district’s international delegates utilizing direct payment (check). In summary, individual delegates do **not** need to register themselves for the convention.

What’s next: Delegates will receive a message confirming their enrollment with information on what to expect next. In July and August, delegates will receive a series of emails with details on convention participation. Also new this year, delegates will receive a Welcome Box with fun and informative materials for the *Reunited to Build the Future* convention.

Website: The Sons of Norway website will have two International Convention pages. For non-delegates, the convention landing page will share basic information about a Sons of Norway International Convention such as the purpose of the convention. *For delegates who are signed into the Sons of Norway website*, they may access a webpage with updated convention information including answers to frequently asked questions and what to expect coming soon.

Convention questions may be sent to atuchenhagen@sofn.com. We are eager to gather and look to the future with you and all our members.

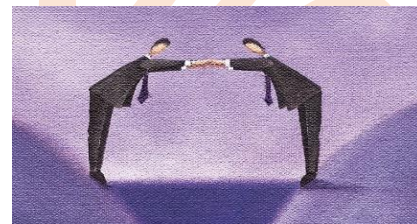
EDMONDS LODGE SOMMER KALENDAR

**SMARTER
PLANNING**

Juli – July

17th Sunday - Edmonds Summer Picnic at Lake Joy

Next Lodge Meeting - **September 14th Masonic Center**



Sons of Norway has some of the very BEST Life Insurance and fixed annuity rates in the country!

Life insurance Benefits:

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to charity



Sons of Norway
Edmonds Lodge 2-130

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515 Dayton Street

Edmonds, WA 98020, USA

PO Box 1651

Edmonds, WA 98020-1651

Website: www.edmondssonsofnorway.org

**ADDRESS SERVICE
REQUESTED**