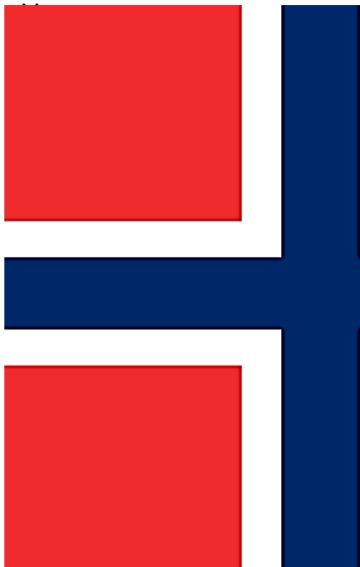


January 2023 ISSUE | VOLUME 40 | NUMBER 1



EDMONDS LODGE 2-130
SONS OF NORWAY
EST 1983

Edmonds *sterkt lys*

What's Inside

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Tuesday Social

Edmonds Lodge Meeting

**Tuesday January 24th at Masonic Center -
Starts at 4pm with social and crafts and
6pm Dinner**

Pot Luck

Financial Planning through Sons of Norway



Mike Dyal is Edmonds Lodge's financial advisor and has been a member of Edmonds Lodge, SofN, for years and loves serving the community and helping people protect their money. Call or text him at 206-446-2222 or email him now to schedule a meeting: mike@pacificadvs.com

Presidents Message

January 2023

Happy New Year



Happy New Year: January this year celebrates both the solar (January 1st) and Lunar (January 22nd) New Year! For much of Asia it will be the year of the Rabbit, but in Vietnam, it is the year of the Cat. So, choose your animal! The rabbit has qualities of kindness, empathy and patience and the cat is seen as a sign of good luck. Chinese New Year starts with the New moon on the first day of the first lunar month and ends on the Full moon 15 days later. No cleaning is done the first few days so as to not sweep out good luck. But on about the fourth day get out the broom and sweep out the old, to let in the new! In Seattle there are many events and parties to be found celebrating this event. And if you find yourself in Oslo;



“Celebrate the Chinese New Year 2023 in Oslo with a variety of things that you can do. Make way for interesting workshop and learn how to create lanterns. Decorate your places with beautiful lanterns and celebrate this event in style. Head to exhibition or get going to dinners and make the Chinese New Year 2023 in Oslo a fancy schmancy affair. There’s a lot to do on this day - Make a lantern, party hard and enjoy the Chinese New Year 2023 in Oslo like never before.”


<https://allevents.in/oslo/chinese-new-year>

Starting this year Edmonds Lodge will try out a new format for our meetings. The first meeting of each month, on the second Wednesday of the month, we will hold our business meetings starting at 7 pm. To start with they will be virtual. Our second Lodge meeting of the month, held on the fourth Tuesday at the Masonic Center, will be our potluck dinner and social gathering. We start at 4 for socializing and cultural activities and dinner is at 6 pm. Our January meeting is the 24th of this month. At each meeting we will decide what we want to do in the way of cultural or craft activities at the next meeting.

Norma Jean Sands

Edmonds Lodge





SONS of NORWAY

Celebrating **125** Years

1895-2020

And 2 years until 130 years!!

✻

Edmonds Lodge Social Meeting
January 24, 4-8 pm - Masonic Center

Edmonds Business Meeting
February 8, 7 pm - virtual

Edmonds Lodge Officers

Executive Board

President:	Norma Jean Sands
Vice President:	Jane Bueing
Secretary:	Shirley Lovelace
Treasurer:	vacant
Fin. Secretary:	Loren Krusenstjerna
Counselor:	Waldo Bueing

Directors

Cultural Director:	Roberta Morrow
Asst.Cultural Dir: 1	Shirley Lovelace
Asst Cultural Dir. 2	Mike Dahl
Sports Director:	Glenda Nelson
	Glennnie12345@gmail.com
Social Director:	vacant
Youth Director:	vacant
Publicity Director:	vacant
Foundation Director:	vacant

Financial Benefits: Mike Dyal (425) 243-4521

Trustees

Marshall:	vacant
Trustee:	Jane Bueing
Trustee:	vacant
Trustee:	vacant

Support Officers

Musicians:	Kris Johannsen
Librarian:	Fay Setran
Information:	Erlene Stevenson
Historian:	Donna Stewart
Website Support:	Donna Stewart
Thor Coordinator:	Kirk Siqveland
Newsletter Editor:	Norma Jean Sands
Newsletter Distribution:	Shirley Lovelace & Norma Jean Sands
Scholarship:	Turid Bouchoukian
Sunshine:	Shirley Lovelace
Building Liaison:	
Greeters:	(alternating) All board members

***This information is for official Sons of Norway business use ONLY. Use of this information for solicitation or commercial intent is a violation of the SofN privacy policy and is prohibited. ***



Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer:**
Shirley Lovelace, 206 708 0344 Her email is: grannyslovelace@gmail.com

Happy Birthday **** Gratulerer med Dagen!

January

- 1 Laszlo Rosman
- 2 Edward D Egerdahl
- 10 Norma Jean Sands
- 11 Philip Kollen
- 23 Xander Siqveland
- 26 Mitchell Eric Steed
- 28 Andrew Snoey
- 30 Steven M Malland



January Thoughts

The birth flower of January: Carnation and Snowdrop. The birthstone: Garnet

January is the first page of a new chapter. Believe that this year is the most fantastic year, and it will be.

- *You can do anything, but not everything at the same time.*
- *You don't have to figure everything out.*
- *Restart as many times as needed.*
- *Your inner peace is too expensive to be sacrificed.*
- *Do more of what makes you forget about time.*

January brings the snow, makes our feet
and fingers glow.

– Sara Coleridge

A warm smile is the universal language of kindness.

Edmonds Lodge News

SON Edmonds Lodge 2-130 Masonic Center, Edmonds, WA

Visit our website at: <https://www.edmondssonsofnorway.org/>

Join us for the **Edmonds Lodge Meeting** at the Masonic Center
January 24th, from 4 to 8pm, with dinner at 6pm.
515 Dayton Street, Edmonds

Doors open at 4 pm for crafts and socializing. Dinner starts at 6pm.
Edmonds Lodge Business Meeting February 8th at 7 pm – Virtual. An agenda and link to join will be sent out several days prior to the meeting.

Have you been keeping track of your steps, miles and/or kms? Please turn them into our

sports Director Glenda Nelson
at

Glennnie12345@gmail.com

We did not do well against
Bothel Lodge last year. Not
enough members turned in
the achievements. Let's see if
we can do better this year!



Ad speaking of athletics, skiing in particular, District two will be having our annual skiing race at Trollhaugan February 4th. There are categories for many age groups from 4 to 94!! So do come, it is a lot of fun. This is the first time it will be in person for two years! There will still be a virtual race for the month of February, so keep track of your kms and send them to our D2

Sports Director Laurie Berg at laurieberg.lb@gmail.com.



Getting warmed up for
February 4th! With dogs
and hot cocoa afterwards.



FOR THE GOOD OF THE ORDER



SONS of NORWAY

What is the Sons of Norway?

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.



Sons of Norway Financial

The back bone of the SON, the financial portion provides insurance and annuities to members. And they are very competitive with other financial institutes.

Mike Dayl is our Lodges' representative. Contact him for more information on products.

mike@pacificadvs.com

206-446-2222

Check out the SON webpage
https://www.sofn.com/financial_products/

Sons of Norway Fraternal

The sights, sounds and tastes of Norwegian culture are captivating to people from all walks of life. So it stands to reason that Sons of Norway would be the first stop for anyone who's looking to explore and discover Norway's treasures. Not a member? You can still browse some of our recipes, language lessons, and a sampling from *Viking* magazine – and don't forget: membership gives you access to additional benefits, like travel discounts and your own copy of *Viking* magazine delivered to your home. Find out more today.

Learn more about SON has to offer at
https://www.sofn.com/about_us/

Sons of Norway Foundation

Provides scholarships grants and financial help to individual members and lodges based on needs. In 2021, the Sons of Norway Foundation distributed over \$147,000 in awards.

Check out their website to see what is available

<https://www.sofn.com/foundation/>

If you can imagine it, you can achieve it.

If you dream it, you can become it.

Imagine yourself an active Sons of Norway member!

IDRETTSMERKE
Sports & Fitness
Medal Program



Sons of Norway Sports and Fitness Medals:

Idretts/General fitness, Ski/Skiing, Svømme/Swimming, Sykkel/Biking, and Gang/Walking

Sons of Norway Cultural Medal Programs:

Cooking, Literature, Stamp Collecting, Rosemaling, Genealogy, Knitting, Language and Culture, Hardanger Embroidery, Figure Carving, Weaving, Ornamental Woodcarving, Chip Carving, Folk Dancing, and Music and Musicians.

SAVE YOUR CANCELED STAMPS



Cut around the canceled stamps, leaving 1/2" around the stamps and get them to Bothell Lodge. This is an ongoing service project coordinated by District 2.

Tubfrim in Norway appreciates your contribution. TUBFRIM is owned by the Norwegian Health Association. Today the profits are used to help children and youth with disabilities, and children and youth with handicaps in Norway, and to finance the efforts to eradicate tuberculosis.

Recipe of the Month – TRADITIONAL SURKÅL

Ingredients

1 white cabbage
2 apples, 1 tsp salt
2 tsp caraway seeds
3 dl stock
2 tbsp vinegar (7%)
2 tbsp sugar
0.5 tsp pepper



INSTRUCTIONS

1. Finely slice cabbage and apples, and add to a saucepan.
2. Add salt, caraway seeds and stock.
3. Bring to a boil and let simmer for 45 minutes.
4. Add vinegar, sugar and pepper to taste.
5. Serve immediately or store for a couple of days in the fridge!

January in Norway

January is **the coldest month in Norway** with normal temperatures that reach inside the 20-30 degree Fahrenheit reach. The more limited days likewise add to the snowy feel. The sun is up for around 6-8 hours every day in Oslo, while Tromsø toward the north is without sunlight for the principal half of the month. But they have a lighted ski trail down the center of the island to allow skiing all through the dark period!

LOCAL EVENTS AUTUMN 2022

Whidbey Island Nordic Lodge Lutefisk and Meatball Dinner and scandinavian bake sale – **Saturday January 28th, 2023** with seatings at noon, 2pm and 4 pm. Non Members \$33, age 10-15 \$15, under 10 – free. Nordic Hall, 63 Jacobs Road, Coupeville, WA. Make reservations by January 20th. Phone Brian Petersen 360-678-5197.

Poulsbo Lodge Lutefisk and Meatball Dinner – **January 28th 2023 11:30-3:30 pm** \$35 adults \$15 age 10 or younger. Sons of Norway 18991 Front Street, Poulsbo, WA

EDMONDS LODGE CALENDAR

January 24, 4-8 pm	Lodge Social Meeting at Masonic
February 8, 7pm	ZOOM Board & Business Meeting
February 28, 4-8 pm	Lodge Social Meeting at Masonic
March 8, 7pm	ZOOM Board & Business Meeting
March 28, 4-8 pm	Lodge Social Meeting at Masonic
April 12, 7pm	ZOOM Board & Business Meeting
April 25, 4-8 pm	Lodge Social Meeting at Masonic

SMARTER PLANNING



Sons of Norway has some of the very BEST Life Insurance and fixed annuity rates in the country!

Life insurance Benefits:

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to charity



Sons of Norway
Edmonds Lodge 2-130

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515 Dayton Street
Edmonds, WA 98020, USA

PO Box 1651
Edmonds, WA 98020-1651

Website: www.edmondssonsofnorway.org

ADDRESS SERVICE
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