

Edmonds

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EDMONDS LODGE 2-130 SONS OF NORWAY EST 1983

MEETING EVERY SECOND WEDNESDAY AT THE EDMONDS

MASONIC LODGE, 515 DAYTON ST. EDMONDS, WA

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Invite your friends, neighbors and shoot-people off the street to the upcoming Edmonds Lodge New Member Dinner. Bring someone who isn't a member & your meals are paid for! Everyone who brings someone gets a chance to win a 2018 Sons of Norway ornament. Have questions? Ask Mike, our Financial Benefits Councilor or an Edmonds Lodge Board Member. See you there!



MARKET WATCH

Its been 9 years 7 months since we suffered a ressession. Historically, every 10 years a resession hits! I don't want it to happen, but when the market has an adjustment then the time to protect your money is immediate. Stay safe and secure with asset protection consulting provided by your Sons of Norway Finanacial Benefits Councilor. Call Mike now to schedule a free; no obligation financial review. (425)243-4521



Presidents Message

GODT NYTT ÅR - - Happy New Year – What, again you ask. February 5th is the start of the **Chinese New Year**. 2019 is the year of the Pig. At Edmonds Lodge we celebrate the Pig every month with our collection “piggies” which you see on the dinner tables. We collect donations alternately for the SON Foundation and the Edmonds Food Bank. The Foundation provides monetary help to SON members who have lost homes and property in natural disasters. So by feeding the “piggies” you are helping those in need!

February can be a dark time in Norway with little sun but snow makes it seem so much lighter. Go to <https://www.visitnorway.com/plan-your-trip/seasons-climate/winter/> for a flight through winter in Norway. Beautiful! It is a good time to express love of family, friends, and sweethearts. Celebrating St. Valentines Day is newer in Scandinavia than other parts of the world. I don't remember any reference to it when I lived in Norway in the 70's. It is called all hearts day (*alle hjerters dag*) and is, of course, a celebration of love and romance. Only in recent years has the business sector promoted this tradition in Norway.

And elsewhere in the world?

It's been said that the first Valentine's Day card originated in **France** when Charles, Duke of Orleans, sent love letters to his wife while imprisoned in the Tower of London in 1415. Today, Valentine's Day cards remain a popular tradition in France and around the world.

Although Valentine's Day is a relatively new holiday in **Denmark** (celebrated since the early 1990s according to the Ministry of Foreign Affairs of Denmark), the country has embraced February 14th with a Danish twist. Rather than roses, friends and sweethearts exchange pressed white flowers called snowdrops.

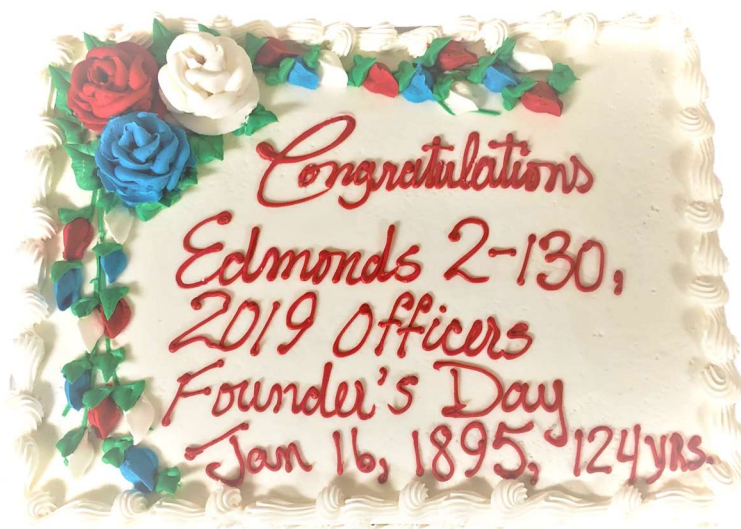
Valentine's Day is a popular holiday for young couples in **South Korea**, and variations of the holiday are celebrated monthly from February through April. The gift-giving starts on February 14th, when it's up to women to woo their men with chocolates, candies and flowers.

You won't find the **Welsh** celebrating Saint Valentine -- instead, people in Wales celebrate Saint Dwynwen, the Welsh patron saint of lovers, on January 25th. In **Brazil**, folks are too busy with Carnival to celebrate St Francis in February; they wait until “Lover's Day” on June 12th.

However you celebrate it, come joins us and visit with friends at our lodge meeting February 13th. See you there.

Fraternally, Norma Jean Sands, President





Congratulations and thank you to the 2019 newly inducted Board members! This year is going to ROCK!

Want to volunteer? Just reach out to a board member and they will get you connected to activities to help out the lodge and community.

Edmonds Lodge Officers

Executive Board

President: Norma Jean Sands	206-524-6020
Vice President: Sandra Ferchen	425-275-7114
Secretary: Jane Bueing	425-268-9627
Treasurer: Vicki Nelson	425-218-4447
Fin. Secretary: Loren Krusenstjerna	425-775-1710
Counselor: Waldo Bueing	425- 882-2212

Officers/Directors

Social Director: Eli Krusenstjerna	425-775-1710
Cultural Director: Roberta Morrow	425-921-0302
Asst.Cult. Dir: Shirley Lovelace	206-708-0344
Sports Director: Glenda Nelson	206-778-4886
Youth Director: Nathan Salmon	425-359-3178
Asst. Youth Dir: Sandra Ferchen	425-275-7114
Found. Director: Erlene Stevenson	425-712-9788
Financial Benefits: Mike Dyal	425-243-4521

Trustees

Marshall: Bob Turcott	425-308-5265
Asst. Marshal: Tristan Haije	425-778-1665
Trustee: Harold Setran	425-778-2009
Trustee: Jane Bueing	425-882-2212
Trustee: Bob Turcott	425-308- 5265

Support Officers


Musicians: Philip and Birgit Ages	206-947-8393
Librarian: Fay Setran	425-778-2009
Information: Erlene Stevenson	425-712-9788
Historian: Donna Stewart	206-251-5446
Newsletter Editor:	
Asst Editor: Mike Dyal	425-243-4521
Distribution: Melissa Johnson	425-672-1272
& Karen Pedersen	425-412-3555
Publicity Director: Lisa Palmatier	206- 546-1588
Scholarship: Turid Bouchoukian	206-954-6675
Sunshine: Shirley Lovelace	206-708-0344
Building Liaison: Sandra Ferchen	425-275-7114
Greeters: (alternating) All board members	

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Above from January 2019 Edmonds Lodge Meeting, Officer Installation Ceremony Table, ready for the new Board members to receive their regalia and be sworn in.





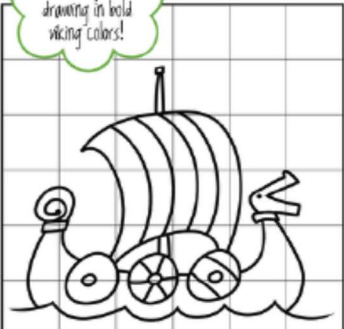
JUST FOR KIDS




COPY THE PICTURE

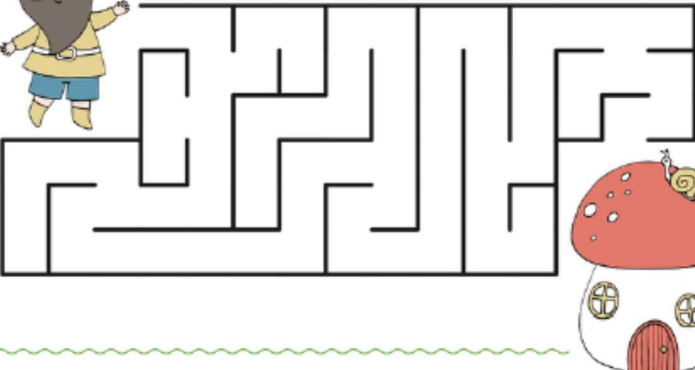
Use the grid lines to help draw the same picture.

Color your drawing in bold viking colors!





HELP THE GNOME FIND HIS HOME!




FUN FACTS

ABOUT THE MIDNIGHT SUN

Some areas above the Arctic Circle in Norway receive 24 hours of sunlight from April 20 through August 22—that's 124 days of sun!

The midnight sun occurs because Earth's northern hemisphere is tilted toward the sun.



For Family Matters pages from previous issues, go to sonsanddaughters.com. Log in, click on "Member Benefits" on the top tool bar, then "Family Matters."

Below from January 2019 Edmonds Lodge Meeting, new board members are sworn in to their positions for the next term to uphold the values of the organization: Financial, Fraternal & Foundation. What a grand meeting.



For the Good of the Order:



Happy Birthday to our members born in February

3 - Lily June Bradford
3 - Kate Lynn Nicodemus
4 - Teresa B Daggett
7 - Dorothy Clausen
11 - Vicki Ann Nelson
12 - Loren D Krusenstjerna
14 - Kevin D Morrison
19 - Vilhjalmur Steinthorsson
22 - Amelia Emma Miller
24 - Karen Jangard Herlihy
25 - Anders Kristofer Alvarez
25 - Dennis J Johnson
28 - Karen Pedersen



We would like to welcome all new members into our Lodge.

Some benefits to being a Sons of Norway Member are:

- Viking Magazine
- Newsletter
- Car Rental Discounts
- Hotel Discounts
- Discount Flight & oversees vacation
- PerkSpot membership! (Big Discounts on everything!)
- Summer camps for kids
- Cultural and Heritage
- Social Opportunities Galore
- Community Service
- Scholarships for all ages
- Best in Class Life Insurance
- Philanthropic opportunities
- Monthly Meetings and more!



Sunshine Report

When a member needs some cheer from our lodge, Please contact our **Cheer Volunteer: Shirley Lovelace** **206.708.0344** email is grannyslovelace@gmail.com

In January,
13 birthday cards
3 Get Well cards were sent to Birgit
Ages
2 thinking of you cards.

Edmonds Sons of Norway is More than Meetings

Edmonds Lodge members support many programs like the following:

The Edmonds Food Bank
Parades in Edmonds and Ballard
Pancake Breakfasts
Scholarship and Camp programs
Box Tops and Labels for Education
Saving Stamps to Support Children

Pancake Breakfast and Bake Sale

Edmonds Sons of Norway Lodge Masonic Center,
515 Dayton Street, Edmonds 7:30 A.M. – 12 Noon
Saturday March 2, 2019
Norwegian pancakes with strawberries, ham, juice and coffee or tea - Live Music
Crafts and Bake Sale
Donation \$8.00 Children 5 and under free, Children 6 – 10 \$5.00
For information call [\(425\) 712-9788](tel:4257129788)
AND free folk dancing lessons for kids 10 – Noon

Website-
<http://EdmondsSonsofNorway.weebly.com>

News from our D2 Youth Director:

Dear members,

A new season of youth camps is coming at us in the too near future. The camp schedule is as follows;

Trollhaugen	June 30 th to	July 13 th
Nidaros	July 14 th to	July 27 th
Normanna	July 28 th to	August 10 th

International Summer School (Saltveit Scholarship) runs from June 22nd to August 2nd.

Camps are expensive. This year we raised the price for District Two's camps to \$650. Please bear in mind that the value of our camps far outpace our costs. That being said, families sending one or more kids to camp will agree that every little bit helps. Do what you can to make more work for the Scholarship Committee. Get your campers to apply. In the past, we've had scholarships unclaimed because nobody applied for them.

While I'm on the subject of scholarships, I'd like to remind you that we have quite a range of scholarships and grants available through Sons of Norway International's web page. In particular, I'd like to highlight the Douglas Warne-Rolf & Wenche Engineering Scholarship.

Not all lodges have a Youth Director. If your lodge does not have one, please forward this info to whoever can pass on this important information.

Note from the Editor

It is an honor to represent the Sons of Norway Edmonds Lodge (2-130) with this regular newsletter. For such a young lodge, Edmonds has everything a lodge is looking for. The monthly meals are a highlight, the relationships are sincere and the activities are joyful. May this coming year be filled with more good from Edmonds Lodge.

Is something missing in the newsletter? Please send your notifications no later than the 21st of each month to Mike @ The editors e-mail: edmondslodgeeditor@gmail.com

The Sterkt Lys is a publication of Sons of Norway Edmonds lodge 2-130. Published 10x per year and available in email and print versions for your convenience.

IDRETTSMERKE Sports & Fitness Medal Program



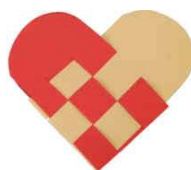
Sons of Norway's Sports & Fitness Medal Program

brings a bit of Norwegian tradition to its members by encouraging everyone to participate in activities that will improve their health and well-being in ways that suit each individual.

The Sons of Norway Sports Medal Brochure outlines options for earning medals in Walking, Skiing, Biking and as a Generalist. Email our Sports Director, she will provide you with the following forms via email. Recordkeeping is simplified by using the following Sons of Norway forms:

- Gangmerke (Walking) Record
- Skimerke (Skiing) Record
- Sykkelmerke (Biking) Record
- Idrettsmerke (Sports and (Fitness) Record

Though it might be too late to turn in your activities for 2018, it is just in time to start adding up and writing down your activities for 2019! **Make 2019 the healthiest it can be!**



February Lodge Meeting Cultural Activities

4:30pm Come and work on genealogy for the next 3 months.

We started in January but you may start now in February or continue to the next step. Call or email Roberta before the meeting if you want to participate so she will have materials on hand: 425 921-0302, birdeekay@gmail.com.

Get a head start by coming with parents and grandparents' names, birth place and date, marriage date and death date.



February 2nd - District 2 Cross Country Ski Race

At Trollhaugen Lodge – Stampede Pass Exit 62 off H90. Registration starts at 9:30am and **race starts at 10:30am**. All ages may enter. Medals will be given out for various age categories of skiers. Lunch is served at noon and is hosted by our Lodge this year in memory of Al Berg. We need volunteers to help with serving lunch. Cost for the day is just a donation to offset costs of the event. But you do need a Sno-Park w/grooming Pass to park. Then you either ski over or call Trollhaugen @ (509)656-9997 and take the

Special Bulletin:

Sons of Norway Calls for 2019 Scholarship Applications

The Sons of Norway Foundation awards 25 scholarships to promising students each year. The programs promote cultural exchange and support higher education to help students follow their dreams. Although application deadlines vary from Jan. 15 to March 1, 2019, apply now! The scholarships still available are:

The Astrid G. Cates Scholarship is designated specifically for students interested in post-secondary training or vocational/trade school. Applicants who are between the ages of 17-26, United States citizens and current members of Sons of Norway or children or grandchildren of current members eligible to apply. The application deadline is March 1, 2019. The Dan and Betty Rude Scholarship is offered specifically to undergraduate students majoring in elementary education (K-8). Candidates must have completed at least one year of college and be United States citizens. The deadline is March 1, 2019.

The Myrtle Beinhauer Fund offers scholarships to individuals who are current members of Sons of Norway or children or grandchildren of current members in Sons of Norway Districts 1-6. Furthermore, applicants must be enrolled in college or have proof of enrollment prior to receiving funding. The application deadline is March 1, 2019.

The Nancy Lorraine Jensen Memorial Scholarship Fund was established to encourage young women to enter the fields of science and engineering. Applicants must be American citizens aged 17-35 and a current female Sons of Norway member or the daughter or granddaughter of a current member of the Sons of Norway. The application deadline is March 1, 2019.

The Orel and Marie Winjum Memorial Scholarship assists with college tuition costs for American citizens of Norwegian and/or German heritage who have been accepted or are enrolled in an accredited four-year college or university or two-year community college in the United States. The application deadline is March 1, 2019.

The Carl M. Saltveit Scholarship provides full scholarships for District Two members to attend the University of Oslo International Summer School. The application deadline is February 15, 2019. Contact District Two Youth Director David Champion or go to <http://sonsofnorway2.com/scholarships.html> for further information.

The Sons of Norway Foundation is dedicated to funding activities that preserve and promote Norwegian heritage, positively affect members and make Sons of Norway communities more vibrant places to live.

For more information about Sons of Norway Foundation scholarships, contact scholarships@sofn.com, call (800) 945-8851, or check out the website at <https://www.sofn.com/scholarships/>. Each scholarship has specific criteria that applicants must meet.

You never know what good you can do until you try.

Want to create a scholarship for the Edmonds Lodge, the District or Sons of Norway, International? First, contact Mike Dyal, Financial Benefits Councilor at (425) 243-4521 and see how easy it is to start something good. Concerned if you have assets available to start? Mike & Sons of Norway can help you with that as well for monthly premiums that make a difference, call Mike now.

In Loving Memory...

Helen Clouston, Helen was gracious in letting us store Thor in her yard area for years! We recently had to place elsewhere but certainly thankful for her letting us use her yard. She was a member of our lodge for years.

Despite suspicions she might outlive us all, Helen Marie Bergstrom Clouston passed into Life Eternal on January 13th, 2019, at the age of 104. She was born in Plaza, North Dakota, then after her mother died when she was four, Helen grew up with her grandmother in Moorhead, MN, then back to her father's farm in Plaza, excelling in her studies and playing on the girls basketball team. Helen taught at the Plaza schoolhouse before she married high-school sweetheart Palmer Clouston in 1936, then they drove their old Oakland car packed to the gills, camping along the way, to a new life starting in Seattle. Helen & Palmer eventually found their way into real estate as Seattle was expanding. They owned Colegrove's Restaurant in Edmonds in the 1950s, and ran Edmonds Travel for years with Jane Dontos, while extensively traveling the world, riding horses with the King County Sheriffs' Posse, and hosting countless parties in the home they built in Woodway Park. After Palmer passed away in 1982, Helen continued enjoying life, traveling the world with friends and family, including touring the Canadian Rockies after reaching triple digits.

She is survived by her children Carol Hansen (Doug), Diane Peterson, and Monte Clouston (Brenda), 6 grandchildren, 2 great-grandchildren, and a world of friends, who will all miss her century of stories, her ability to keep looking forward, her sense of fun with mischievous grin, and her feisty spirit.

A Memorial service will be held at noon on Monday, January 21st at Beck's Tribute Center, 405 Fifth Ave S, Edmonds, WA 98020, followed by a graveside service at Acacia Memorial Park, then a reception at 3:30pm at the Edmonds Yacht Club, 326 Admiral Way, Edmonds, WA 98920. Donations may be sent to Medical Teams International, P. O. Box 10, Portland, OR 97207, and you may enjoy watching your children play in Edmonds Park while sitting on the bench in honor of Palmer & Helen Clouston.



Jerry England's wife Judy was a member of our lodge who passed away. Jerry attended the Edmonds Lodge meetings and helped at the pancake breakfasts. Our deepest condolences and sympathy to the family.

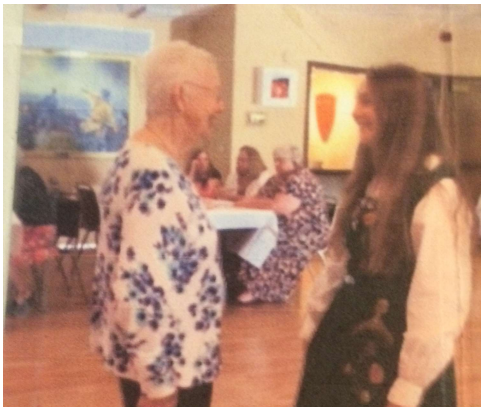
Sylvia Johanne Torget Ferchen, 91, formerly of Lynnwood, WA, passed away peacefully on January 21, 2019. She was born April 9, 1927 in Ballard and graduated from Ballard High in 1945. She worked as a riveter on bombay doors for the Boeing Company during WWII to support the war effort. Her life work was spent in banking (37 years) retiring from the Bank of California (Seattle) & Key Bank (Ballard). After retiring, she did income taxes for clients.

She was a loving and faithful wife to H.E. Ferchen (Jim) for 48 years. He preceded her in death in 1995. They had three children: Sandra Ferchen (Dan Kier); Mary Lambert (Wayne); Arne Ferchen, deceased. She had 13 grandchildren, 21 great grandchildren and 2 great great grandchildren. She is also survived by her older brother, Henry Torget, and sisters: Jenny Walvatne and Betty Abbey & numerous nieces and nephews.

Sylvia loved her Norwegian Heritage. She was a member of Daughters of Norway Breidablik Lodge #2 (Past President) and Valkyrien Lodge #1. In 1996 she was their Grand Lodge Treasurer. She was a Golden member of Sons of Norway and a Charter member of Edmonds Lodge #2-130 & also past Treasurer. Other affiliations: Lynnwood Eagles, Edmonds Garden Club, Sno King Int. Folk Dance Club, & the Nordic Heritage Museum. She also bowled on many different leagues (Bank of California and Sons of Norway). For many years she volunteered at the polling station in Lynnwood during the elections. She was baptized and confirmed at Ballard 1st Lutheran (Seattle) & a member of Trinity Lutheran Church (Lynnwood). Everyone loved her beautiful smile, loving ways, helpful spirit, honesty, kindness and enthusiasm for life, but especially the love she had for her family and the Lord.

There will be a small family service at Evergreen Funeral Home in Everett followed by a "Celebration of Life" on Sunday, March 10, 2019 from 2-5 at the Bothell Sons of Norway.

In lieu of flowers: Donations can be made to the Alzheimer's Association.



Klub - Potato Dumplings

Recipe by Cindy Dahl, from Gyda-Varden 4-021 in Grand Forks, ND

For more recipes, check out the international website @
https://www.sofn.com/norwegian_culture/recipe_box/

Ingredients

2 1/3 cups flour
2 2/3 cups potato flakes
2 tsp. salt
1 jar or package of real bacon pieces

Directions

Mix all ingredients together.
Add three cups of COLD water and mix.
Form dumpling mixture into balls or patties.
Boil for 20 minutes in boiling salted water.
Serve with a side of ham. Enjoy!

Have a recipe you want to share with the lodge?

Send it to the editor at:

edmondslodgeeditor@gmail.com

Want more information of upcoming events in Edmonds and surrounding lodges? Well, you will just have to come to the next meeting. See you there!

Edmonds Lodge & Sons of Norway Membership Information

Individual Membership

\$60/year

Family Membership

\$95.00/year

Edmonds Lodge & Sons of Norway is for everyone!
You don't need to be of Scandanavian decent. Just see what Edmonds Lodge does on page 5 of this newsletter.

Heritage Membership (15 years old & younger) FREE



On Feb 14, Ole was in trouble. He forgot to bring home flowers or chocolate! Lena was disappointed, and angry too! She told him: "Tomorrow morning I expect to see a gift in the driveway that goes from 0 to 200 pretty dang fast!

The next morning Ole left for work early. When Lena go up, she went straight to the window to look at the drive way. And sure enough there was a box wrapped up with a bow. But it didn't look that big. She ran out and brought the box back into the house and opened it up. And there was a bathroom scale.

Ole has been missing since Feb 15th!

Now, if Lena had been Korean it would have been up to her to provide the gift! But then Ole may still have been missing, gadding about in the new vehicle!



Upcoming Events

At Edmonds Lodge (Unless indicated otherwise)

February

6th - **Board Meeting** - 6:30

13th - **Lodge Meeting**

4:30 Culture - Genealogy

5-6:00 Social Hour

6:00 Dinner

7:00 Meeting

“ I can tell you that the
effect you have on
others is the most
valuable currency
there is.. ”

ALDREN ER LAAK
LENSMANN

LOOKING AHEAD

2/2 D2 Ski Races Trollhagen

2/12 Lodge Meeting

3/2 Pancake Breakfast

3/13 Lodge Meeting

4/10 Lodge Meeting

5/4 Pancake Breakfast

5/8 Lodge Meeting

*Board meetings are held first
Wednesday of the month at Trinity
Lutheran Church; any lodge
member is welcome to attend.*

*Lodge meetings are held the 2nd
Wednesday of each month at the:
Edmonds Masonic Lodge*

SMARTER PLANNING



Sons of Norway has just
announced some of the best
rates on term insurance in the
country.

When is the last time you
reviewed your Life Insurance
with a professional? You could
be spending money on
overpriced; outdated policies.



Sons of Norway
Edmonds Lodge 2-130

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515 Dayton Street
Edmonds, WA 98020, USA

PO Box 1651
Edmonds, WA 98020-1651

Website:
www.edmondssonsofnorway.weebly.com

**ADDRESS SERVICE
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