

MAY 2022 ISSUE | VOLUME 39 | NUMBER 5

# Edmonds *sterkt lys*

EDMONDS LODGE 2-130  
SONS OF NORWAY  
EST 1983

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## Edmonds Lodge Meeting

**Wednesday May 11th 7pm**

**Plan on Zooming in with us!**

**Program: Annual Memorial**

**Join us here:**

**<https://uso2web.zoom.us/j/88149115735>**

**or by phone: (253) 215-8782 code:**

**88149115735#**

## Financial Planning through Sons of Norway



Mike Dyal is Edmonds Lodge's financial advisor and has been a member of Edmonds Lodge, SofN, for years and loves serving the community and helping people protect their money. Call or text him at 206-446-2222 or email him now to schedule a meeting: [mike@pacificadvs.com](mailto:mike@pacificadvs.com)

# Presidents Message

May 2022

**GOD 17. MAI**



*Ah, to be in Norway, now that May is here.* May has to be Norwegian favorite month, with 17. Mai and parades! Oslo is 50 degrees F (9° C) with some sun. Bergen is 41 degrees F (5° C) and rain! Tromsø is 29 degrees F (-2 C) and snow! Ah, they can still go skiing in Tromsø but may have to wear their wool underwear under their bunad on the 17<sup>th</sup> of

and festivities associated with 17. mai. And so the parade is back. And we in Edmonds are getting the work party May 14<sup>th</sup> and the bunad, or as a Viking, or in your



We had a fantastic program from our members, Lynee Forsyth and Tim McCorcle, about Ski for Light. They do a lot of their skiing at our District 2 Trollhaugen Lodge at Stampede Pass. They showed some video of how to train to be a skiing

guide for the blind; it even gave some of us old-time skiers some new tips! I can hardly wait for the next skiing season.



May! Whatever the weather, be outside enjoying the parades will we here in Ballard; the Thor ready for it! Join us for parade May 17<sup>th</sup>! Dress in your best Norwegian sweater!

two of



This month at our Lodge meeting we will be remembering six of our members who passed away this year. See page 5 for the list of names.

As we become more active as a Lodge with in-person gatherings and meetings, we need to hear from our members! What would you like to do in the way of activities, classes, programs? Come to our Summer picnic in July with ideas to share.

Right now, take time to learn! Learn more about 17<sup>th</sup> of May and Norwegian History with this month's Norwegian Trivia and Answers! I did and got a bit carried away. Enjoy! (page 8)

*Norma Jean Sands*

Edmonds Lodge President



**SONS of  
NORWAY**

**Celebrating 125 Years**

1895-2020

### **Meet and greet!**

- In person Thor work party  
May 14 - 12 - 4pm
- Zoom Lodge meetings! 2<sup>nd</sup>  
Wednesday of the month.
- Join the Board at our mtgs 1<sup>st</sup>  
Wednesdays of each month.
- Edmonds Summer picnic July  
17 Lake Joy

This is **Convention Year**! We missed 2020, but 2022 is going forward. District 2 Convention is in Portland this year – hosted by Greg Lodge – first week in June.

## **Edmonds Lodge Officers**

### **Executive Board**

President: Norma Jean Sands  
Vice President : Jane Bueing  
Secretary: Shirley Lovelace  
Treasurer: now vacant  
Fin. Secretary: Loren Krusenstjerna  
Counselor: Waldo Bueing

### **Directors**

Cultural Director: Roberta Morrow  
Asst.Cultural Dir: 1 Shirley Lovelace  
Asst Cultural Dir. 2 Mike Dahl  
Sports Director: Glenda Nelson  
[Glennnie12345@gmail.com](mailto:Glennnie12345@gmail.com)  
Social Director:  
Youth Director:  
Foundation Director:

**Financial Benefits:** Mike Dyal (425) 243-4521

### **Trustees**

Marshall:  
Trustee: Jane Bueing  
Trustee:  
Trustee:

### **Support Officers**

Musicians: Kris Johannsen  
Librarian: Fay Setran  
Information: Erlene Stevenson  
Historian: Donna Stewart  
Website Support: Donna Stewart  
Newsletter Editor: Norma Jean Sands  
Newsletter Distribution: Shirley Lovelace  
& Norma Jean Sands  
Scholarship: Turid Bouchoukian  
Sunshine: Shirley Lovelace  
Publicity Director:  
Building Liaison:  
Greeters: (alternating) All board members

*\*\*This information is for official Sons of Norway business use ONLY. Use of this information for solicitation or commercial intent is a violation of the SofN privacy policy and is prohibited. \*\**



# Sunshine Report

When a Sons of Norway Edmonds Lodge Member needs some cheer, please contact our **Cheer Volunteer:**  
**Shirley Lovelace, 206 708 0344** Her email is: [grannyslovelace@gmail.com](mailto:grannyslovelace@gmail.com)

May – Mai Birthdays \*\*\*\* Gratulere med Dagen!

May 1 Liam Baird  
May 3 Gerald Graham  
May 5 Astrid Driveness  
May 7 Wesley Murray  
May 7 Annika Wilson  
May 10 John Richens  
May 13 Donna Stewart  
May 14 Lynee Forsyth  
May 16 Lisa Chinlund



*"When you can't find the Sunshine, Be the Sunshine!"*

## Norwegian Birthday Song

Hurra for deg som fyller dit ar!  
Ja, deg vil vi gratulaere!  
Alle i ring omkring deg vi stas,  
Og se, nav il vi marsjere  
Bukke, nikke, neie, sru oss omkring,  
Danse for deg med hopp og spret tog spring  
Onske deg av hjertet alle gode ting!  
Og si meg sa, hva vil du mere?  
Gratulaere

Hurray for you celebrating your birthday!  
Yes, we congratulate you!  
We all stand around you in a ring,  
And look, now we'll march,  
Bow, nod, curtsy, we turn around,  
Dance for you and hop and skip and jump!  
Wishing you from the heart all good things!  
And tell me, what more could you want?  
Congratulations!



# Join us for the Edmonds Lodge Meeting

Wednesday May 11th @ 7:00pm

Please join a few minutes early.

Join here: <https://us02web.zoom.us/j/88149115735>

or by phone: (253)215-8782 code: 88149115735#

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Visit our website at: <https://www.edmondssonsofnorway.org/>

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Our **May Lodge meeting** (5/11/22) is our Memorial to our members lost in the last year.

Marlene Curley  
Norma Fuhrman  
Eli Krusenstjerna  
Harold J Setran  
John Sjong  
Bob Turcott



Just a little letter  
I just wanted to say  
Everything is fine  
And I got here okay.  
I made it to heaven  
This place is really great  
Family came to meet me  
They were waiting at the gate  
I am young again  
No illness and no pain  
Things I could not do on earth  
I can now do again  
This place is beautiful  
I feel like I've come home  
There are waterfalls and flowers  
And green fields where I can roam  
Please don't worry about me  
For I am in Gods care  
And when the time is right  
I will meet you there  
Enjoy the life you have  
Cherish every single day  
Just wanted you to know  
That I got here A-okay.

By John F. Connor



## THOR

AND THE 17<sup>th</sup> OF MAY!

Sorry our work party on April 30 had to be cancelled. But do come **MAY 14<sup>th</sup>** from noon –

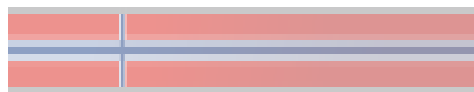
4pm for final prep before the parade. The work party is at the Sigveland residence (19105 92nd Ave W, Edmonds). Just look for the Viking ship in the front yard! If you want to dress up as a Viking for the 17<sup>th</sup> of May parade, Kirk will help you with ideas. For information call Kirk at (206) 856-9362.



## What is the Sons of Norway?

Discover Sons of Norway and you'll find a community of people dedicated to their families, other members, and making a difference in the world around them. Together we celebrate the heritage and culture of Norway, while offering our members the protection of solid financial products and services.

There are three areas of the Sons of Norway: Financial, Fraternal, and Foundation.



## Sons of Norway Fraternal

**Sons of Norway** (*Sønner av Norge*), founded in 1895 as the **Independent Order of the Sons of Norway**, is a **fraternal** organization principally representing people of Norwegian heritage in the United States and Canada. The organization includes in its mission the promotion and preservation of the heritage and culture of Norway and other Nordic countries and to provide life insurance and other financial products to its members. The organization is classified as a non-profit 501(c)(8) fraternal beneficiary society.

Currently, the Sons of Norway has nearly 400 lodges in the United States, Canada and Norway. With over 57,000 members, the Sons of Norway is the largest Norwegian organization outside of Norway.

*From Wikipedia!*

**Leif Erikson Lodge 2-001, Sons of Norway**, cordially invites the community to participate in a open house in Leif Erikson Hall, 2245 NW 57th Street, Seattle WA, on Tuesday, May 17, 2022. This is a day to celebrate Norwegian Constitution Day, Syttende Mai, and also Leif Erikson's 119th anniversary. The open house is from 1PM to 5PM at our hall. There are celebratory events commemorating this important day throughout Ballard—from entertainment at Bergen Place, to the parade through the heart of Ballard. It is family-oriented with entertainment throughout the day. See flyers attached.

Your organization is invited to reserve a table to display information about your organization to the Ballard community at Leif Erikson Hall. This can include photos, flyers, brochures, etc. There is no cost to reserve a table, but you must reserve a space by May 5, 2022.

The parade is at 6PM!

What will be available at Leif Erikson Hall?:

A variety of Norwegian goodies such as: Lefse, krumkake, waffles, ice cream, and possibly children's activities with face painting and more!

Nordic Café by Chef Malin is offering beautiful open-faced sandwiches, delicious hot entrées, coffee, soda, and more. Family friendly prices.

Music and entertainment includes:

- 1:15-2:15 - Bill Boyd w/ Leikarringen
- 2:30-3:45 - Six Feet Back Band
- 4-5pm - Winter Family Band



**IDRETTSMERKE**  
Sports & Fitness  
Medal Program



## Sons of Norway Sports and Fitness Medals:

Idretts/General fitness,  
Ski/Skiing,  
Svømme/Swimming,  
Sykkel/Biking, and  
Gang/Walking

## Sons of Norway Cultural Medal Programs:

Cooking, Literature, Stamp Collecting, Rosemaling, Genealogy, Knitting, Language and Culture, Hardanger Embroidery, Figure Carving, Weaving, Ornamental Woodcarving, Chip Carving, Folk Dancing, and Music and Musicians.

## SAVE YOUR CANCELED STAMPS

Cut around the canceled stamps, leaving 1/2" around the stamps and get them to Bothell Lodge. This is an ongoing service project coordinated by District 2. Tubfrim in Norway appreciates your



contribution.

## Recipe of the Month

### Kardemommeboller -- Cardamom Buns

(A sweet dinner roll)

#### Ingredients:

- 2 cups milk
- ¼ cup butter
- ¼ cup margarine
- 1 pkg active dry yeast
- ¼ cup warm water
- ¾ cup sugar
- 1 T sugar
- ½ tsp salt
- 6 whole cardamom seeds, crushed
- 7 cups flour

#### Directions:

Scald milk. Add butter and margarine and let stand until melted and milk is slightly cooled.

Soften yeast in warm water with 1 Tablespoon sugar.

In large bowl add remaining sugar, salt and cardamom.

Pour in lukewarm milk mixture. Add yeast and enough flour to make stiff dough. Work thoroughly.

Place in greased bowl. Cover and let rise until double in size. Punch down and shape into balls the size of ping pong balls.

Preheat oven to 450 degrees. Place balls 1 inch apart on greased baking sheet. Cover and let rise to double in size.

Bake in oven for 5 (five) minutes. (No lie, it only takes 5 minutes) Brush with butter while still hot.



## May in Norway

On 17 May we **commemorate the signing of the constitution** on that date in 1814. In Norway, Constitution Day is huge. While many countries celebrate their national day with a military parade, Norway's 17<sup>th</sup> of May is more of a party for everyone, especially the children. The Constitution of Norway was signed at Eidsvoll, Norway on May 17, 1814, when Norway was becoming free from its union with Denmark and hoped to be independent. Alas, that was not to happen for another 90 some years.

### Celebrate Syttende Mai at Home

1. Celebrate your heritage. Fly the Norwegian flag – the more, the better. Sing “Ja, Vi Elsker”
2. Have some fun. Take a quiz about Norway (see page 8). Read facts about Syttende Mai. Learn more about Norway's history! (see extended answers to trivia quiz).
3. Community pride. Clean up your street or your park.
4. Go classic: eat hot dogs wrapped in Loompas or lefse and consume as much ice-cream and soda as you like, and for us adults a shot glass of aquavit would not hurt!

## Norwegian Trivia

1. How many counties (fylker) did Norway have prior to 2020 and how many does it have now? Is everyone happy about this?
2. What are the two island territories of Norway?
3. What are the populations of these two island territories?
4. Who was the first ruler of a united Norway (about 872 AD)?
5. Who is the present King and when did he become king?
6. When was the current constitution adopted?
7. When and why were 17<sup>th</sup> of May celebrations banned?
8. When was the first recognized 17<sup>th</sup> of May parade and who was in the parade?
9. Why was Norway switched from Danish rule to Swedish rule after the Napoleonic wars?
10. When did Norway gain its independence from Sweden?
11. What is the highest mountain in Norway?
12. In which city is Vigelandsparken located? What is the park known for?
13. What was Norway's capital first called and what is it called now?
14. What three countries border on Norway?
15. What is the oldest existing city in Norway?
16. When was Norway an independent country vs in union with other countries?
17. Is Norway's constitution the 2<sup>nd</sup> oldest still in use in the world?





## COMING EVENTS 2022

**Bothell Lodge Pancake Drive-Thru Breakfast – May 14<sup>th</sup> 8am-noon (see below).**

**Normanna Lodge in Everett is having their drive-thru Pancake Breakfast May 14<sup>th</sup>, 8-11 am.**

### **Bothell Lodge Drive-thru Pulled Pork Sandwich dinner – Sunday May 22nd**

**Your reservation must be in by May 15.** E-mail:

Dinner@bothellsonsofnorway.org or call the Lodge 425-485-9085 and leave a message. We need to know, how many dinners and about what time you will pick it up, between 3 and 4:45 pm.

### **17<sup>th</sup> of May**

The Parade and festivities are on for 2022 in Ballard! See <https://www.17thofmay.org/> for more information. Edmonds Lodge will participate with our Viking ship float – Thor. Come join us! We will meet May 14<sup>th</sup> at Kirk's house where the float is for last minute preparations (see p. 5). Then we will meet in Ballard May 17<sup>th</sup> about 5 pm at the parade start. The Parade starts at 6 pm.



**Bothell Sons of Norway**  
Swedish Pancake Drive-thru

Every 2nd Saturday  
8:00 am to 12:00 pm  
April 9, 2022  
May 14, 2022  
June 11, 2022 (Last one)

4 Swedish Pancakes, Strawberries & Ham  
Orange juice on request. No Coffee.  
\$10.00 Adult - \$5.00 Child (suggested donation)  
All Orders To Go Only.  
No Seating Available.  
Stay in your car and a hot breakfast will be delivered to you.  
Cash and cards will be accepted.  
Open to the public

Bothell Sons of Norway  
23905 Bothell Everett Hwy,  
Bothell, WA 98021  
Phone: (425) 485-9085

Website:  
[www.bothellsonsofnorway.org](http://www.bothellsonsofnorway.org)  
Facebook:  
[www.facebook.com/bothellsonsofnorway](https://www.facebook.com/bothellsonsofnorway)

### **District 2 Sports**

July 16, 2022: 50<sup>th</sup> Anniversary at Trollhaugen with Horseshoes and Kubb Tournaments

August 13, 2022: Golf Tournament in Spokane. WA

**District 2 2022 Convention** - Portland June 1-4th hosted by Grieg Lodge 2-015

**International 2022 Convention** – Early September by ZOOM

### **Summer Fun – Save the Date**

June 26, 2022: Midsommarfest at St. Edward State Park, Kenmore, WA

July 4<sup>th</sup>, 2022: Fourth of July Parade in Edmonds

July 17, 2022: Edmonds Annual Picnic

## Answers to Norwegian Trivia plus extra information about Norway!

1. Norway **had 19** counties (fylker) earlier and **11 now**. In 2017 the government decided to abolish some of the counties and to merge them with other counties to form larger ones, reducing the number of counties from 19 to 11, which was then implemented on 1 January 2020. The counties form the first-level administrative divisions of Norway and are further subdivided into 356 municipalities (kommune). The capital Oslo is both a county and a municipality. Two of the newly merged counties (Viken and Troms og Finnmark) have seen popular opposition before, during, or after the mergers, and have stated their desire to split up again. Some opposition parties have stated their willingness to undo any of the aforementioned mergers if they win a majority in the next general election if the residents of the area so choose.
2. The island territories of **Svalbard and Jan Mayen** are outside the county division and ruled directly at the national level. **The Governor of Svalbard** (Norwegian: Sysselimesteren på Svalbard) represents the Norwegian government in exercising its sovereignty over the Svalbard archipelago (Spitsbergen). This landmass is perhaps best known for its "doomsday seed vault" and the fact that it has more polar bears than people.
3. **Svalbard population is around 2,500**. This population is made up of around 1450 Norwegians, 1150 Russians/Ukrainians and 10 Polish. **Jan Mayen – less than 50!** The only inhabitants on the island of Jan Mayen are personnel working for the Norwegian Armed Forces and the Norwegian Meteorological Institute. Eighteen people spend the winter on the island, but the population may roughly double (35) during the summer, when heavy maintenance is performed.
4. **Harald Fairhair**. In 866AD, Harald united all the small kingdoms of Norway under his rule. His many sons caused the kingdom much grief, as Harald gave all of them royal titles, and all of them wanted the throne. Harald died in 933AD at the ripe old age of 83.
5. **Harald V is the King of Norway**. He acceded to the throne on **17 January 1991**. Harald was the third child and only son of King Olav V and Princess Märtha of Sweden. He was second in the line of succession at the time of his birth, behind his father.
6. The Constitution of Norway was passed unanimously by the Eidsvoll Assembly on **16 May 1814 and signed the next day**. The assembly then elected Christian Frederick, prince of Denmark and Norway as king 17 May 1814. He abdicated 14 August 1814 having lost battle with the King of Sweden for control of Norway (see #9).
7. The celebrations began spontaneously among students and others from early on as a celebration of Norway. But, but as Norway was in a union with Sweden (1814-1905), **King Karl Johan of Sweden and Norway banned the festivities between 1820 and 1829**. The Norwegian government was presided over by viceroys: Swedes until 1829, Norwegians until 1856 when that office was vacated. Thus, the Norwegian viceroys reintroduced the day of celebration in 1829.
8. From **1870**, the 17th of May festivities became more established in Norway, with the first parade being a **children's parade** in Christiania (now Oslo), an initiative taken by the author Bjørnstjerne Bjørnson, who also wrote the national anthem "Ja, vi elsker dette landet". The 17<sup>th</sup> of May continues to be a big day for children, but adults can join in too!
9. **Denmark had aligned with the losing side and Sweden with the winning side of the Napoleonic wars**. On 7 January 1814, about to be overrun by Swedish, Russian, and German troops under the command of the elected crown prince of Sweden, king Frederick VI of Denmark agreed to cede Norway to the king of Sweden in order to avoid an occupation of Jutland. Under the Treaty of Kiel, signed on 14 January 1814, Denmark was forced to surrender Norway to Sweden – one of the victors of the Napoleonic wars. However, Norway had other ideas and wrote a constitution and elected a king in 1814 (see #6). A short war between Norwegian King Christian Frederick and the Swedish King Charles II ended with a win for Sweden.
10. **Norway proclaimed and secured their independence from Sweden on September 23<sup>rd</sup>, 1905**.
11. **Galdhøpiggen** is 2469 meters high. It is also the highest mountain in northern Europe. It was first climbed in 1850; the climber is unknown. However, during the winter, Glittertind may appear higher than Galdhøpiggen due to its glacier on the top, but the glacier is not counted when measuring the height.
12. Gotcha! **Oslo and Oslo!**. (However, see another opinion in #15.) Oslo was founded in 1040 under the name Ánslo and became a Norwegian capital at the beginning of the 14th century. However, because

Norway was often part of unions with other Scandinavian countries, the city was not as powerful as it might otherwise have been. In 1624 the town of Oslo was completely destroyed by fire. King Christian IV decreed that the town should be moved west, closer to the protection of Akershus Fortress. This new town was called Christiania and was laid out with wide streets which met at right angles, designed to hinder the spread of fire. According to an official spelling reform (that changed ch to k) the form was changed to Kristiania in 1877. In 1925, that city incorporated the village of Oslo, where the old capital had been, and the city adopted the old name. Oslo is the current capital and largest city in Norway, with a population of just over 1 million.

13. **Oslo.** The park is famous for its many statues by Gustav Vigeland.



14. **Sweden, Finland, and Russia.** In 1751 a treaty was signed in Strömstad, defining the Swedish-Norwegian border and the Finnish-Norwegian border, based on field investigations and negotiations done 1738–1751. The Russian-Norwegian border line was defined by a treaty in 1826 and essentially remains the same border today.

15. **Tønsberg** is generally regarded as the oldest city in Norway, founded by Harald Fairhair around 870 AD. It was and is a seafaring town. It is located around 102 kilometres (63 miles) south-southwest of Oslo on the western coast of the Oslofjord near its mouth onto the Skagerrak. Since it was the only city at the time and Harald Fairhair ruled from there, some consider it the first capital of Norway.

16. **Independent 872-1387**, although sometimes under a king also ruling other countries (e.g., Denmark and England). The Kalmar Union of Norway, Sweden, and Denmark existed between 1387-1523. Denmark-Norway split from Sweden, 1524-1814. Norway was independent for a few months in 1814. Then Norway was in union with Sweden from 1814-1905. Norway was **independent again in 1905 and to the present.**

17. **That is a debate for another time!**





# VÅR OG SOMMER KALENDAR

## Mai - May

4<sup>nd</sup> Edmonds Board Meeting 7pm

11<sup>th</sup> Edmonds Lodge Meeting 7pm

Our Memorial Service for members lost but not forgotten

17. mai Parade Ballard (6 pm) with our float boat THOR

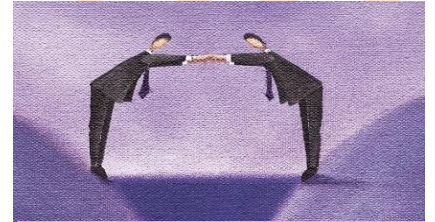
## Juni - June

8<sup>st</sup> Edmonds Board Meeting 7 pm

## Juli - July

17<sup>th</sup> Edmonds Summer Picnic at Lake Joy

## SMARTER PLANNING



**Sons of Norway has some  
of the very BEST Life  
Insurance and fixed annuity  
rates in the country!**

### **Life insurance Benefits:**

- Avoid Probate
- Pay Estate Taxes
- Provide for Loved Ones
- Build Cash
- Give to charity



Sons of Norway

Edmonds Lodge 2-130

Street Address:

515 Dayton Street

Edmonds, WA 98020, USA

PO Box 1651

Edmonds, WA 98020-1651

Website: [www.edmondssonsofnorway.org](http://www.edmondssonsofnorway.org)

**ADDRESS SERVICE  
REQUESTED**